

# CONSULTATION ON

## Setting local eligibility criteria for the provision of support to adult carers in Moray

December 2017



**moray**  
council



# Alternative Formats

If you need information from the Moray Council in a different language or format, such as Braille, audio tape or large print, please contact:

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اگر آپ کو مورے کونسل سے کسی دیگر زبان یا صورت میں معلومات درکار ہوں مثلاً، بریلے، آڈیو ٹیپ یا بڑے حروف، تو مہربانی فرما کر رابطہ فرمائیں:

Moray w innym formacie, takim jak alfabet Braille'a, kasety audio lub druk dużą czcionką, prosimy o kontakt:

Se necessitar de receber informações por parte do Concelho de Moray num formato diferente, como Braille, cassete áudio ou letras grandes, contacte:

Ja Jums vajadzīga informācija no Marejas domes (Moray Council) citā valodā vai formātā, piemēram, Braila rakstā, audio lentā vai lielā drukā, sazinieties ar:

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IV30 9BX

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# About this Consultation

**The Carers (Scotland) Act 2016 comes into force on April 1, 2018.**

The main aim of the legislation is to ensure carers are well supported to continue to care, if they so wish, with support to maintain their own health and wellbeing and to have a life alongside their caring responsibilities.

The Act introduces new rights to support for unpaid carers and duties for local authorities (councils) and integration authorities (Integration Joint Boards) to provide that support.

There is a need to develop local eligibility criteria by which support will be provided to carers.

**In Moray all adult carers, whether they meet the eligibility criteria or not, will still be able to access a range of support and advice through the commissioned carers support service, currently provided by Quarriers Carer Support Service.**

This consultation asks for your views on the proposed eligibility criteria for support to unpaid adult carers in Moray.

# About the Carers (Scotland) Act 2016

The Act recognises the immense value of the unpaid care that is provided to a relative, friend or neighbour by Scotland's estimated 788,000 carers.

The new legislation extends and enhances the rights of carers. It will help ensure more consistent support for carers so that they can continue to care, if they so wish, whilst maintaining their own well-being and to have a life alongside caring.

***From April 2018 local authorities and/or integrated authorities must:***

- Prepare an Adult Carer Support Plan (replacing the current carer assessment) to identify a carer's needs for support and their personal outcomes;
- Provide support to the carer based on their identified needs which meet local eligibility criteria;
- Have an information and advice service for carers which provides information and advice on, amongst other things, emergency and future planning, advocacy, income maximisation and carers' rights.







## Who is a Carer?

The Act defines a carer as:

*“an individual who provides or intends to provide care for another individual.”*

An adult carer is defined as:

*“a carer who is at least 18 years old (but is not a young carer).”*

## The Adult Carer Support Plan

Under the legislation all adult carers have a right to an Adult Carer Support Plan. This is where carers will identify their need for support to meet their personal outcomes.

The carer will be supported by the commissioned carers support service (currently Quarriers Carer Support Service) to complete their Adult Carer Support Plan.

A carer's personal outcomes are the goals, which if achieved, will enable the carer to provide or continue to provide care for the person they care for.

During the preparation of the Adult Carer Support Plan we will discuss the caring situation and consider the **impact** caring has on a number of areas in the carer's everyday life and the **risk** of the carer being able to continue in the caring role.

These areas, or **quality of life indicators**, have been agreed nationally and are:

- Health and wellbeing
- Relationships
- Living environment
- Employment and training
- Finance
- Life balance

The Adult Carer Support Plan will identify the carer's outcomes and actions.

# The Local Eligibility Criteria

The local authority must set out the eligibility criteria by which it will determine whether it has a duty to support a carer.

The needs of the carer as identified in the Adult Carer Support Plan will be measured against the eligibility criteria below to determine the level of support to be offered and whether the local authority has a duty under the Act to provide that support.

