LUNCH WEEK ONE

DISHES			S	The state of the s	lupin Flour	Milk		MAUSTARD	2		£	THE THE				
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Sesame	Soya	Sulphites	Wheat	Barley	Oats	Rye
Chicken Curry	٧												√			
Macaroni Cheese	٧					٧							٧			
Salmon Fish Fingers	٧			٧									٧			
Pork Sausages	٧												٧			
Gravy																
Mince Steak & Vegetables																
Rice																
Garlic Bread	٧									٧			٧	٧		
Potatoes																
Pasta	٧												√			
Sweetcorn																
Baked Beans																
Peas																
Broccoli																
Sweetcorn & Peas																
Cucumber																
Tomato																
Grated Carrot																
Beetroot																
Lettuce																
Fruit																
Natural Yoghurt						٧										
Melon																
Potato & Leek Soup																
Orange Cake	٧		٧										٧			
Custard						٧										

LUNCH WEEK TWO

DISHES		Y			lupin flour	Milk		MUSTARD										
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame		Sulphites	Celery	Wheat	Barley	Oats	Rye
Bubblefish				٧														
Cheesy Vegetable Pasta	٧					٧									٧			
Chicken Fricasse	٧					٧									٧			
Salmon & Sweet Potato Fishcake	٧			٧											٧			
Roast Beef																		
Gravy																		
Pasta	٧														٧			
Roll	٧		٧			٧					٧	٧			٧	٧	٧	٧
Rice																		
Potatoes																		
Carrots																		
Broccoli																		
Sweetcorn																		
Peas																		
Tomato																		
Lettuce																		
Beetroot																		
Cucumber																		
Coleslaw			٧			٧												
Fruit																		
Natural Yoghurt						٧												
Plain Muffin	٧		٧			٧						٧			٧			
Chocolate Sponge	٧		٧			٧						٧			٧			
Custard						٧												
Rice Pudding						٧												
Peaches														_				
Melon																		
Carrot & Potato Soup																		

DISHES AND THEIR ALLERGEN CONTENT LUNCH WEEK THREE

DISHES					Jupin Flour	Milk		MUSTARD				CO TANK					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Sulphites	Celery	Wheat	Barley	Oats	Rye
Steak Mince & Vegetables																	
Macaroni Cheese	٧					٧								٧			
Salmon Fish Fingers	٧			٧										٧			
Pork Sausages	٧													٧			
Gravy																	
Chicken Goujons	٧		٧			٧								٧	٧	٧	٧
Garlic Bread	٧										٧			٧	٧		
Pasta	٧													٧			
Potatoes																	
Peas																	
Broccoli																	
Baked Beans																	
Cauliflower																	
Carrots																	
Tomato																	
Beetroot																	
Cucumber																	
Lettuce																	
Toffee Pudding	٧		\			٧								٧			
Custard						٧											
Fruit																	
Tomato Soup																	
Gingerbread Sponge	٧		٧											٧			
Cornflake Biscuit	٧		٧											٧			

LUNCH WEEK FOUR

DISHES		T.			lupin Flour	Milk		MUSTARD	2	S.				***				
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Cheese Melt Baguette	٧					٧					√				٧	٧		
Roast Chicken																		
Gravy																		
Tomato Pasta	٧														٧			
Steak Pie	٧														٧			
Salmon & Sweet Potato Fishcake	٧			٧											٧			
Potatoes																		
Roll	٧		٧			٧					٧	٧			٧	٧	٧	٧
Pasta	٧														٧			
Baked Beans																		
Broccoli																		
Sweetcorn																		
Peas																		
Carrots																		
Cucumber																		
Lettuce																		
Tomato																		
Coleslaw			٧			٧												
Melon Slice																		
Chocolate Oat Cookie	٧														٧		٧	
Lentil Soup																		
Fruit																		
Natural Yoghurt						٧												
Shortbread	٧														٧			

LUNCH VEGETARIAN WEEK ONE

DISHES					Jupin Flour	Milk		MUSTARD			100		THE THE					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Vegetable & Lentil Curry	√														٧			
Macaroni Cheese	√					٧									٧			
Vegetable Fingers	√														٧			
Vegetarian Sausages	٧											٧	٧		٧			
Gravy																		
Lentil & Vegetable Casserole																		
Rice																		
Garlic Bread	٧										٧				٧	٧		
Potatoes																		
Pasta	٧														٧			
Sweetcorn																		
Broccoli																		
Peas & Sweetcorn																		
Peas																		
Baked Beans																		
Cucumber																		
Tomato																		
Carrots																		
Beetroot																		
Lettuce																		
Fruit																		
Natural Yoghurt						٧												
Melon																		
Potato & Leek Soup																		
Orange Cake	٧		٧												٧			
Custard						٧												

