

Further Information

Fit Life Membership Scheme

Individual Monthly Direct Debit	£22
Family Monthly Direct Debit (1 adult)	£28
Family Monthly Direct Debit (2 adults)	£30
Individual Yearly Payment	£264
Family Yearly Payment (1 adult)	£336
Family Yearly Payment (2 adults)	£360
35 Day Membership(No D/D Required)	£35

Hall/Room Hire Costs

ASK AT RECEPTION FOR SPECIAL NEED / INDIVIDUAL ENTRY PRICES

Cost Per Hour	Room	Small Sports Hall	Large Sports Hall
Adult	£15	£20	£40
Junior (Up to 17)	£10	£10	£20
Over 60	£10	£10	£20

Birthday Parties

Sports Hall	Sat 12-2 / Sun 11-1
Small Hall	Sat 12-2 / Sun 11-1
Games Hall	Sat 12-2 / Sun 11-1
Pool Party	Please see pool timetable
Private Pool Parties	Sat 1-2 (in pool)

- Please see separate sheet for birthday party bookings / prices

Opening Hours

Monday - Friday	9am – 9pm
Saturday	8.45am – 2pm
Sunday	9.45am – 1pm



LOSSIEMOUTH SPORTS & COMMUNITY CENTRE

Programme of Sports & Activities

We Also have:

- Fit Life Membership * (covered by membership)
- Fitness Room with a range of training equipment (Timetable & information on separate sheet)
- Spin Cycle Studio
- Sports Hall
- Swimming Pool (Timetable & Information on separate sheet)

Telephone 01343 815299

Email: lossiemouth.cc@moray.gov.uk

www.moray.gov.uk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9.30 – 10.45 Zara Mortimer School of Dance (18 months +)	9.30 – 11.30 2/3 Play Group	9.30 – 11.30 2/3 Play Group	9.30 – 11.30 2/3 Play Group	7.30am – 9am Slimming World	9 – 2 Sports Hall for hire	10 – 12 Kids Club
9.30 – 11.30 2/3 Play Group	9.45 – 11.15 Wee Toots (Parent & child group)	10.30 – 12.30 B.A.L.L Group Over 60s Club (Be active live long)	9.30 – 10.30 Mixed Level Pilates Class	7am – 7.30am* Spin Cycle Class (Booking essential)	9 – 2 Games Hall for hire	10 – 1 Sports Hall for hire
12.15 – 1.45 Parent & Tots Group	1.45 – 3.45 Art Group	1.15 – 2.15* Active Start (Sports for age 3-5)	11.30 – 12.15 Zumba class	9.30 – 11.30 2/3 Play Group	9 – 2 Small Sports Hall for hire	10 – 1 Small Sports Hall for hire
2 – 4 Lossie S.E.T (Singing Exercise & Tea)	1.45 – 3.45 Darby & Joan Club Over 60s group (September – April)	3.15 – 5.30 After School Club	12.30 – 2.30 Baby Bop (3 months +) (Music/movement class)	9.30 – 11 Slimming World	11.15 – 12.45 Highland Dancing Lessons (Age 3 +)	
6.15 – 7.15* Tang Soo Do/Kick Boxing Adults & Children)	6 – 7 Zumba Dance/Fitness Class	6.15 – 6.45* Spin Cycle Class (Booking Essential)	4 – 4.45 Highland Dancing Lessons (Age 3+)	3.30 – 6 Moray Dance (age 2 ½ +)		
6.30 – 7.30 Intermediate/Advanced Pilates Class	6 – 6.30* Spin Cycle Class (Booking essential)	6.15 – 7.15* Aero Dynamics Dance/Fitness Class	5.30 – 7 Slimming World 7.30 – 9 Slimming World	3.30 – 6* Soccer Centre (age 3 – P4) (Booking essential)		
6 – 6.30* Spin Cycle Class (Booking essential)	6.45 – 7.15* Spin Cycle Class	7 – 9 Ladies Netball	6 – 6.30* Spin Cycle Class (Booking essential)	5.15 – 5.45* Spin Cycle Class (Booking essential)		
8.30 – 9.30 Ross County Juniors Football	6.15 – 7* Circuit Class	7 – 7.45 Zumba Class	6 – 6.30* M.I.I.T Class (Mixed intensive interval training)	6.30 – 8 Junior Youth Club (P1 – 4)		
	6.15 – 7.15 Beginners Pilates Class	7.20 – 8.20* Boom Dumbbells	7 – 8.30 Hatha Yoga			
			7 – 8 Sound Bath (Relaxation/Rejuvenation class, 1 st Thur of month)			

PLEASE SEE OVERLEAF FOR FURTHER INFORMATION