

Moray Mental Health Development Workers

About:

The Moray Mental Health Development Workers are employed by NHS Grampian and are part of the Moray Health and Social Care Partnership. The two full time posts are funded by the Primary Care Transformation Fund and Primary Care Funding for Mental Health Services for 2 years (March/April 2017 – March/April 2019). The posts are linked to the Moray Mental Health Strategy, the Mental Health and Wellbeing Children and Young People's Partnership Sub Group and the GIRFEC strategic group.

Mental Health Development Workers are:

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Post aim:

- To build on the capacity, confidence and resources of the universal workforce to recognise and respond to the mental health and wellbeing needs of children and young people.

Post remit:

- To provide mental health training to all staff working with children and young people – both general mental health awareness and training on specific mental health related concerns e.g. anxiety and self-harm.
- To provide mental health consultation through training sessions.
- To develop awareness of the resources available to support children and young people with their mental health and to communicate the role of specialist mental health services.
- To build capacity through supporting mental health projects in the community – e.g. peer education, peer mentoring, mental health workshops.
- Working in partnership with other health and social care professionals whose remit is to support children and young people's mental health, such as The Rowan Centre (CAMHS), Primary Care Clinicians, Educational Psychologists, School Nurses, Educational Staff and the Third Sector.
- Please note that we do not accept referrals for direct clinical work with children and young people.