



# MAIN MEAL MENU



## WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sweetcorn Soup (VE)	Potato Soup (VE)	Chicken & Noodle Soup	Tomato Soup (VE)	Vegetable Soup (VE)
Chicken Curry	Breaded Haddock	Lasagne	Sausage & Optional Gravy	Break Time - Panini
Vegetable Biryani (VE)	Vegetable Burger in a Roll (V)	Ratatouille Pasta Bake (VE)	Vegetarian Sausages & Optional Gravy (VE)	
Rice Chapatti Broccoli Cauliflower Salad	Chips Peas Sweetcorn Salad	Garlic Bread (VE) Carrots Cauliflower Salad	Potatoes Sweetcorn Baked Beans Salad	Mixed Salad
Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly (V) Chocolate cake with custard & fresh fruit (V)	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly (V)	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly (V)	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly (V) Rice Pudding (V)	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly (V)

Week beginning: 17/04/2023, 15/05/2023, 12/06/2023, 14/08/2023, 11/09/2023, 23/10/2023, 20/11/2023, 18/12/2023, 29/01/2024, 26/02/2024, 25/04/2024

Key: Vegetarian (V) Vegan (VE)



# MAIN MEAL MENU



## WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Rice Soup	Moroccan Chickpea Soup (VE)	Roasted Pepper & Butternut Squash Soup (VE)	Lentil Soup (VE)	Carrot & Potato Soup (VE)
Salmon Bake	Roast Beef with Optional Gravy	Chicken Teriyaki	Chicken Pie	Break time - Panini
Smoky Bean Fajita (VE)	Vegetable Meatball in Tomato Sauce (VE)	Sweet & Sour Vegetables (VE)	Vegetable Potato Pie (V)	
Potatoes Baked Beans Peas Salad	Potatoes Yorkshire Pudding Carrots Cauliflower Salad	Rice Sweetcorn Broccoli Salad	Potatoes Peas Carrots Salad	Salad Selection
Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly Orange cake & fresh fruit (V) Custard (V)	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly

Week beginning: 24/04/2023, 22/05/2023, 19/06/2023, 21/08/2023, 18/09/2023, 30/10/2023, 27/11/2023, 08/01/2024, 05/02/2024, 04/03/2024

Key: Vegetarian (V) Vegan (VE)



# MAIN MEAL MENU



## WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mexican Soup (VE)	Vegetable Broth (VE)	Chicken Noodle Soup	Potato & Leek Soup (VE)	Tomato Soup (VE)
Macaroni Cheese (V)	Roast Chicken	Breaded Haddock	Mince Pie	Break time - Panini
Chicken Fajitas	Mexican Rice (VE)	Spicy Noodles (VE)	Potato & Broccoli Bake (V)	
Garlic Bread Peas Sweetcorn Salad	Potatoes Carrots Green Beans Salad	Chips Baked Beans Mixed Vegetables Salad	Potatoes Cauliflower Turnip Salad	Salad Selection
Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly Rice Pudding (V)	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly Plain sponge & fresh fruit (V) Custard (V)	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly

Week beginning: 01/05/2023, 29/05/2023, 26/06/2023, 28/08/2023, 25/09/2023, 06/11/2023, 04/12/2023, 15/01/2024, 12/02/2024, 11/03/2024

Key: Vegetarian (V) Vegan (VE)



# MAIN MEAL MENU



## WEEK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Carrot & Coriander Soup (VE)	Spicy Lentil Soup (VE)	Cream of Chicken Soup	Yellow Split Pea Soup (VE)	Potato Soup (VE)
Chicken Fricassee	Steak Pie	Homemade Salmon Fishcakes	Chicken Katsu Curry	Break time - Panini
Vegetable Chilli (VE)	Vege Meatballs in Tomato Sauce (VE)	Cauliflower Cheese (V)	Vegetable Katsu Curry (VE)	
Rice Carrots Broccoli Salad	Spaghetti Potatoes Cabbage Sweetcorn Salad	Potato Wedges Baked Beans Broccoli Salad	Rice Peas & Sweetcorn Carrots Salad	Salad Selection
Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly Carrot cake cookie & fresh fruit (V)	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly	Fruit Pots Pieces of Fruit Angel Mousse (V) Jelly

Week beginning: 08/05/2023, 05/06/2023, 04/09/2023, 02/10/2023, 13/11/2023, 11/12/2023, 22/01/2024, 19/02/2024, 18/03/2024

Key: Vegetarian (V) Vegan (VE)

