DISHES AND THEIR ALLERGEN CONTENT Lunch WEEK ONE KF No. Milk Y e de la comercia de l **P** DISHES Lupin Flour 28 AUSTARD Cereals containing Crustaceans Eggs Fish Lupin Milk Mollusc Mustard Nuts | Peanuts | Sesame Soya Sulphites Celery Wheat Barley Oats Rye gluten Chicken Curry V v v v v Macaroni Cheese v V ٧ v Salmon Fish Fingers v V V Pork Sausages ٧ V Gravy Mince Steak & Vegetables Rice Garlic Bread V ٧ V ٧ Potatoes Pasta V V Sweetcorn Baked Beans Peas Broccoli Sweetcorn & Peas Salad Fruit Salad V Natural Yoghurt Melon V Orange Cake V V v Custard Potato & Leek Soup ٧

Lunch WEEK TWO

DIGITEO AND THEIR																	NI	
DISHES		Y.			Lupin			AUSTARD	2			~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~						
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Bubblefish				٧														
Cheesy Vegetable Pasta	V					V		٧							V			
Chicken Fricasse	V					V								٧	V			
Salmon & Sweet Potato Fishcake	V			٧											V			
Roast Beef																		
Gravy																		
Pasta	V														V			
Roll	V					V						V			V			
Rice																		
Potatoes																		
Carrots																		
Broccoli																		
Sweetcorn																		
Peas																		
Salad			V			V												
Carrot & Potato Soup														٧				
Fruit Salad																		
Natural Yoghurt						V												
Chocolate Sponge	V		V			V						V			V			
Custard						V												
Rice Pudding						V												
Peaches																		
Melon																		

DISHES AND THEIR ALLERGEN CONTENT Lunch WEEK THREE

BIGHLO AND H																		
DISHES	No.	¥.			lupin Flour			MUSTARD	2			s s						
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame		Sulphites	Celery	Wheat	Barley	Oats	Rye
Steak Mince & Vegetables																		
Macaroni Cheese	V					٧		V							٧			
Chicken Goujons	V		V			٧						V			٧			
Pork Sausages	V														٧			
Gravy																		
Salmon Fish Fingers	V			٧											٧			
Potato																		
Garlic Bread	V										V				V	V		
Pasta	V														٧			
Potatoes																		
Peas																		
Carrots																		
Broccoli																		
Baked Beans																		
Cauliflower																		
Salad																		
Toffee Pudding	V		٧			٧									٧			
Custard						٧												
Fruit																		
Fruit Bowl																		
Tomato Soup														٧				
Cornflake Biscuit	V		٧												V			
Gingerbread Sponge	V		٧												٧			

