



# Buckie High School

Active Schools Annual Report 2014-15

# Buckie High School

Buckie High School is a six year co-educational secondary school of approximately 800 pupils, third in school roll of Moray's eight secondary schools, and serves the coastal town of Buckie on the Moray/Banffshire coast. The extensive school grounds and access to the adjoining community sports centre, swimming pool and all-weather pitch allow for a variety of sporting activities. This year saw a varied programme of activities that maintained high levels of extra-curricular provision, an award for School Sports Volunteer 2014, and school teams producing winning performances at a number of festivals and tournaments.

## **Impact of Active Schools**

2014-15 was a successful year for maintaining the provision of a wide range of extra-curricular activities at Buckie HS, ranging from girls football to gymnastics, boccia (Paralympic bowls) to trampoline. This led to a small increase in participation levels: 191 distinct pupils participated in Active Schools-supported activities, equating to 24.6% of school roll. This was up from 22.6% in the previous year.

There were 232 activity sessions delivered in total. Netball, volleyball, girls' football and fitness sessions continued to play an important role in providing sport for girls and accounted for over 50% of all extra-curricular activity at the school. These activities also contributed to the high percentage of female participation in Active Schools-supported activities: 57%. Basketball continued to grow with strong weekly attendance at sessions and solid team performances at the Unison Cup Basketball tournaments. Girl's football was also a great success; despite limited training opportunities the team achieved two from three tournament wins against strong opposition at the Moray Soccer One Girls' Football Tournaments. Activities such as Zumba, Pilates and fitness workout classes in the style of 'Metafit' introduced in 2013-14 continued to be very popular and again credit is due to the enthusiastic and dedicated PE staff that deliver the programme. These sessions offered alternative activities and attracted strong interest, in

particular fitness classes that appealed to pupils of all ages and school staff. Boccia sessions continued providing accessible and fun sporting opportunities for additional support needs pupils including competition at the Active Schools Boccia Festivals.

**Right:** PE teacher Steph Gilchrest (front left) with the Buckie HS volleyball team.



### **Deliverers Network**

The success of activities in 2014-15 was made possible by a highly valuable volunteer network. Buckie HS staff, parents and senior pupils continue to play a key role in extra-curricular provision and led almost 80% of activities. This commitment was highlighted by the nomination of Steph Gilchrest, volleyball coach and PE teacher, for the SportMoray School Sport Volunteer 2014. Steph was recognised for 5 years of voluntary coaching at the school, establishing a local volleyball club with school pupils and the club's involvement in the North District Grampian League. All volunteer input is recognised with thanks and we provide support through help with administration, basic training such as first aid, child protection and access to sports-specific training and awards. The type and level of support varies from activity to activity. For example, from accessing advanced coaching courses for the school netball coach through to joint funding of a giant plasma screen in the PE department to help promote activity sessions and opportunities.

Youth leadership opportunities were made available through the Young Ambassadors programme. The two Ambassadors worked with the PE department to help promote physical activities amongst peers and assist in some delivery at sessions.

### School to Club Links

We fostered 11 school-to-clubs links at Buckie HS in 2014-15, ranging from Moray Rugby Football Club to Moravian Orienteering Club. A good example is the evolving link with Elgin Eagles Basketball Club: working together over the past few years has enabled inter-school games and support with refereeing and officiating. In addition, the Secondary Schools Basketball Tournament Series has been developed and run in collaboration with Elgin Eagles and this year received recognition through sponsorship from *Unison*. Continued partnership work with Buckie Thistle FC and a variety of local clubs, including golf, martial arts, cricket and orienteering, led to another successful Community Alert Day where all new S1s had the opportunity to try sports available in the community and get inspired for summer break and beyond. School to club links remain a key area for us and help lead to increased numbers of pupils taking part in physical activity and sport out with the school day.

**“Without active schools involvement many young basketball players would have not experienced competition in our sport. In collaboration with active schools we have held a number of successful and well attended team competitions.”**

*Stuart McQuaker  
Chairman  
Elgin Eagles Basketball Club*

The attached monitoring report has been produced by SportsScotland on our behalf and contains the ‘outputs’ of our efforts to create more opportunities for children to get active in 2014-15. We hope this might be useful for inspections, for dissemination to parents, or simply for your own information. Please contact me directly if there is anything in the report you would like to discuss in detail, or if you need any more information.

Tim Walters  
Active Schools Coordinator (Secondary)  
Buckie HS, Speyside HS & Keith GS