***There are three aspects to eligibility:***

1. The criteria that determines it
2. The threshold that must be passed to trigger it
3. The support which follows it.

The carer can receive support through universal services and the local carer support service (Local authority has no duty to support)				Duty on local authority to provide support for carer via Self Directed Support (in addition to support from carer support service and universal services)	
Indicators	CARING HAS NO IMPACT	CARING HAS LOW IMPACT	CARING HAS MODERATE IMPACT	T	
				H	
Health & Wellbeing	Carer in good health  Carer has good emotional wellbeing.	Carer's health beginning to be affected  Caring role beginning to have an impact on emotional wellbeing	Carer's health at risk without intervention  Some impact on carer's emotional wellbeing	R	Carer has health need that requires attention
				E	Significant impact on carer's emotional wellbeing
				S	Carer's health is breaking/has broken down  Carer's emotional wellbeing is breaking/has broken down
Relationships	Carer has a good relationship with the person they care for and is able to maintain relationships with other key people in their life.	Carer has some concerns about their relationship with the person they care for and/or their ability to maintain relationships with other key people in their life.	The carer has identified issues with their relationship with the person they care for that need to be addressed and/or they find it difficult to maintain relationships with other key people in their life	H	The carer's relationship with the person they care for is in danger of breaking down and/or they no longer are able to maintain relationships with other key people in their life
				O	The carer's relationship with the person they care for has broken down and their caring role is no longer sustainable and/or they have lost touch with other key people in their life
				L	
				D	

	The carer can receive support through universal services and the local carer support service (Local authority has no duty to support)			R E  S H O L D	Duty on local authority to provide support for carer via Self Directed Support (in addition to support from carer support service and universal services)	
Indicators	CARING HAS NO IMPACT	CARING HAS LOW IMPACT	CARING HAS MODERATE IMPACT		CARING HAS SUBSTANTIAL IMPACT	CARING HAS CRITICAL IMPACT
<b>Living Environment</b>	Carer's living environment is suitable posing no risk to the physical health and safety of the carer and cared for person.	Carer's living environment is mostly suitable but could pose a risk to the health and safety of the carer and cared for person in the longer term	Carer's living environment is unsuitable but poses no immediate risk.		Carer's living environment is unsuitable and poses an immediate risk to the health and safety of the carer and/or cared for person.	Carer's living environment is unsuitable and there are immediate and critical risks to the health and safety of the carer and/or cared for person.
<b>Employment &amp; Training</b>	Carer has no difficulty in managing caring and employment and/or education  Carer does not want to be in paid work or education	Carer has some difficulty managing caring and employment and there is a risk to sustaining employment and/or education in the long term  Carer is not in paid work or education but would like to be in the long term	Carer has difficulty managing caring and employment and there is a risk to sustaining employment and/or education in the medium term  Carer is not in paid work or education but would like to be in the medium term		Carer has significant difficulty managing caring and employment and there is a risk to sustaining employment and/or education in the short term.  Carer is not in paid work or education but would like to be soon.	Carer has significant difficulty managing caring and employment and/or education and there is an imminent risk of giving up work or education.  Carer is not in paid work or education but would like to be now.

	The carer can receive support through universal services and the local carer support service (Local authority has no duty to support)			T H R E S H O L D	Duty on local authority to provide support for carer via Self Directed Support (in addition to support from carer support service and universal services)	
Indicators	CARING HAS NO IMPACT	CARING HAS LOW IMPACT	CARING HAS MODERATE IMPACT		CARING HAS SUBSTANTIAL IMPACT	CARING HAS CRITICAL IMPACT
<b>Finance</b>	Caring is not causing financial hardship e.g. carer can afford housing cost and utilities	Caring is causing a risk of financial hardship e.g. some difficulty meeting housing costs and utilities	Caring is causing some detrimental impact on finances e.g. difficulty meeting either housing costs OR utilities		Caring is having a significant impact on finances e.g. difficulty meeting housing costs AND utilities	Caring is causing severe financial hardship e.g. carer cannot afford household essentials and utilities, not meeting housing payments
<b>Life Balance</b>	<p>Carer has regular opportunities to achieve the balance they want in their life.</p> <p>They have a broad choice of breaks and activities which promote physical, mental, emotional wellbeing</p>	<p>Carer has some opportunities to achieve the balance they want in their life.</p> <p>They have access to a choice of breaks and activities which promote physical, mental, emotional wellbeing</p>	<p>Due to their caring role, the carer has limited opportunities to achieve the balance they want in their life.</p> <p>They have access to a few breaks and activities which promote physical, mental, emotional wellbeing</p>		<p>Due to their caring role, the carer has few and irregular opportunities to achieve the balance they want in their life.</p> <p>They have little access to breaks and activities which promote physical, mental, emotional wellbeing</p>	<p>Due to their caring role, the carer has no opportunities to achieve the balance they want in their life.</p> <p>They have no access to breaks and activities which promote physical, mental, emotional wellbeing</p>
<b>(Future Planning)</b>	Carer is confident about the future and has no concerns	Carer is largely confident about the future but has minor concerns	Carer is not confident about the future and has some concerns		Carer is anxious about the future and has significant concerns	Carer is very anxious about the future and has severe concerns



