

**Sports & Leisure Services**

**Forres Swimming Pool & Fitness Centre**

**Swimming Pool Timetable**

**Tuesday 17th August – Sunday 10th October 2021**

**Monday**

|  |  |
| --- | --- |
| 9.00am – 10.00am | Adult / teenagers Only (4 lanes)\* |
| 10.30am – 11.30am | Public Swimming (2 Lanes) |
| 12.30pm – 1.30pm | Adult / teenagers Only (4 lanes)\* |
| 2.00pm – 3.00pm | Public Swimming (2 Lanes) |
| 6.30pm – 7.30pm | Fun Session (No Lanes) \* |
| 8.00pm – 9.00pm | Adult / teenagers Only (4 lanes)\* |

**Tuesday**

|  |  |
| --- | --- |
| 6.45am – 7.30am | Adult / teenagers Only (2 lanes)\* |
| 7.30am – 8.15am | Adult / teenagers Only (2 lanes)\* |
| 9.00am – 10.00am | Public Swimming (2 Lanes) |
| 10.30am – 11.30am | Parent and Child Session\* |
| 12.30pm – 1.30pm | Adult / teenagers Only (4 lanes)\* |
| 2.00pm – 3.00pm | Public Swimming (2 Lanes) |
| 7.00pm – 8.00pm | Adult / teenagers Only (4 lanes)\* |

**Wednesday**

|  |  |
| --- | --- |
| 9.00am – 10.00am | Public Swimming (2 Lanes) |
| 12.30pm – 1.30pm | Adult / teenagers Only (4 lanes)\* |
| 2.00pm – 3.00pm | Public Swimming (2 Lanes) |
| 6.30pm – 7.30pm | Public Swimming (No Lanes) |
| 8.00pm – 9.00pm | Adults/Teenagers (4 Lanes) |

**Thursday**

|  |  |
| --- | --- |
| 9.00am – 10.00am | Public Swimming (2 Lanes) |
| 10.30am – 11.30pm | Public Swimming (2 Lanes) |
| 12.30pm – 1.30pm | Adult / teenagers Only (4 lanes)\* |
| 2.00pm – 3.00pm | Public Swimming (2 Lanes) |
| 6.30pm – 7.30pm | Public Swimming (No Lanes) |
| 8.00pm – 9.00pm | Adult / teenagers Only (2 lanes)\* |

**Friday**

|  |  |
| --- | --- |
| 6.45am – 7.30am | Adult / teenagers Only (2 lanes)\* |
| 7.30am – 8.15am | Adult / teenagers Only (2 lanes)\* |
| 9.00am – 10.00am | Public Swimming (2 Lanes) |
| 10.30am – 11.30am | Public Swimming (2 Lanes) |
| 12.30pm – 1.30pm | Adult / teenagers Only (4 lanes)\* |
| 2.00pm – 3.00pm | Public Swimming (2 Lanes) |
| 6.30pm – 7.30pm | Fun Session (No Lanes)\* |
| 8.00pm – 9.00pm | Adult / teenagers Only (4 lanes)\* |

**Saturday**

|  |  |
| --- | --- |
| 7.45am – 8.45am | Adult / teenagers Only (2 lanes)\* |
| 10.30am – 11.30am | Family Fun Session (No Lanes)\* |
| 11.30pm – 12.30pm | Family Fun Session (No Lanes)\* |

**Sunday**

|  |  |
| --- | --- |
| 9.00am-10.00am | Adult / teenagers Only (4 lanes)\* |
| 10.30am – 11.30am | Family Fun Session (No Lanes)\* |
| 11.30am – 12.30pm | Family Fun Session (No Lanes)\* |
| 1.00pm – 2.00pm | Adult / teenagers Only (4 lanes)\* |

**Note: For sessions that require to be booked as identified by \* Please follow these instructions:**

**Bookings can be made:**

**Fit-Life Members:**

* **On-line at** [**www.moray.gov.uk/leisure**](http://www.moray.gov.uk/leisure)
* **By telephone to Reception 01309 672984**
* **In person at Reception**

**Pay-as-you-go customers:**

* **On-line at** [**www.moray.gov.uk/leisure**](http://www.moray.gov.uk/leisure)
* **In person at Reception in advance of booking – payment to be made at time of booking**