

**Sports & Leisure Services**

**Keith Sports & Community Centre**

**Swimming Pool Timetable**

**Monday 16th August – Sunday 10th October 2021**

**Monday**

|  |  |
| --- | --- |
| 7.15am – 8.30am | Adults only\* |
| 9.00am – 10.00am | Public Swimming |
| 12.00pm – 1.00pm | Public Swimming |
| 1.30pm – 3.00pm | Public Swimming |
| 5.15pm – 6.15pm | Public Swimming |
| 6.30pm – 7.15pm | Aqua Aerobics (Deep)\* |
| 7.45pm – 8.45pm | Adults/Teenagers\* |

**Tuesday**

|  |  |
| --- | --- |
| 9.00am – 10.00am | Adults only\* |
| 11.00am – 12.00pm | Parent & Child Playtime |
| 12.30pm – 1.30pm | Public Swimming |
| 2.00pm – 3.00pm | Public Swimming |
| 5.15pm – 6.15pm | Public Swimming |
| 6.30pm – 7.30pm | Public Swimming |
| 8.00pm – 8.45pm | Aqua Aerobics (Shallow) \* |

**Wednesday**

|  |  |
| --- | --- |
| 7.15am – 8.30am | Adults only\* |
| 10.00am – 10.45am | Aqua Aerobics\* |
| 12.00pm – 1.45pm | Public Swimming |
| 2.15pm – 2.45pm | Gentle Aerobics |
| 5.15pm – 6.15pm | Public Swimming |
| 6.30pm – 7.30pm | Public Swimming |
| 8.00pm – 8.45pm | Adults/Teenagers\* |

**Thursday**

|  |  |
| --- | --- |
| 9.00am – 10.30am | Adults only\* |
| 12.00pm – 1.00pm | Public Swimming |
| 1.30pm – 3.00pm | Public Swimming |
| 5.15pm – 6.15pm | Public Swimming |
| 6.30pm – 7.15pm | Aqua Aerobics (Shallow) \* |
| 7.45pm – 8.45pm | Adults/Teenagers\* |

**Friday**

|  |  |
| --- | --- |
| 7.15am – 8.30am | Adults only\* |
| 9.00am – 10.00am | Public Swimming |
| 12.00pm – 1.30pm | Public Swimming |
| 2.00pm – 3.00pm | Parent & Child Playtime |
| 5.15pm – 6.15pm | Public Swimming |
| 6.30pm – 7.15pm | Fun Session 8-12 years only\* |
| 7.15pm – 8.00pm | Fun Session 8-12 years only\* |

**Saturday**

|  |  |
| --- | --- |
| 8.30am – 9.30am | Adults only\* |
| 10.00am – 11.00am | Public Swimming |
| 11.30am – 12.30pm | Family Fun Session |
| 1.00pm – 2.00pm | Public Swimming |

**Sunday**

|  |  |
| --- | --- |
| 8.30am – 9.30am | Adults only\* |
| 10.00am – 11.00am | Public Swimming |
| 11.30am – 12.30pm | Family Fun Session |
| 1.00pm – 2.00pm | Public Swimming |

**Note:** For sessions that require to be booked as identified by **\*** please follow these instructions:

**Fit-Life Members:**

* On-line at [www.moray.gov.uk/leisure](http://www.moray.gov.uk/leisure)
* By telephone to Reception 01542 882222
* In person at Reception

**Pay-as-you-go customers:**

* On-line at [www.moray.gov.uk/leisure](http://www.moray.gov.uk/leisure)
* In person at Reception in advance of booking– payment to be made at time of booking