



Moray Shared Lives



Edition 15 - Autumn 2016



Welcome to the autumn edition of the Moray Shared Lives Newsletter. The year is rolling by at a pace now that the shorter days are taking over. After a very successful summer outing again, we have listened to your ideas and are now planning our annual **CHRISTMAS PARTY**. It will be held in the **supper room, upstairs in the Elgin Town Hall this year on the afternoon of the 13th of December**. Please mark the day for your diaries if you wish to come along and invites will come out over the next month or so. All office staff, carers, service users and their families and other friends of the Shared Lives Service, will be made very welcome. Prior booking will be required however, to allow for catering etc. There will be a free raffle again for those who use our service, and all prize donations are most welcome. Some carers are also making some wonderful raffle prizes with their service users, for our party afternoon together.



Service update.....



Annual inspection results

The Moray Shared Lives Service is delighted to report that we have been awarded the highest grading possible this year from the Care Inspectorate, for the service we provide. **We received an overall grade 6 – excellent.** This is a wonderful accolade for the excellent service and support provided by both our carer team and office staff. Thank you so much for all the wonderful feedback received via our annual survey and to the Care Inspectorate directly, via their feedback forms.

We now have 41 carers across Moray. Looking at the end of August figures, we were providing 583 hours of day support care every week, 21 days of overnight respite over the month and we are just about ready to start our very first long term Shared Lives placement in Moray.

Long term placement opportunity available: We are currently looking for a suitable person to match to the availability we will soon be able to offer. Carol Isherwood in Findochty, will offer a spacious first floor bedroom with private shower room facilities. Carol is already an experienced and valued day support and respite carer for us, and has also previously worked as a supported lodgings carer. She will continue to provide day support for one person per day and occasional overnight respite. She hopes to start the new branch of her service soon.



We are looking for more long term placement carers across the Moray area.....

Do you know anyone in Moray who would like to join Carol in providing our new and exciting, long term placements? These carers would join our already successful and established Shared Lives carer team?.....please ask them to contact the team on the contacts at the end of this newsletter, for further information.

September Selection Panel Update.....

Four new carers have joined the carer team from the recent selection panel in September:



Sandra Hay, from Portgordon – Sandra lives in a lovely stone built property close to the sea in Portgordon. She has personal experience as a family carer and volunteers locally for BABS dial a bus. She is passionate about providing and supporting people to make the most out of each day. Sandra enjoys music and the outdoors and has a room in her home set aside for her service.



Lianne Milligan, near Forres – Lianne lives on an estate property. Her home has a traditional feel and the main entrance is accessed from a beautiful old cobbled court yard. She has a wild flower garden to the rear of the property and a love of nature and cookery. She would like to share these passions with others. Lianne has worked with adults with learning disabilities and would like to continue with this, as she finds it very rewarding.



Sarah Kelly, Lossiemouth – Sarah has a vast amount of experience supporting vulnerable adults. She is also a piano teacher and loves music. Her home is a traditional stone built house in a quiet area of

Lossiemouth. Sarah believes in the strength of local communities and the difference that spending time with an individual can make.



Eileen Bush, Forres – Eileen stays in a quiet central area of Forres, with the river and green areas nearby. As well as her varied career roles, she has a great deal of experience with community involvement and a varied portfolio of voluntary work supporting vulnerable groups in Moray. She is excited to join our Shared Lives Team.

Current carer spaces -

We currently have a variety of spaces across Moray and would welcome referrals. Most spaces are in the Elgin area, but we also still have a limited number across the area.

Out and about with Shared Lives carers across Moray.....

Our carers have been continuing to look for and plan new and innovative ideas for activities and outings. People using the service also really enjoy the time in the carers home. Below are a few varied pictures from over the summer:





A variety of Shared Lives activities and outings and time spent in a homely setting 😊

New... Shared Lives Craft Club.....

Two of our Shared Lives Carers – Shirley Welford and Rosemary Young, are trialling a craft club for other carers and the people they support:

Come along to the Shared Lives Craft Club!

Where: The Harvest Centre
When: 27 Sep 16 at 1 – 3pm
And 25 Oct 16 at 1 – 3pm
With: £5 for a cracking craft kit!
Contact: Shirley and Rosemary

If you have any ideas or suggestions, or would like information about any aspect of your local Shared Lives Service, please contact the office team on:

01343 563450 or email on sharedlives@moray.gov.uk

Meet the Shared Lives Team.....