DISHES AND THEIR ALLERGEN CONTENT Lunch WEEK FOUR

No.	Y.						AUSTARD	-			e je						
Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame		Sulphites	Celery	Wheat	Barley	Oats	Rye
٧					V					V				V	V		
٧														V			
٧														V			
٧			٧											V			
٧					٧						V			V			
٧														V			
		٧			٧												
٧														V		٧	
													٧				
					V												
٧														V			
	V Cereals containing gluten V V V V V V V	Cereals containing gluten Crustaceans V	Cereals containing glutenCrustaceans EggsEggs $$	Cereals containing glutenCrustaceans EggsEggsFish \checkmark <td>Cereals containing glutenCrustaceansEggsFishLupin$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\neg$$\vee$$\neg$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$$\vee$<td< td=""><td>Cereals containing glutenCrustaceansEggsFishLupinMilk$V$$V$$V$$V$$V$$V$<!--</td--><td>Cereals containing glutenCrustaceansEggsFishLupinMilkMolluscV</td><td>Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardV$\sim$$\sim$$\checkmark$<td>Cereals containing glutenCrustaceansEggsFishLupinMilkMolluscMustardNuts\vee</td><td>Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardNutsPeanuts$V$$V$$V$<!--</td--><td>Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardNutsPeanutsSesame$V$$V$$V$$V$$V$$V$$V$$V$$V$$V$$V$<!--</td--><td>Cereals containing gluten Crustaceans Eggs Eggs Fish Lupin Milk Milk Mollusc Mustard Nuts Peanuts Sesame Soya V I I V I V I V I V V I I V I I V I V I</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td></td></td></td></td></td></td<></td>	Cereals containing glutenCrustaceansEggsFishLupin \vee \neg \vee \neg \vee <td< td=""><td>Cereals containing glutenCrustaceansEggsFishLupinMilk$V$$V$$V$$V$$V$$V$<!--</td--><td>Cereals containing glutenCrustaceansEggsFishLupinMilkMolluscV</td><td>Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardV$\sim$$\sim$$\checkmark$<td>Cereals containing glutenCrustaceansEggsFishLupinMilkMolluscMustardNuts\vee</td><td>Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardNutsPeanuts$V$$V$$V$<!--</td--><td>Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardNutsPeanutsSesame$V$$V$$V$$V$$V$$V$$V$$V$$V$$V$$V$<!--</td--><td>Cereals containing gluten Crustaceans Eggs Eggs Fish Lupin Milk Milk Mollusc Mustard Nuts Peanuts Sesame Soya V I I V I V I V I V V I I V I I V I V I</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td></td></td></td></td></td></td<>	Cereals containing glutenCrustaceansEggsFishLupinMilk V V V V V V </td <td>Cereals containing glutenCrustaceansEggsFishLupinMilkMolluscV</td> <td>Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardV$\sim$$\sim$$\checkmark$<td>Cereals containing glutenCrustaceansEggsFishLupinMilkMolluscMustardNuts\vee</td><td>Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardNutsPeanuts$V$$V$$V$<!--</td--><td>Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardNutsPeanutsSesame$V$$V$$V$$V$$V$$V$$V$$V$$V$$V$$V$<!--</td--><td>Cereals containing gluten Crustaceans Eggs Eggs Fish Lupin Milk Milk Mollusc Mustard Nuts Peanuts Sesame Soya V I I V I V I V I V V I I V I I V I V I</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td></td></td></td></td>	Cereals containing glutenCrustaceansEggsFishLupinMilkMollusc V	Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardV \sim \sim \checkmark <td>Cereals containing glutenCrustaceansEggsFishLupinMilkMolluscMustardNuts\vee</td> <td>Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardNutsPeanuts$V$$V$$V$<!--</td--><td>Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardNutsPeanutsSesame$V$$V$$V$$V$$V$$V$$V$$V$$V$$V$$V$<!--</td--><td>Cereals containing gluten Crustaceans Eggs Eggs Fish Lupin Milk Milk Mollusc Mustard Nuts Peanuts Sesame Soya V I I V I V I V I V V I I V I I V I V I</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td></td></td></td>	Cereals containing glutenCrustaceansEggsFishLupinMilkMolluscMustardNuts \vee	Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardNutsPeanuts V V V </td <td>Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardNutsPeanutsSesame$V$$V$$V$$V$$V$$V$$V$$V$$V$$V$$V$<!--</td--><td>Cereals containing gluten Crustaceans Eggs Eggs Fish Lupin Milk Milk Mollusc Mustard Nuts Peanuts Sesame Soya V I I V I V I V I V V I I V I I V I V I</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td><td></td></td>	Cereals containing glutenCrustaceans EggsEggsFishLupinMilkMolluscMustardNutsPeanutsSesame V </td <td>Cereals containing gluten Crustaceans Eggs Eggs Fish Lupin Milk Milk Mollusc Mustard Nuts Peanuts Sesame Soya V I I V I V I V I V V I I V I I V I V I</td> <td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td> <td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td> <td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td> <td>$\begin{array}{c c c c c c c c c c c c c c c c c c c$</td> <td></td>	Cereals containing gluten Crustaceans Eggs Eggs Fish Lupin Milk Milk Mollusc Mustard Nuts Peanuts Sesame Soya V I I V I V I V I V V I I V I I V I V I	$ \begin{array}{c c c c c c c c c c c c c c c c c c c $	$ \begin{array}{c c c c c c c c c c c c c c c c c c c $	$ \begin{array}{c c c c c c c c c c c c c c c c c c c $	$ \begin{array}{c c c c c c c c c c c c c c c c c c c $	

