

Young Carers **SURVEY**



We need you to share your knowledge with us, about which services and support are right for young carers in Moray

Young Carers Consultation – Moray

A new law comes into force on April 1, 2018, called the Carers (Scotland) Act 2016. This means Moray Council have to develop a plan for young carers that involves you in the process. So, are you a young carer? Here's what the law says:

Who is a carer?

'An individual who provides or intends to provide care for another individual'

And a young carer is:

'A carer who is under 18 years old or 18 and still at school'

This new law will make sure all unpaid carers are identified and supported, and includes young carers. It will help make sure young carers have the support they need, when they need it. It will also help make sure they have a life of their own alongside any caring responsibilities, and that these responsibilities are suitable for their age and circumstances.

All young carers will have the right to complete a **Young Carers Statement (YCS)**. This will be a written document that details whether they are willing and able to provide care and describes the detail of their caring role. How it affects them in different ways, and what support would help make life better for them. We can help with this.

Different young carers will need different support. Working out what support a young carer is entitled to will use a set of measures that reflects the impact of caring on their lives. These measures are called **Eligibility Criteria**. They make sure all young carers are treated equally and fairly. Young Carers have a right to support to meet any eligible needs, over and above information and advice.

Moray's eligibility criteria have been based on national guidelines, and aim to show the impact of caring on young carers in relation to GIRFEC – Getting It Right For Every Child wellbeing indicators.

This document explains what eligibility criteria Moray Council are planning to use, and how they will be used. Hopefully you can take time to tell us your views, based on your experience and knowledge of what you need and want as a carer.

This chart shows how Moray Council plans to make sure all young carers can access the right level of support. Anything in green is a GIRFEC measure, those in blue are Scottish Government ones linked to the new law.

	Caring role has no impact No Risk	Caring role has low impact Low Risk	Caring role has moderate impact Moderate Risk	Caring role has substantial impact Substantial Risk	Caring role has critical impact Critical Risk
Safe/Living environment	I feel safe at home/school/community. I am not abused, neglected or harmed.	I usually feel safe at home/school/community. I am not abused, neglected or harmed.	I sometimes feel safe at home/school/community. I have at some stage been abused, neglected or harmed.	I often don't feel safe at home/school/community. I have been abused, neglected or harmed at a few different times in my life.	I always feel unsafe at home/school/community. I have often been abused, neglected or harmed.
Healthy/Health and Wellbeing	I am in good health. I feel happy.	I have some health problems, but can manage them. My caring role sometimes makes me sad, but this doesn't last.	I have some health problems and sometimes my caring role makes them worse. My caring role makes me feel unhappy. I sometimes find it difficult being with the person I care for.	My caring role stops me looking after my own health. I am often unhappy because of my caring role. I often find it difficult being with the person I care for.	I have a health condition that isn't controlled. I am unhappy most of the time because of my caring role. I don't want to be with the person I care for.
Achieving/Employment and Training	I enjoy school and feel able to do my best.	Because of my caring role, I sometimes can't concentrate at school, or find it difficult to make time for my homework, but I am keeping up.	Because of my caring role, I sometimes find it difficult to keep up with school work.	Because of my caring role, I often find it difficult to keep up with school work, or occasionally miss school.	Because of my caring role I am behind at school, or often don't go at all.
Nurtured /Relationships	I get on well with my family and the person I care for, and have close friends/people I trust.	I mostly get on well with my family/ the person I care for. I have good friends or other people I can talk to.	I sometimes feel my family/the person I care for doesn't appreciate me. I don't feel I have many friends, or others I can talk to.	I often feel my family/ the person I care for doesn't appreciate me. I have few friends, or few people I can talk to.	I feel separate from my family/the person I care for. I have no real friends or anyone I trust. I feel nobody cares about me.

