

Crash Course Swimming Lessons

Throughout the summer holidays we will be running the junior crash course swimming lessons. Monday to Friday with an assessment on Friday please book at the community centre reception.

Climbing Wall Timetable

TUESDAY	THURSDAY	SATURDAY
7.15pm – 9.45pm Public Session	7.15pm – 9.45pm Public Session	10.00am – 11.00am Instructor led session 11.00am – 12.00 Instructor led session 12.00 – 3.45pm Public Session



LIGHTS, CAMERA, ACTION

Movies at Speyside Sports and Community Centre

We will be showing movies every Monday, Wednesday, Friday at 6.30pm or 7.00pm and every Saturday at 1.00pm throughout the summer holidays.

Check our Facebook page or posters at the community centre for further details

Free if you have a FITLIFE card



SPEYSIDE SPORTS and COMMUNITY CENTRE

Pool – Fitness – Classes Timetable

Summer Holidays
Monday 1st July – Monday 19th August 2019

We also have:

- Fitness Suite
- Games Hall
- Climbing Wall
- Performance Area

Telephone : 01340 871641

E-mail - sportandleisure@moray.gov.uk

www.moray.gov.uk

Swimming Pool Timetable – Monday 1st July – Monday 19th August 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10.00 – 11.00 Adult Early Dip	10.00 – 11.00 Adult Early Dip	10.00 – 11.00 Adult Early Dip	1.00 – 2.00 Public Swimming	1.00 – 2.00 Public Swimming	9.00 – 10.00 Adult Early Dip
11.00 – 12.00 Fun Session	11.00 – 12.00 Fun Session	11.00 – 12.00 Fun Session	2.00 – 3.00 Fun Session	2.00 – 3.00 Fun Session	10.00 – 11.00 Fun Session
12.00 – 2.00 Public Swimming	12.00 – 2.00 Public Swimming	12.00 – 2.00 Public Swimming	3.00 – 4.00 Public Swimming	3.00 – 4.00 Public Swimming	11.00 – 2.00 Public Swimming
2.00 – 3.00 Fun Session	2.00 – 3.00 Fun Session	2.00 – 3.00 Fun Session	5.00 – 6.00 Public Swimming	5.00 – 6.00 Public Swimming	2.00 – 3.00 Fun Session
3.00 – 4.00 Public Swimming	3.00 – 4.00 Public Swimming	3.00 – 4.00 Public Swimming	6.00 – 7.00 Fun Session	6.00 – 7.00 Fun Session	3.00 – 4.00 Public Swimming
5.00 – 6.00 Public Swimming	5.00 – 6.00 Public Swimming	5.00 – 6.00 Public Swimming	7.00 – 8.00 Public Swimming	7.00 – 8.00 Public Swimming	
6.00 -7.00 Fun Session	6.00 – 7.00 Fun Session	6.00 – 7.00 Fun Session	8.00 – 9.00 Adults / Teenagers	7.00 – 8.00 Public Swimming	
7.00 – 8.00 Public Swimming	7.00 – 8.00 Public Swimming	7.00 – 8.00 Public Swimming			
8.00 – 9.00 Adults / Teenagers	8.00 – 9.00 Adults / Teenagers	8.00 – 9.00 Adults / Teenagers			

Special Needs Swimming - All public swimming sessions are suitable for customers with a disability.

Fitness Suite Timetable – Monday 1st July – Monday 19th August 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10.00am – 9.00pm Open Session	10.00am – 9.00pm Open Session	10.00am – 9.00pm Open Session 6.00pm Circuits	1.00pm – 9.00pm Open Session	1.00pm – 9.00pm Open Session	9.00am – 4.00pm Open Session

Music Playing – Please note that suitable and appropriate music is played at all of the Public Swimming Sessions.

Expires – 19/8/19