				<u> </u>	<u>ari</u>	<u> </u>													
Week One Monday	Cereals containing	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Sweetcorn Soup																			
Mexican Soup	Х															X			
Chicken Curry	Х															X			
Vegetable Biryani	Х															X			
Rice																			
Chipati	X															X			
Broccoli																			
Cauliflower																			
Lettuce																			
Tomato																			
Cucumber																			
Coleslaw				х				х											
Grated Carrots																			
Pickled Onions																			
Diced Peppers																			
Beetroot																			
Spring Onions																			
Potato Salad				х				х											
Fruit Pot																			
Angel Mousse								х											
Jelly (may contain)	х			х				х								х	х	х	
Chocolate Cake	Х			Х			Х	Х								Х			
Fresh Fruit																			
Custard								Х											
1 1 1 40/00/2005																			

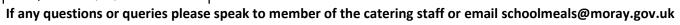


Week One Tuesday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Potato Soup																		
Chicken & Rice Soup																		
Breaded Haddock	х			х											Х			
Quorn Southern Burger	х		Х			х	х								Х			
Chips																		
Baked Beans																		
Sweetcorn																		
Lettuce																		
Tomato																		
Cucumber																		
Coleslaw			X				X											
Grated Carrots																		
Pickled Onions																		
Diced Peppers																		
Beetroot																		
Spring Onions																		
Potato Salad			Х				Х											
Fruit Pot																		
Angel Mousse							х											
Jelly (may contain)	X		х				Х								Х	Х	х	
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Last updated: 18/03/2025

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Week One Wednesday	Cereals	containing	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Chicken Noodle Soup		X			X												X			
Lentil Soup																				
Lasagne		X							X								X			
Quorn Cottage Pie		X							Х									X		
Garlic Bread		X											Х				Х	X		
Cauliflower																				
Carrots																				
Lettuce																				
Tomato																				
Cucumber																				
Coleslaw					Х				Х											
Grated Carrots																				
Pickled Onions																				
Diced Peppers																				
Beetroot																				
Spring Onions																				
Potato Salad					Х				Х											
Fruit Pot																				
Angel Mousse									Х											
Jelly (may contain)		X			X				X								X	Х	X	





Week One Thursday	Cereals	containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Tomato Soup																			
Morrocan Chickpea Soup		X								Х						Х			
Roast Pork																			
Vegetarian Sausage		X					х						х			Х			
Gravy																			
Potatoes																			
Peas																		igsquare	
Sweetcorn				!															1
Lettuce																			
Tomato																			
Cucumber																			
Coleslaw				Х				X											
Grated Carrots																			
Pickled Onions																			
Diced Peppers																			
Beetroot																			
Spring Onions																			
Potato Salad				X				X											
Fruit Pot																			
Angel Mousse								Х											
Rice Pudding								X											
Jelly (may contain)		Х		Х				Х						_		Х	X	X	
Last undated: 19/02/2025	1																		

Last updated: 18/03/2025

	1	1	1														
Cereals containing	Gluten Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
		X				X											
		Х				Х											
						X											
х		х				Х								X	Х	X	
			X	X X	X X	X X	X X X										

Last updated: 18/03/2025



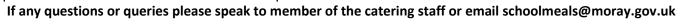
Week Two Monday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Chicken & Rice Soup																		
Tomato Soup																		
Salmon Fishcakes	X		X	X			X								х		X	X
Macaroni Cheese	X						X								X			
Potatoes																		
Baked Beans																		
Peas																		
Lettuce																		
Tomato								_									\Box	
Cucumber																		
Coleslaw			Х				Х											
Grated Carrots																		
Pickled Onions																		
Diced Peppers																		
Beetroot																		
Spring Onions																		
Potato Salad			Х				Х											
Fruit Pot																		
Angel Mousse							Х											
Jelly (may contain)	x		X				X								Х	x	x	

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Week Two Tuesday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Moroccan Chickpea Soup	x								X						X			
Vegetable Broth																		
Roast Beef																		
Gravy																		
Vegetable Meatballs in																		
Tomato Sauce	Х					X						Х			X			
Yorkshire Pudding	x		x				X								X			
Potatoes																		
Carrots																		
Cauliflower																		
Lettuce																		
Tomato																		
Cucumber																	,	
Coleslaw			Х				X											
Grated Carrots																		
Pickled Onions																		
Diced Peppers																		
Beetroot																		
Spring Onions							V											
Potato Salad			X				Х											
Fruit Pot																		
Angel Mousse							X											
Orange Cake	X		X				X								X			
Fresh Fruit]	
Custard							X											
Jelly (may contain)	Х		Х				X								X	X	Х	

