



Keith Sports & Community Centre Activities Timetable

Monday	7.00pm - 10.00pm	Badminton
Tuesday	9.30am - 10.15am	Spinning Classes (<i>Upper floor of Community Centre</i>)
	6.00pm - 8.10pm	Spinning Classes (<i>Upper floor of Community Centre</i>)
	4.30pm - 6.30pm	Public access to sports hall for basketball / football etc.
	6.30pm - 8.30pm	Tae-kwando
	8.30pm - 9.45pm	Adult Five A-Side Football (<i>Open to Public</i>)
Wednesday	5.00pm - 6.00pm	Public access to sports hall for basketball / football etc.
	6.00pm - 7.25pm	Spinning Classes (<i>Upper floor of Community Centre</i>)
	6.00pm - 7.00pm	Keith District Athletics Club
	7.00pm - 10.00pm	Isla Volleyball Club
Thursday	8.45am - 10.15am	Spinning Classes (<i>Upper floor of Community Centre</i>)
	6.00pm - 7.25pm	Spinning Classes (<i>Upper floor of Community Centre</i>)
	5.00pm - 6.00pm	Public access to sports hall for basketball / football etc.
	6.00pm - 8.30pm	Isla Archery
	8.30pm - 9.45pm	Adult Five A-Side Football (<i>Open to Public</i>)
Friday	5.00pm - 6.30pm	Adult Five A-Side Football (<i>Open to Public</i>)
	6.00pm - 7.25pm	Spinning Classes (<i>Upper floor of Community Centre</i>)
Saturday	9.30am - 10.30am	Spinning Class (<i>Upper floor of Community Centre</i>)
	9.00am - 3.30pm	Public access to sports hall for basketball / football etc.
Sunday	9.00am - 1.00pm	Public access to sports hall for basketball / football etc.

Notes:

1. Please contact the booking office for group leader's details and further information.
2. Please note that the Sports Hall may be subject to private hires at weekends, please check with Reception.

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