# Eligibility Threshold

Once we have identified the impact of the caring role with the carer, we will determine the level of support needed and whether the carer is eligible for support based on the following banding:

Risk banding:	
No impact/risk	There are no quality of life issues resulting from caring at this moment. No current requirement for support or advice.
Low impact/risk	There may be some issues about quality of life issues but there is low risk to a carer's capacity for independence or health and wellbeing. May be some need for universal and/or preventative support or advice.
Moderate impact/risk	There is some risk to a carer's capacity for independent living and health and wellbeing. May need some input from health and social care services.
Substantial impact/risk	There is major risk to a carer's capacity for independent living and health and wellbeing. Likely to require urgent provision or health and social care services.
Critical impact/risk	There are significant risks to a carer's capacity for independent living and health and wellbeing. Likely to require immediate provision or social care services.

Our priority is to focus on carers with a significant caring responsibility and the highest level of need. **We propose that the threshold for eligibility is set between moderate and substantial.**

This means carers assessed with needs which have a substantial or critical impact or risk in any of the quality of life indicators, will be eligible for further support.

We will review our eligibility criteria as a minimum every three years.

# The Support Which Follows

It is important we use our funding to have a positive effect on carers. A carer assessed as eligible for more targeted services and support will be offered a small personal budget to help them improve their life in the area they have identified needs.

The exact nature of the services, activities or goods purchased or arranged will depend on the issues each carer identifies in their Adult Carer Support Plan.

The carer will decide how they would prefer to arrange their support and choose from one of the four self-directed support options.

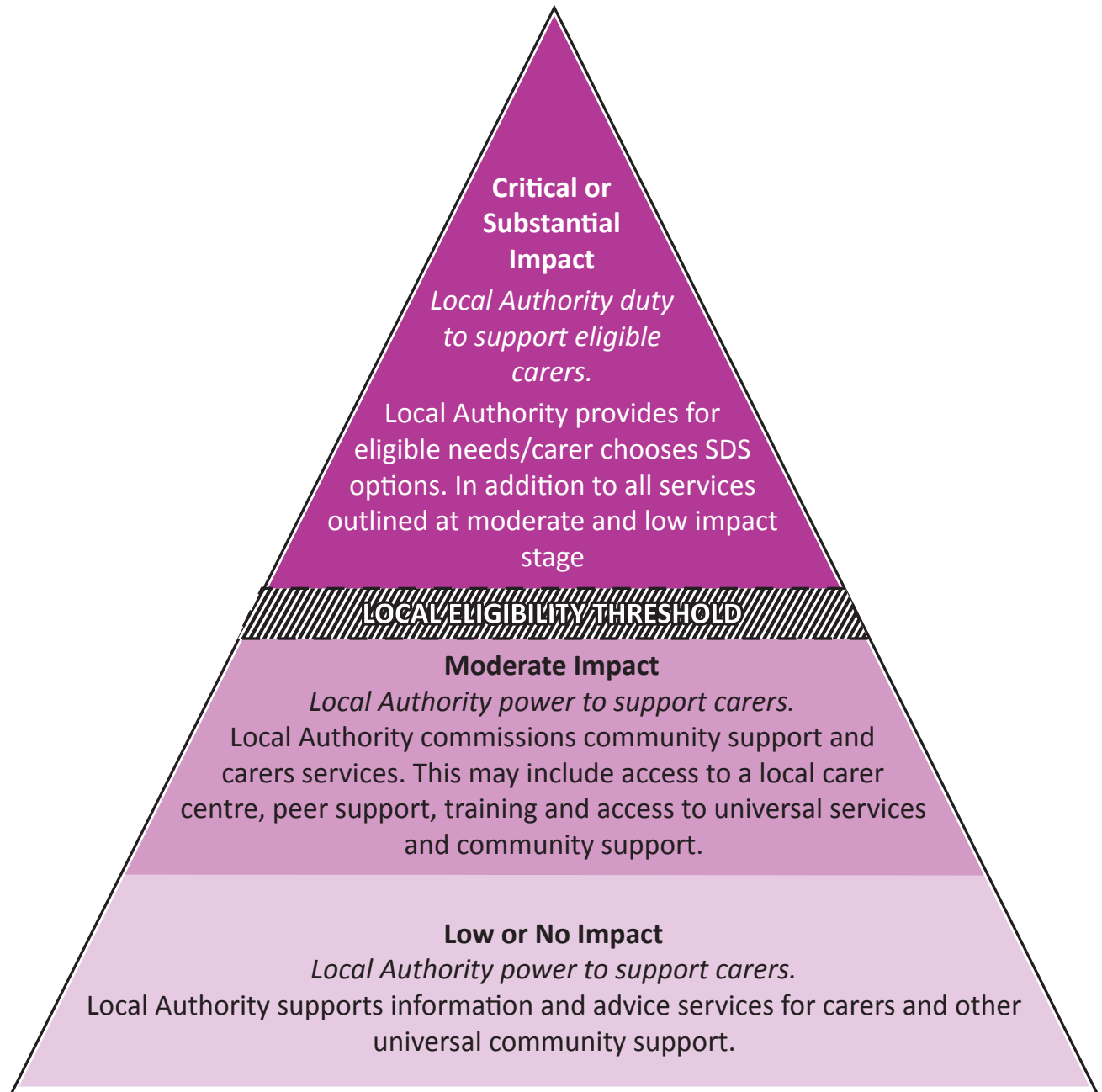
The personal budget will not be means tested. It will be a set, 'one off' payment over a 12 month period and will be subject to review.