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Week Two Wednesday	Cereals	containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Roasted Pepper & Butternut																			
Squash Soup																			
Carrot & Coriander Soup																			
Chicken Teriyaki		Х					Х									Х	Х		
Quorn Sweet & Sour Vegetables		X		х				X								X			
Rice																			
Sweetcorn																			
Broccoli																			
Carrots																			
Lettuce																			
Tomato																			
Cucumber																			
Coleslaw				Х				X											
Grated Carrots																			
Pickled Onions																			
Diced Peppers																			
Beetroot																			
Spring Onions																			
Potato Salad				Х				X											
Fruit Pot																			
Angel Mousse								X											
Jelly (may contain)		X		х				X								X	Х	Х	





Week Two Thursday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Lentil Soup																		
Mexican Soup	X														X			
Chicken Pie	Х						Х		Х						Х			
Vegetable Potato Pie							X											
Potatoes																		
Peas																		
Carrots																		
Lettuce																		
Tomato																		
Cucumber																		
Coleslaw			Х				Х											
Grated Carrots																		
Pickled Onions																		
Diced Peppers																		
Beetroot																		
Spring Onions																		
Potato Salad			Х				Х											
Fruit Pot																		
Angel Mousse							Х											
Jelly (may contain)	х		X				X								X	X	X	

Last updated: 18/03/2025



Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
х						x								X			
x		x	x			x			x	x				x	X		
		Х				Х											
		Х				Х											
						Х											
х		X				X								X	X	X	
	X	X X	x	x	x	X	x	x	x	x	x	x	x		x	x	X X

Last updated: 18/03/2025



Week Three Monday	Cereals containing	Grustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Mexican Soup	X								Х						X			
Sweetcorn Soup																		
Macaroni Cheese	Х						X			X					X			
Chicken Fajitas	Х														Х			
Garlic Bread	Х										Х				Х	Х		
Sweetcorn																		
Peas																		
Lettuce																		
Tomato																		
Cucumber																		
Coleslaw			X				X											
Grated Carrots																		
Pickled Onions																		
Diced Peppers																		
Beetroot																		
Spring Onions																		
Potato Salad			X				X											
Fruit Pot																		
Angel Mousse							Х											
Jelly (may contain)	X		x				Х								X	X	x	

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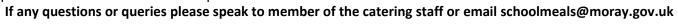


Week Three Tuesday	Cereals	containing	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Vegetable Broth																				
Spicy Bean Soup	,	X				X												X		
Roast Chicken																				
Mexican Rice											X									
Potatoes																				
Carrots																				
Green Beans																				
Lettuce																				
Tomato																				
Cucumber																				
Coleslaw					X				Х											
Grated Carrots																				
Pickled Onions																				
Diced Peppers																				
Beetroot																				
Spring Onions																				
Potato Salad					Х				Х											
Fruit Pot																				
Angel Mousse									Х											
Jelly (may contain)		X			X				Х								X	X	X	

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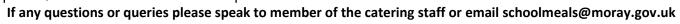


Week Three Wednesday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Chicken Noodle Soup	X		X												X			
Lentil Soup																		
Breaded Haddock	X			Х											X			
Spicy Noodles	X		X			X									X			
Chips																		
Baked Beans																		
Peas																		
Lettuce																		
Tomato																		
Cucumber																		
Coleslaw			Х				X											
Grated Carrots																		
Pickled Onions																		
Diced Peppers																		
Beetroot																		
Spring Onions																		
Potato Salad			Х				Х											
Fruit Pot																		
Angel Mousse							X											
Rice Pudding							Х											
Jelly (may contain)	Х		X				X								X	X	X	





Week Three Thursday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Ailk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Potato & Leek Soup																		
Green Pea Soup																		
Mince Pie	Х						Х								Х			
Potato & Broccoli Bake	Х						Х								X			
Potatoes																		
Mixed Vegetables																		
Turnip																		
Lettuce Tomato																		
Cucumber																		
Coleslaw			X				X											
Grated Carrots																		
Pickled Onions																		
Diced Peppers																		
Beetroot																		
Spring Onions																		
Potato Salad			Х				Х											
Fruit Pot																		
Angel Mousse							Х											
Plain Sponge	х		Х				Х								Х			
Custard							Х											
Jelly (may contain)	Х		Х				Х								Х	Х	Х	