LUNCH VEGETARIAN WEEK TWO

DISHES		T.			.upin Flour	Milk		[MUSTARD]				- Wie					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc		Peanuts			Sulphites	Celery	Wheat	Barley	Oats	Rye
Potato & Bean Pie																	
Cheesy Vegetable Pasta	٧					٧								٧			
Vegetable Fricasse	٧					٧								٧			
Vegetable & Potato Cake	٧		٧			٧								٧	٧	٧	٧
Vegetable Burger	٧										٧			٧	٧		
Gravy																	
Pasta	٧													٧			
Roll	٧		٧			٧				٧	٧			٧	٧	٧	٧
Rice																	
Potatoes																	
Carrots																	
Broccoli																	
Sweetcorn																	
Peas																	
Broccoli																	
Tomato																	
Lettuce																	
Beetroot																	
Coleslaw			٧			٧											
Cucumber																	
Fruit																	
Natural Yoghurt						٧											
Plain Muffin	٧		٧			٧					٧			>			
Chocolate Sponge	٧		٧			٧					٧			٧			
Custard						٧											
Rice Pudding						٧											
Peaches																	
Carrot & Potato Soup																	

LUNCH VEGETARIAN WEEK THREE

DISHES					Lupin Flour	Milk		MUSTARD										
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Vege Balls in Tomato sauce	٧											٧	٧		٧			
Macaroni Cheese	٧					٧									٧			
Vegetable Finger	٧														٧			
Vegetarian Sausages	٧											٧	٧		٧			
Gravy																		
Spring Roll	٧				٧			٧				٧			٧			
Potatoes																		
Garlic Bread	٧										٧				٧	٧		
Pasta	٧														٧			
Peas																		
Broccoli																		
Baked Beans																		
Cauliflower																		
Carrots																		
Tomato																		
Beetroot																		
Cucumber																		
Lettuce																		
Toffee Pudding	٧		٧			٧									٧			
Custard						٧												
Fruit																		
Cornflake Biscuit	٧		٧												٧			
Tomato Soup																		
Natural Yoghurt						٧												
Gingerbread Sponge	٧		٧												٧			

LUNCH VEGETARIAN WEEK FOUR

, , , , , , , , , , , , , , , , , , , ,	<u> </u>	<u> </u>						<u> </u>									
	To the second			Jupin	Milk		MAJSTARD	2				WE					
Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame		Sulphites		Wheat	Barley	Oats	Rye
V					7					V				٧	٧		
V											7			٧	7		
V														٧			
٧					٧									٧			
٧		٧			٧									٧	٧	٧	٧
٧		٧			٧					٧	٧			٧	٧	٧	٧
٧														٧			
		٧			٧												
٧														٧		٧	
					٧												
V														٧			
	Cereals containing gluten V V V V V V V V	Cereals containing gluten V V V V V V V V V V V V V	Cereals containing gluten V V V V V V V V V V V V V	Cereals containing gluten V V V V V V V V V V V V V	Cereals containing gluten V V V V V V V V V V V V V	Cereals containing gluten V V V V V V V V V V V V V	Cereals containing gluten V V V V V V V V V V V V V	Cereals containing gluten V V V V V V V V V V V V V	Cereals containing gluten V V V V V V V V V V V V V	Cereals Containing gluten V V V V V V V V V V V V V	Cereals Containing gluten V V V V V V V V V V V V V	Cereals containing gluten V V V V V V V V V V V V V	Cereals containing gluten V V V V V V V V V V V V V	Cereals containing Crustaceans Eggs Fish Lupin Milk Mollusc Mustard Nuts Peanuts Sesame Soya Sulphites Celery V	Cereals Containing Crustaceans Eggs Fish Lupin Milk Mollusc Mustard Nuts Peanuts Sesame Soya Sulphites Celery Wheat V V V V V V V V V V V V V V V V V V V	Cereals containing gluen V V V V V V V V V V V V V	Cereals Containing Gluten V V V V V V V V V V V V V

VEGETARIAN LIGHT TEAS WEEK ONE

DISHES					Jupin Flour	Milk		MUSTARD					WE					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Lentil Soup														٧				
Cheese Roll	٧		٧			٧					V	٧			٧	٧	٧	٧
Salad																		
Vegetable & Lentil Casserole																		
Fruit																		
Natural Yoghurt						٧												
Cheese Sandwich	٧					٧									٧	٧	٧	٧
Strawberry Mousse						٧												
Tomato Soup														٧				
Oatie Biscuit	٧														٧		٧	
Fruit																		
Vegetable Soup														٧				
Quorn Chicken Picky Plate	٧														٧			