***Self Directed Support (SDS): Self-directed support allows people to choose how their support is provided and gives them as much control as they want. The person's individual budget can be:***

1. Taken as a direct payment (cash payment)
2. Allocated to a provider – the individual chooses where the Council holds the budget but the person is in charge of how it is spent.
3. The Council arranges a service
4. A mixture of above

We will continue to provide carers who do not meet the eligibility threshold (no impact/low impact/moderate impact banding) with preventative services, support, information and advice through the commissioned local carer service, as well as signposting to other universal services that can assist them.

# Support to Carers





# How to respond to this consultation

The consultation on setting local eligibility criteria for the provision of support to adult carers in Moray runs from **04 December 2017 to 19 January 2018**.

To give your views you can:

- Complete the response form in this document and return it to the address below;
- Complete the response form on line at <https://www.surveymonkey.co.uk/r/MorayCarers>
- Email your comments to [involvement@moray.gov.uk](mailto:involvement@moray.gov.uk)
- Attend one of two drop-in consultation sessions. These will be held in the Activity Room at Elgin Library on:  
**Tuesday 12 December from 12-2pm and Thursday 14 December from 6-8pm**

If you need help to put forward your views or need further information, please contact the Public Involvement Officer on **01343 567187**.

**Please return this form by 19 January 2018 to:**

Public Involvement Officer  
Health & Social Care Moray  
9C Southfield Drive  
Elgin IV30 6GR

*The comments we receive will be used to finalise the local eligibility criteria for the provision of support to adult carers in Moray before it is presented to a meeting of Moray Council in February 2018 for approval to implement from April 2018.*

*We will publish the outcome of this consultation on the Moray Council website.*



# RESPONSE FORM

**Q1. Are you a carer? (Please tick all that apply)**

Yes ☐ No ☐ Have been in the past ☐ I work with/support unpaid carers ☐

If you are replying on behalf of a group or organisation, please tell us which one:

**Q2. Have the right quality of life indicators (see page 5) been identified?**

Yes ☐ No ☐ Some ☐ Not sure ☐

**Q3. Does the local eligibility criteria (see page 6) make clear the impact/risk factors which will be applied to each indicator?**

Yes ☐ No ☐ Somewhat ☐ Not sure ☐

Comments:

**Q4. Do you agree with setting the eligibility threshold for targeted support to the substantial or critical banding, so that support is focused on carers who face the greatest impact or risk from their caring role?**

Yes ☐ No ☐ Somewhat ☐ Not sure ☐

Comments:

**Q5. Does the provision of a small personal budget give eligible carers choice and control over how their support needs are met?**

Yes ☐ No ☐ Somewhat ☐ Not sure ☐

Comments:

**Q6. Are there any other comments you wish to make about the local eligibility criteria for the provision of support to adult carers in Moray?**

**Q7. Are there any other questions you have about the Carers (Scotland) Act 2016?**

