



Keith Sports & Community Centre

Health Suite

The Sauna and Steam Room will be open during Public Swimming Sessions and will be available to use as follows:

- For 30 minutes after the daytime and early evening sessions

Bathers require to be clear of the
sauna / steam-room / showers by
8.45pm weekdays and
3.30pm weekends

The Health Suite Shutter will close at the end of the public session allowing bathers to remain in the Health Suite for a maximum of 30 minutes before exiting through the one way door into the changing rooms.

Once you have exited the Health Suite you will not be able to return please ensure you have all your belongings.