



**Sports & Leisure Services**  
**Elgin Sports & Community Centre**  
**Activities Timetable 1<sup>st</sup> - 14<sup>th</sup> April 2019**

<b>Monday to Friday</b>	8.00am	-	5.30pm	VIP Childcare
<b>Monday to Friday</b>	12.00noon	-	1.00pm	Public Badminton*
<b>Mon, Wed &amp; Fri</b>	12.00noon	-	1.00pm	Lunch Club
<b>Monday &amp; Wednesday</b>	10.00am	-	11.00am	Spinning Class
<b>Monday &amp; Tuesday</b>	8.15pm	-	9.30pm	Adult Badminton*
<b>Mon, Weds &amp; Fri</b>	1.00pm	-	2.30pm	Afternoon Indoor bowling
<b>Monday</b>	11.00am	-	12noon	Walking Netball*
Not 1 <sup>st</sup> Monday each month	1.30pm	-	4.00pm	Sensory Impaired Club
	6.15pm	-	8.00pm	Spinning Class (2 classes)
	6.30pm	-	8.00pm	Elgin Judo Club*
	7.00pm	-	9.00pm	Art Club*
<b>Tuesday</b>	9.00am	-	11.30am	Walking Football*
	9.30am	-	11.30am	Move More Moray
	10.00am	-	12.00noon	Embroidery Club
	12.45pm	-	1.45pm	COPD Moray
	1.00pm	-	2.30pm	Different Strokes Moray
	1.30pm	-	4.30pm	Scrabble*
	2.00pm	-	3.45pm	Darby & Joan Club
	7.00pm	-	9.30pm	Tae Kwon Do*
<b>Wednesday</b>	9.30am	-	2.30pm	Riverside Knitting Club*
	10.00am	-	12 noon	Ceramics Club
	6.30pm	-	8.00pm	Moray Road Runners
	7.00pm	-	8.00pm	Balintawak Escrima
	7.00pm	-	9.00pm	Elgin Judo Club*
<b>Thursday</b>	10.00am	-	12.00 noon	Brag
	1.30pm	-	3.00pm	Flexercise
	7.00pm	-	8.00pm	Balintawak Escrima
	7.00pm	-	9.00pm	Pottery Club
	7.00pm	-	9.30pm	Tae Kwon Do*
<b>Friday</b>	9.30am	-	3.00pm	Machine Sewing*

\* Free entry to Elgin SCC with a Fit Life card (see separate leaflet for further details)

Activity	Cost	Information
<b>Art Group</b>	Current Entry Fee	Contact Patricia Furr: 01343 870429
<b>Baby Bop</b>	Register with group	Contact Emma on 07973 491963 Email: <a href="mailto:babybopemma@hotmail.co.uk">babybopemma@hotmail.co.uk</a> Facebook page - Emma Baby Bop
<b>Baby Massage</b>	Register with group	Contact Lorraine McLeod: 07772 601510
<b>Badminton</b>	Current Entry Fee	Adult sessions for all levels
<b>Balintawak Escrima</b>	Register with group	Martial Arts Contact Mick Mackay: 07713 139612
<b>Spinning</b>	Register with group	Contact Tracey Carrington: 07973 149855
<b>Bowling</b>	Register with group	Afternoon Contact: Will Crocket 01343 545763 Evening Contact: James Junor 01343 546069
<b>BRAG</b>	Register with group	Breast feeding support group Contact: 01343 567531
<b>Brownies</b>	Register with group	Contact 01343 543736
<b>Ceramics Club</b>	Current Entry Fee	Liz Jamieson: 01343 545802
<b>COPD Moray</b>	Register with group	Contact 01343 543736
<b>Darby &amp; Joan</b>	Register with group	Contact Moira Webb: 01343 541001
<b>Different Strokes Moray</b>	Register with group	Contact Gordon Christie: 01343 551830
<b>Elgin Judo Club</b>	Current Entry Fee	Contact Steve Williamson: 01343 829256 or Audrey Pirie: 01343 550426
<b>Embroidery Club</b>	Register with group	Contact 01343 543736
<b>Flexercise</b>	Register with group	Pam Watson: 01309 672971
<b>Greyfriars Club</b>	Register with group	A variety of social activities for adults with learning difficulties. Contact May Newlands: 01343 546753
<b>Machine Sewing Group</b>	Current Entry Fee	Friendly group of machine sewing/embroidery - various abilities Contact Edith Weatherhead: 01343 550878
<b>Moray Dance</b>	Register with group	Contact Mrs Wie: 07917 533516
<b>Moray Road Runners</b>	Register with group	Non-competitive social running as well as cross country, road, and track racing. Contact <a href="mailto:morayroadrunners@live.co.uk">morayroadrunners@live.co.uk</a>
<b>Move More Moray</b>	Register with group	Cancer rehabilitation class
<b>Over 60's Lunch</b>	All over 60's welcome	Contact us on 01343 543736 for details
<b>PEEP</b>	Register with group	Monday contact 01343 567766 Wednesday contact 01343 816330
<b>Pottery Club</b>	Register with group	Contact Hazel Cowan: <a href="mailto:corylus25@hotmail.com">corylus25@hotmail.com</a>
<b>Rainbows</b>	Register with group	Contact 01343 543736
<b>Riverside Knitting Club</b>	Current Entry Fee	Friendly, welcoming club of hand & machine knitting - various abilities. Contact Patricia Furr: 01343 870429
<b>Roller Derby</b>	Register with group	Contact Michelle Cooper: 07739 019355
<b>Scrabble</b>	Current Entry Fee	New members and beginners always welcome. Contact Margaret Armstrong: 01343 545377
<b>Sensory Impaired Persons Club</b>	Register with group	Social activities for sensory impaired adults. Contact: Angela Gillespie or Sheila Ogden 0345 2712345 email: <a href="mailto:moray@nesensoryservices.org">moray@nesensoryservices.org</a>
<b>Tae Kwon Do</b>	Register with group	Learn techniques and "patterns" with the opportunity to attend gradings. Contact John Williamson: 01343 549464
<b>VIP Childcare – Moray</b>	Register with group	All day childcare service for 50 weeks of the year. Contact 01343 551627
<b>Walking Football</b>	Register with group	All over 50's welcome
<b>Walking Netball</b>	Register with group	All over 50's welcome