DISHES AND THE	IR ALL	ERGEN	CON	ITEN	Т			Lunc	h Ve	geta	rian	Wee	k One)			KF	
DISHES	NAME	¥.				Milk		MUSBARD				e la						
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Vegetable & Lentil Curry	V							V					V		٧			
Macaroni Cheese	V					٧									٧			
Vegetable Fingers	٧														V			
Vegetarian Sausages	V											V	V		٧			
Gravy																		
Lentil & Vegetable Casserole																		
Rice																		
Garlic Bread	V														V			
Potatoes																		
Pasta	٧														V			
Sweetcorn																		
Baked Beans																		
Peas																		
Broccoli																		
Sweetcorn & Peas																		
Salad																		
Fruit Salad																		
Natural Yoghurt						V												
Melon																		
Orange Cake	V		V												٧			
Custard						٧												
Potato & Leek Soup														٧				
Sweetcorn Soup														٧				

Lunch Vegetarian Week Two

DISHES AND THEIR	R ALLE	RGEN (CON	ΤΕΝΤ	-			Lund	ch V	egeta	rian V	Week	(Two				KF	
DISHES	No.	×.	F		Lupin Flour			MUSTARD	-			JE S	H	A CONTRACTOR				
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame		Sulphites	Celery	Wheat	Barley	Oats	Rye
Potato & Bean Pie																		
Cheesy Vegetable Pasta	V					V									V			
Vegetable Fricasse	V					V									V			
Vegetable & Potato Cake	V		V									V			V			
Vegetable Burger	V											٧	V		٧			
Gravy																		
Pasta	V														٧			
Roll	V					٧						٧			٧			
Rice																		
Potatoes																		
Carrots																		
Baked Beans																		
Broccoli																		
Sweetcorn																		
Peas																		
Salad			V			V												
Carrot & Potato Soup														٧				
Fruit Salad																		
Natural Yoghurt						٧												
Plain Muffin	V		٧			٧						V			٧			
Chocolate Sponge	V		٧			٧						۷			۷			
Custard						٧												
Rice Pudding						۷												
Peaches																		

Lunch Vegetarian Week Three

DISHES									N			68						
					Flour	Milk		MUSEARD	2B	N								
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Vege Balls in Tomato sauce	V											٧	V		V			
Macaroni Cheese	V					V									V			
Vegetable Finger	V														V			
Vegetarian Sausages	V											V	٧		V			
Gravy																		
Spring Roll	V											٧			V			
Potato																		
Garlic Bread	V														V			
Pasta	V														V			
Potatoes																		
Peas																		
Carrots																		
Broccoli																		
Baked Beans																		
Cauliflower																		
Salad																		
Toffee Pudding	V		٧			٧									V			
Custard						٧												
Fruit																		
Fruit Bowl																		
Cornflake Biscuit	V		٧												V			
Tomato Soup																		
Natural Yoghurt						٧												
Gingerbread Sponge	V		V												V			

Lunch Vegetarian Week Four

DISHES AND THEIR	ALLER	GEN C	ONT	ENT				Lunc	ch Ve	egeta	rian V	Neek	Four				KF	
DISHES	X	Y.						MUSTARD	A CONTRACT	Sec.		s de la companya de l						
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Cheese Melt Baguette	V					V					V				V	V		
Vegetable Burger	V											V	V		٧			
Gravy																		
Tomato Pasta	V														V			
Vegetable Pie	V					V									V			
Potato & Vegetable Cake	V		V									V			V			
Potatoes																		
Roll	V					٧						V			V			
Pasta	V														V			
Baked Beans																		
Broccoli																		
Sweetcorn																		
Carrots																		
Peas																		
Salad			V			V												
Melon Slice																		
Chocolate Oat Cookie	V														٧		٧	
Lentil Soup														٧				
Fruit																		
Natural Yoghurt						V												
Shortbread	V														V			

Light Teas Week One

DISHES	No.	×.			Lupin Flour	Milk		MUSTARD	-			s je						
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame		Sulphites	Celery	Wheat	Barley	Oats	Rye
Lentil Soup														٧				
Tuna Mayo Roll	V		V	V		۷						V			V			
Salad																		
Cottage Pie & Baked Beans																		
Fruit																		
Natural Yoghurt						٧												
Cheese Sandwich	V					V						V			V	V		
Strawberry Mousse						۷												
Tomato Soup														V				
Oatie Biscuit	V														٧		٧	
Vegetable Soup														۷				
Chicken Picky Plate	V														V			

