



SPEYSIDE SPORTS & COMMUNITY CENTRE

Fitness Room Opening Times

Monday 23rd October – Saturday 23rd December

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| Monday | 3.30pm - 9.00pm | Open Session |
| Tuesday | 3.30pm - 9.00pm | Open Session |
| Wednesday | 3.30pm - 9.00pm | Open Session |
| | 7.30pm - 8.30pm | Inductions (8 spaces) |
| Thursday | 3.30pm - 9.00pm | Open Session |
| Friday | 3.30pm - 9.00pm | Open Session |
| Saturday | 9.00am - 4.00pm | Open Session |

Note: *Open Sessions*

are for users who have completed an induction, including junior users

CIRCUIT TRAINING

WEDNESDAY 6.00pm – 6.30pm

FRIDAY 6.30pm – 7.30pm

Please book at reception

Telephone 01340 871641

E-mail sportandleisure@moray.gov.uk

www.moray.gov.uk