VEGETARIAN Light Teas Week Two

DISHES		THE STATE OF THE S			.upin Flour	Milk		MUSTARD	2				ine ine					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Jacket Potato & Cheese						٧												i
Fruit																		
Natural Yoghurt						٧												
Lentil Soup														٧				
Quorn Chicken Sandwich	٧														٧	✓	٧	٧
Salad																		
Green Split Pea Soup														٧				
Quorn Chicken Picky Plate	٧														٧			
Vegetable Pasta Bake	٧					٧								٧				
Cheese & Egg Picky Plate	٧		٧			٧								٧				
Fruit Bowl Selection																		

VEGETARIAN Light Teas Week Three

DISHES					Jupin Flour	Milk		MAUSTARD	2								
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts		Sulphites		Wheat	Barley	Oats	Rye
Vegetable Soup													٧				
Cheese Sandwich	√					٧								٧	٧	٧	٧
Salad																	
Quorn Chicken Picky Plate	٧													٧			
Fruit																	
Natural Yoghurt						٧											
Lentil Soup													٧				
Cheese Sandwich	٧					٧								٧	٧	٧	٧
Salad																	
Quorn Chicken Salad Wrap	٧													٧			
Vegetable Bolognaise Pasta	٧													٧			
Fruit Bowl Selection																	

VEGETARIAN Light Teas Week Four

					_						5							
DISHES		TANK THE PROPERTY OF THE PROPE			Lupin	Milk		MUSTARD					une une					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Carrot & Potato Soup														٧				
Cheese Sandwich	٧					٧									٧	٧	٧	٧
Salad																		
Cheese & Egg Picky Plate	٧		٧			٧									٧			
Melon & Grapes																		
Natural Yoghurt						٧												
Baked Potato with Beans																		
Fruit																		
Vegetable Noodle Soup	٧		٧											٧	٧			
Apple Crumble	٧														٧		٧	
Potato Soup														٧				
Cheese & Pepper Wrap	٧					٧									٧			

LIGHT TEA MENU WEEK 1

DISHES					Jupin Flour	Milk		MUSTARD										
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame		Sulphites	J. Miller	Wheat	Barley	Oats	Rye
Lentil Soup																		
Tuna Mayo Roll	٧		٧	٧		٧						٧			٧	✓	۸	√
Salad																		
Cottage Pie & Baked Beans																		
Fruit																		
Natural Yoghurt						٧												
Cheese Sandwich	٧					٧									٧	^	∠	٧
Strawberry Mousse						٧												
Tomato Soup																		
Oatie Biscuit	٧														٧		٧	
Vegetable Soup																		
Chicken Picky Plate	٧														٧			

DISHES AND THEIR ALLERGEN CONTENT LIGHT TEA MENU WEEK 2

DISHES					Jupin Floor	Milk		MUSTARD					D					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Jacket Potato & Cheese						٧												
Fruit																		
Natural Yoghurt						٧												
Lentil Soup																		
Chicken Slice Sandwich	٧					٧									٧	٧	٧	٧
Green Pea Soup																		
Ham Picky Plate	٧										٧				٧	٧		
Chicken Pasta Bake	٧														٧			
Cheese & Egg Picky Plate	٧		٧			٧									٧			
Fruit Bowl Selection																		

DISHES AND THEIR ALLERGEN CONTENT LIGHT TEA MENU WEEK 3

DISHES					Lipin Flour	Milk		MUSTARD										
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Vegetable Soup																		
Cheese Sandwich	V					٧									7	٧	✓	٧
Salad																		
Chicken Picky Plate	٧		٧			٧					٧	٧			٧	٧	٧	٧
Fruit																		
Natural Yoghurt						٧												
Lentil Soup																		
Tuna Mayo Sandwich	٧			٧		٧									٧	٧	٧	٧
Bolognaise Pasta	٧		٧												٧			
Fruit Bowl Selection																		
Chicken Slice Salad Wrap	٧														٧			
Salad																		

DISHES AND THEIR ALLERGEN CONTENT LIGHT TEA MENU WEEK 4

DISHES		T.			lupin Flour	Milk		MUSTARD					WIE					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Carrot & Potato Soup																		
Ham Sandwich	٧					٧					٧				٧	٧	٧	٧
Cheese & Egg Picky Plate	٧		٧			٧									٧			
Melon & Grapes																		
Natural Yoghurt						٧												
Baked Potato with Beans																		
Chicken Noodle Soup	٧		٧												٧			
Apple Crumble	٧														٧		٧	
Fruit																		
Potato Soup																		
Cheese & Red Pepper Wrap	٧					٧									٧			
Mixed Salad																		