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Active/ Life Balance	I have time away from my caring role, to do things with friends and get involved in activities outside school.	I spend time with my friends out of school. I often get involved in activities in and out of school, though sometimes it's difficult to arrange.	I often get involved in activities in and out of school, though sometimes it's difficult to arrange. I can spend time with friends, but worry about what's happening for the person I care for while I am out. I get involved in activities in and out of school, but not regularly.	I make plans to see friends, but don't often manage to do it. I don't have many chances to get involved in activities in or out of school.	I have no time with my friends. I am unable to get involved in activities in or out of school.
Respected/ Responsible	I feel involved in decisions at home. I'm comfortable with my caring responsibilities.	I usually feel involved in decisions at home. I'm usually comfortable with my caring responsibilities, and can speak out when I don't feel something is right.	I sometimes feel involved in decisions at home. I sometimes feel I'm being asked to do things in my caring role that aren't right for me, but feel able to speak out when this happens.	I often feel I'm not involved in decisions at home. I often feel I'm being asked to do things in my caring role that aren't right for me, and don't feel able to speak out, or feel no-one listens when I do.	I never feel involved in decisions at home. My caring responsibilities make me very uncomfortable, but I can't tell anyone about this or feel no-one would listen.
Included/Finance	I feel connected to the community where I live and learn. I do not worry about money.	I usually feel connected to the community where I live and learn. I usually don't worry about money.	I sometimes feel connected to the community where I live and learn. I sometimes worry about money.	I often feel I am not connected to my community where I live and learn. I often worry about money.	I don't feel connected to the community where I live and learn. I am very worried about money.

Response Form

Q1. Are you a Young Carer?

- Yes
- No
- Not sure
- Have been in the past
- I work with/support unpaid carers

Q2. Do you have support and guidance in your caring role? If so, who from?

- Yes
- No

Comment

Q3. Does our suggested eligibility criteria table make it easy for you to see which descriptions best fit your own caring circumstances?

- Yes
- No
- Not sure

Comment

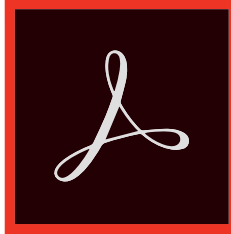
Q4. Do you agree that if your caring role has substantial or critical impact on you, then you are most in need of targeted support, from e.g. Quarriers Carer Support Service, Social Work or another specialist? This means most support is given to young carers who face the greatest risk or impact from their caring role, and those young carers whose role has less impact are able to easily access general services that will help, such as school nurses, Guidance staff, youth groups etc.

- Yes
- No

Comment

This form can be filled out digitally and returned by email. to do this you will need to use Adobe Acrobat Reader DC, which is available FREE.

<https://get.adobe.com/uk/reader/>



Q5. Please tell us anything else about the proposed eligibility criteria in relation to providing support to young carers in Moray.

Comment

Q6. Please ask any questions you have about the Carers (Scotland) Act 2016, and we can publicise information in response.

Comment

In Moray, Young Carers whose caring role has **substantial** or **critical** impact will receive targeted support to help them and their families manage well. The red line is where we want to **set the threshold for accessing this more targeted support such as Quarriers Carer Support Service (Moray)**. We will discuss with eligible Young Carers how to offer them as much choice and control as possible over this support.

All Young Carers will receive support including information and advice. Young Carers whose caring role has a low impact will still receive support but the type, source and frequency may be different.

Your Young Carers Statement will identify where your support will come from and what it will look like.

We would like to hear your thoughts about this. You can either:

Complete the form at the end of this document and return to in the stamped addressed envelope provided



Complete the form online at www.surveymonkey.co.uk/r/XMDXS2N

Email your comments to partnership.hub@moray.gov.uk

Attend one of our public consultation events:

Buckie High School Community Area, Tuesday 27 February, 12.50-13.40

Quarriers Carer Support Service (Moray), 44 High Street, Elgin, IV30 1BU, Wednesday 28 February, 16.00-17.30

Call [Susan Stronach](tel:01343563405) on [01343 563405](tel:01343563405) for advice and information or to give her your feedback