DISHES AND THEIR ALLERGEN CONTENT Light Teas Week Two

DISHES	No.					Mik		MUSTARD	·			s and a second s						
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame		Sulphites		Wheat	Barley	Oats	Rye
Jacket Potato & Cheese						V												1
Fruit																		
Natural Yoghurt						V												
Lentil Soup														٧				
Chicken Slice Sandwich	V					V						٧			V			
Salad																		
Yellow Split Pea Soup														٧				
Ham Picky Plate	V											V			V			
Chicken Pasta Bake	V														V			
Cheese & Egg Picky Plate	V		V			V									V			
Fruit Bowl Selection																		

Light Teas Week Three

DISHES	No.	×.			Lupin Flour			MUSEARD	N			s je	WE					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites		Wheat	Barley	Oats	Rye
Vegetable Soup														V				
Cheese Sandwich	V					٧						V			V			
Salad																		
Chicken Picky Plate	V					٧						V			V			
Fruit																		
Natural Yoghurt						٧												
Lentil Soup														V				
Tuna Mayo Sandwich	V		V	V		٧						V			V			
Bolognaise Pasta	V														V			
Fruit Bowl Selection																		
Chicken Slice Salad Wrap	V														V			

Light Teas Week Four

DISHES	No.	Y.			Lupin Rour			NUSTARD	A			JE S						
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Carrot & Potato Soup														V				
Ham Sandwich	٧											V			V			
Cheese & Egg Picky Plate	V		٧			٧									V			
Melon & Grapes																		
Natural Yoghurt						٧												
Baked Potato with beans																		
Chicken Noodle Soup	V		٧											٧	V			
Apple Crumble	V														V		V	
Fruit																		
Potato Soup														٧				
Cheese & Red Pepper Wrap	V					٧									V			
Salad																		

VEGETARIAN Light Teas Week One

DISHES AND TH	EIR AL	LERGE	N CC	ONTE	NT			VEGE	TAR	AN Li	ght Te	as W	eek O	ne		KF		
DISHES	No.	Y.			Lupin Flour			MUSEARD	-			e les						
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Lentil Soup														٧				
Cheese Roll	V		V			V					V				V	V	٧	V
Salad																		
Lentil & Veg Casserole																		
Cheese Sandwich	V					V						V			V			
Vegetable Soup														٧				
Tomato Soup														٧				
Oatie Bicuit	V														V		٧	
Strawberry Mousse						V												
Fruit																		
Natural Yoghurt						٧												
Quorn Chicken Picky Plate	V														V			

VEGETARIAN Light Teas Week Two

DISHES AND THEI	VEGE	KF																
DISHES	No.	×						MUSBARD	N			s de la companya de l	0					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Jacket Potato & Cheese						V												
Fruit																		
Natural Yoghurt						٧												
Lentil Soup														٧				
Quorn Chicken Sandwich	V											V			V	V		
Plain Muffin	V		٧			V						V			V			
Yellow Split Pea Soup														٧				
Quorn Chicken Picky Plate	V														V			
Vegetable Pasta Bake	V					V								٧				
Cheese & Egg Picky Plate	V		٧			V								٧				
Fruit Bowl Selection																		

VEGETARIAN Light Teas Week Three

DISHES	No.	Y.			Lupin Four			MUSEARD	N			s je									
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye			
Vegetable Soup														٧							
Cheese Sandwich	V					٧						V			V						
Quorn Chicken Picky Plate	V														V						
Fruit																					
Natural Yoghurt						٧															
Lentil Soup														٧							
Cheese Sandwich	V					٧						V									
Quorn Chicken Salad Wrap	V														V						
Cornflake Biscuit	V														V						
Vegetable Bolognaise Pasta	V													٧	V						
Fruit Bowl Selection																					

VEGETARIAN Light Teas Week Four

DISHES AND THEI	R ALLE	RGEN	CON	TEN	Т			VEGE	TAR	AN Li	ght Te	as W	eek Fo	ur		KF		
DISHES	A.	×.			Lupin			MUSTARD	-			s je	The second secon					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Carrot & Potato Soup														V				
Cheese Sandwich	V					V						V			V			
Cheese & Egg Picky Plate	V		٧			V									٧			
Melon & Grapes																		
Natural Yoghurt						٧												
Baked Potato with Beans																		
Fruit																		
Vegetable Noodle Soup	V		٧											٧	V			
Apple Crumble	V														V		٧	
Cheese & Pepper Wrap	٧					٧									٧			
Potato Soup														٧				