Week Three Friday	Cereals containing Gluten	Crustaceans			uts	Soyabeans			٠,	tard	me	nites		sncs	at	À		
Week Friday	Cereals contain Gluten	Crust	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Tomato Soup																		
Cream of Lentil Soup							X											
Panini	Х		Х	х			Х			Х	Х				Х	х		
Lettuce																		
Tomato																		
Cucumber																		
Coleslaw			Х				Х											
Grated Carrots																		
Pickled Onions																		
Diced Peppers																		
Beetroot																		
Spring Onions																		
Potato Salad			Х				Х											
Fruit Pot																		
Angel Mousse							Х											
Jelly (may contain)	Х		Х				Х								X	х	Х	

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Week Four Monday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Carrot & Coriander Soup																		
Curried Parsnip & Carrot																		
Soup																		
Chicken Fricasse	x						Х								X			
Brazillian Coconut Curry	X		Х				Х	Х							Х			
Rice																		
Carrots																		
Broccoli																		
Lettuce																		
Tomato																		
Cucumber																		
Coleslaw			Х				Х											
Grated Carrots																		
Pickled Onions																		
Diced Peppers																		
Beetroot																		
Spring Onions																		
Potato Salad			Х				Х											
Fruit Pot																		
Angel Mousse							Х				_				_			
Jelly (may contain)	X		X				X								X	X	х	
1																		



Week Four Tuesday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Spicy Lentil Soup																		
Chicken & Rice Soup																		
Steak Pie Vege Meatballs in Tomato Sauce	x					х	Х		х			х			x			
Potatoes																		
Spaghetti	х														Х			
Cabbage Sweetcorn																	$\overline{}$	
Lettuce Tomato																		
Cucumber																	1	
Coleslaw			X				Х						_					
Grated Carrots																	1	1
Pickled Onions																		
Diced Peppers																		
Beetroot																	\longrightarrow	,
Spring Onions																	\vdash	
Potato Salad Fruit Pot			X				X									igwdown	\longrightarrow	
Carrot Cake Cookie																$\vdash \vdash \vdash$		
Fresh Fruit	X		X												X		X	
Angel Mousse																	\longrightarrow	
							X									\vdash		
Jelly (may contain)	X		X				X								X	X	X	

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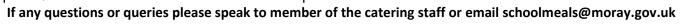
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Week Four Wednesday	Cereals	Containing	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Cream of Chicken Soup	2	X							Х								Х			
Tomato Soup																				
Salmon Fishcakes	2	X			Х	Х											X	X		
Cauliflower Cheese		X							Х			Х					Х			
Potato Wedges																				
Baked Beans																				
Broccoli																				
Lettuce																				
Tomato																				
Cucumber																				
Coleslaw					Х				Х											
Grated Carrots																				
Pickled Onions																				
Diced Peppers																				
Beetroot																				
Spring Onions																				
Potato Salad					Х				Х											
Fruit Pot																				
Angel Mousse									Х											
Jelly (may contain)		X			Х				Х								Х	X	X	

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Week Four Thursday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Green Pea Soup																		
Potato Soup																		
Chicken Katsu Curry	х		Х			X									Х			
Quorn Noodles in Black Bean Sauce	х		х			X	X				Х				х			
Rice																		
Peas & Sweetcorn																		
Carrots																		
Lettuce																		
Tomato																		
Cucumber																		
Coleslaw			Х				X											
Grated Carrots																		
Pickled Onions																		
Diced Peppers																		
Beetroot																		
Spring Onions																		
Potato Salad			х				Х											
Fruit Pot																		
Angel Mousse							Х											
Jelly (may contain)	х		X				X								X	X	X	
	1																	





Week Four Friday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Potato Soup																		
Cream of Chicken Soup	х						х								х			
Panini	х		Х	х			Х				х				Х			
Lettuce																		
Tomato																		
Cucumber																		
Coleslaw			Х				Х											
Grated Carrots																		
Pickled Onions																		
Diced Peppers																		
Beetroot																		
Spring Onions																		
Potato Salad			X				X											
Fruit Pot																		
Angel Mousse							Х											
Jelly (may contain)	X		X				X								Х	х	Х	
l	i																	

Last updated: 18/03/2025

