

Mental Health Development Worker Training

Healthy Minds:
Mental Health
Awareness

(Also a version for
Early Years
Practitioners)

Scottish
Mental Health
First Aid:
Young People

Helping Young
People to
Cope with
Anxiety

For further information on how to sign up contact:
nhsg.mhdevelopment@nhs.net

Other mental health training in Moray for those working with children and young people:

- Moray Council -
Martin.Kirwan@moray.gov.uk
- [Moray Educational Psychology Service](#)
- [Moray Wellbeing Hub](#)

Training also often advertised through Practitioner Networks

For more information and links see the Moray Council 'Mental Health & Wellbeing Children & Young People' web page on:
www.moray.gov.uk/moray_standard/page_117484.html

Online training:

www.minded.org.uk

Self-Harm for Parents:

www.safeguardingchildrenea.co.uk/self-harm-free-online-course/%E2%80%8Bhttp

Moray Mental Health Guidance Documents:

- Healthy Minds: Mental Health Awareness
- CAMHS referrals
- Self-harm
- Suicide