



## Bookbug Training Courses

This is a list of all Bookbug training that is currently available. All training is offer for free, but please check the eligibility criteria to make sure the course is relevant to your role. If you would like more detailed information, or details of upcoming training dates please contact [bookbug@scottishbooktrust.com](mailto:bookbug@scottishbooktrust.com) or call 0131 524 0179.

- **Bookbug for the Home Training**
- **Bookbug for Foster Carers, Kinship Carers and Adoptive Parents**
- **Bookbug Session Leader Training**
- **Bookbug Session Leader Top-up Training**
- **Bringing Picture Books to Life**
- **Gifting the Bookbug Bags: awareness sessions for health staff**
- **Bookbug Explorer Bag Training**
- **Bookbug for Health Visitor Students**
- **Bookbug for Midwife Students**
- **Bookbug for Early Education and Childcare Students**
- **Music and Early Literacy: Using music to support literacy in 1-2 year olds**



## Bookbug for the Home Training

**Who's eligible:** Professionals and volunteers working with families on a one-to-one basis or in small groups. Suitable for members of health visiting teams, family support workers, early years social workers, speech and language therapists and other outreach workers.

**Course duration:** Two sessions (attendance required at both)

Session one: 3 hours

Session two: 2 months later, 1 ½ hours

**About the training:** This training provides early years professionals and volunteers with the knowledge, tools and resources they need to confidently deliver mini Bookbug Sessions and practical activities to encourage bonding and interaction in the homes of families and/or signpost families onto appropriate services and resources in their community. The first session provides the trainee with all of the knowledge and tools they will need to try their first Bookbug Session in a family's home or in a small group. The second allows trainees to share their experiences of using their training and gain advice from their trainer.

## Bookbug for Foster Carers, Kinship Carers and Adoptive Parents

We provide an adapted version of **Bookbug for the Home** training for Foster Carers, Kinship Carers and adoptive parents of young children. Please get in touch for more information and set up a training session.

## Bookbug Session Leader Training

**Who's eligible:** Bookbug Session Leader training is only for those who are running or planning to run FREE public Bookbug Sessions (story, song & rhyme sessions) in libraries or other community venues, with children AND parents present.

**Course duration:** 1 full day (6 hours, including lunch break)

**About the training:** Interactive, activity based and lots of fun, this course provides trainees with a wealth of information covering relevant book sharing, musical and child development topics. By the end of this course trainees should have gained the ability to be a confident and effective Bookbug Session Leader.



## Bookbug Session Leader Top-up Training

**Who's eligible:** Bookbug Session Leaders who have already taken part in Bookbug Session Leader training, delivered either through Scottish Book Trust or by a locally trained professional.

**Course duration:** 2 ½ hours

**About the training:** Bookbug Session Leader Top-up Training is designed to help leaders continue to improve their Bookbug Sessions, increase parent and child participation and encourage a welcoming atmosphere where everyone can participate. This is also an opportunity for delegates to share their ideas and best practice with leaders from other local areas. This offered on an annual basis at specific times of year.

## Bringing Picture Books to Life

**Who's eligible:** Anyone working with children aged 3-5 years who would like to develop the way they read aloud with children.

**Course duration:** 3 hours

**About the training:** This training session combines practical activities with best-practice academic research to support practitioners to bring picture books to life.

*This training used to be known as Bookbug Story Time Training*

## Gifting the Bookbug Bags: awareness sessions for health staff

**Who's eligible:** All members of health visiting teams and others who gift Bookbug Baby Bags and Bookbug Toddler Bags.

**Course duration:** 1 hour

**About the training:** Health staff are integral to the successful delivery of the Bookbug programme, and this session has been designed to support and enthuse them in their bag gifting role.

Scottish Book Trust's Early Years programme Bookbug provides free, high quality, books and resources for every baby, toddler, three and five-year-old in Scotland. This session explores the contents of the Bookbug bags in-depth and discusses how they support bonding and attachment, language and literacy development and overall good health.

## **Bookbug Explorer Bag Training: Making the most of your gifting events**

**Who's eligible?** Staff from Nurseries, Early Years settings and Libraries that give out Explorer Bags to three year olds

**Course duration:** This training is 1 ½ hours long and can be delivered during in-service days or during twilight hours to ensure all staff are able to attend.

**About the training:** The Bookbug Explorer Bag (formerly Bookbug Pirate Bag) is gifted to every three-year-old in Scotland in their ante preschool year. The free Explorer Bag is packed with books, music, drawing materials and other resources to encourage parent and child interaction. Research shows us that the bags are most effective when parents and children are involved in the gifting process. This training session offers staff ideas on how to make best use of this resource.

## **Health Visitor Student Training: Supporting attachment and literacy with the Bookbug Bags**

**Course duration: 2 hours**

**About the training:** Bookbug Bags are universally gifted to babies, toddlers, 3 and 5 year olds across Scotland. The bags contain books, a CD of songs and rhymes and other resources to support families to share books, talk, sing and read together from birth. Health Visitors give parents and children their Bookbug Baby and Toddler bags. Scottish Book Trust works with NHS boards to provide CPD to support health visitors with this process and discuss ways in which the Bookbug bags support attachment and children's overall learning and development. Bookbug bags are now mentioned in the updated Universal Health Visiting Pathway in Scotland - Pre Birth to Pre School. By including Bookbug in the Pathway, it reinforces the importance of gifting the bags to parents and carers and for talking to them about the benefits of sharing books with babies and children. This session is aimed specifically at Health Visitor students to ensure that all health visitors feel confident and knowledgeable to gift these bags with key messages to support families.



## **Bookbug for Student Midwives: Supporting bonding and attachment, and literacy with stories, songs and rhymes**

**Course duration:** 2 hours

**About the training:** There is a strong evidence base that supports multiple benefits of sharing stories, songs and rhymes before the birth of the baby. This course will look at the role of the midwife in promoting this to new parents and parents to be to help support the development of secure attachment and children's overall learning and development both pre and post-natal. This course will link to the Bookbug Programme which is a national programme delivered and supported by all 32 local authorities and NHS Health Boards across Scotland.

## **Bookbug for Early Education and Childcare Students: Supporting children with stories, songs and rhymes**

**Who's eligible?** This course is aimed at students completing all levels of early years qualifications. The course is suitable for anyone who may find themselves working with children under 5 in nurseries, family support centres, family homes or in any other capacity.

**Course duration:** 2 hours

**About the training:** This interactive training session will introduce students to the Bookbug Programme including the background information on how Bookbug links to national policy and objectives while also considering the benefits of songs and rhymes and stories.

Bookbug Bags are universally gifted to babies, toddlers, 3 and 5 year olds across Scotland. The bags contain books, a CD of songs and rhymes and other resources to support families to share books, talk, sing and read together from birth.



## **Music and Early Literacy: Using music to support literacy in 1-2 year olds**

**Who's eligible:** Anyone working with children aged 1-2 years who would like to develop the way they use music with children.

**Course duration:** 2 hours

**About the training:** Babies and children love music. Music is a useful form of self-expression which can inspire participation, interaction and movement while also supporting the development of literacy skills. In this session, delegates will explore the theory and evidence behind the importance of using music with 1-2 year olds and also practical and easy ways to provide music and music making experiences at nursery or in the home.