Week One Monday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Chicken Curry	X								х	х		х			Х			
												^						1
Vegetable Biryani	X	-							Х	Х					Х			
Rice																		
Chipati	Х														X			<u> </u>
Broccoli																		
Cauliflower																		
Lettuce																		1
Tomato																		
Cucumber																		
Grated Carrots																		
Beetroot																		
Spring Onions																		
Fruit Pot																		
Angel Mousse							Х											
Jelly (may contain) Chocolate Cake	х		х				Х								х	х	х	
	Х		Х			Х	Х								Х			
Fresh Fruit																		
Custard							Х											
	1	-	-															

Last updated: 14/03/24



Week One Tuesday	Cereals	containing	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Breaded Haddock		Х				х											Х			
Quorn Southern Burger		Х			Х			Х	Х								Х			
Chips																				
Baked Beans																				
Sweetcorn																				
Lettuce																				
Tomato																				
Cucumber																				
Grated Carrots																				
Beetroot																				
Spring Onions																				
Fruit Pot																				
Angel Mousse									Х											
Jelly (may contain)		X			Х				Х								Х	Х	Х	
																		-		

Last updated: 14/03/24



Week One Wednesday	Cereals	containing	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Lasagne		X							X								Х			
Quorn Cottage Pie		Х			Х				Х									Х		
Garlic Bread		X											Х				Х	Х		
Cauliflower																				
Carrots																				
Lettuce																				
Tomato																				
Cucumber																				
Grated Carrots																				
Beetroot																				
Spring Onions																				
Fruit Pot																				
Angel Mousse									Х											
Jelly (may contain)		Х			Х				Х								Х	Х	Х	

Last updated: 14/03/24



	1																ı	1		т
Week One Thursday	Cereals	containing	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Roast Pork																				
Vegetarian																				
Sausage		X						X						X			X			
Gravy																				
Potatoes																				
Peas																				
Sweetcorn																				
Lettuce																				
Tomato																				
Cucumber																				
Beetroot																				
Spring Onions																				
Fruit Pot																				
Angel Mousse									X											
Rice Pudding									X											
Jelly (may contain)		X			Х				X								Х	Х	Х	

Last updated: 14/03/24



Week One Friday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Lettuce																		
Tomato																		
Cucumber																		
Grated Carrots																		
Beetroot																		
Spring Onions																		
Fruit Pot																		
Angel Mousse							Х											
Jelly (may contain)	х		Х				х								Х	х	Х	

Last updated: 14/03/24



Week Two Monday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Salmon Fishcakes	X		Х	Х			Х								х	x	х	х
Macaroni Cheese	X						Х								х			
Potatoes																		
Baked Beans																		
Peas																		
Lettuce																		
Tomato																		
Cucumber																		
Grated Carrots																		
Beetroot																		
Spring Onions																		
Fruit Pot																		
Angel Mousse							Х											
Jelly (may contain)	х		Х				Х								х	х	х	
Last undated: 14/02/24	1															•		

Last updated: 14/03/24

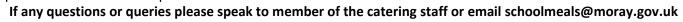


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Week Two Tuesday	Cereals	containing	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Roast Beef																				
Gravy																				
Vegetable Meatballs in Tomato																				
Sauce		X						X			X			X			X			
Yorkshire Pudding		Х			Х				Х								X			
Potatoes																				
Carrots																				l
Cauliflower																				ı
Lettuce																				
Tomato																				ı
Cucumber																				i
Grated Carrots																				i
Beetroot																				
Spring Onions																				
Fruit Pot																				
Angel Mousse									Х											
Orange Cake		Х			Х												Х			
Fresh Fruit																				
Custard									Х											
Jelly (may contain)		Х			Х				Х								Х	Х	Х	
Last updated: 14/03/24																	*			

Week Two Wednesday	Cereals	containing	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Chicken Teriyaki		Х						Х									X	Х		
Quorn Sweet & Sour Vegetables		х			х				х								х			
Rice																				
Sweetcorn																				
Broccoli																				
Carrots																				
Lettuce																				
Tomato																				
Cucumber																				
Grated Carrots																				
Beetroot																				
Spring Onions																				
Fruit Pot																				
Angel Mousse									Х											
Jelly (may contain)		X			X				X								X	X	X	



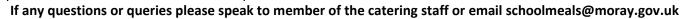
Week Two Thursday	Cereals	containing	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Chicken Pie		X							х		X						х			
Vegetable																				
Potato Pie									X		X									
Potatoes																				
Peas																				
Carrots																				
Lettuce																				
Tomato																				
Cucumber																				
Grated Carrots																				
Beetroot																				
Spring Onions																				
Fruit Pot																				
Angel Mousse									Х											
Jelly (may contain)		X			х				х								х	x	Х	



Week Two Friday	Cereals containing Gluten	Crustaceans	Eggs		Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Panini	X		Х	Х			X			Х	Х				Х	Х		
Lettuce																		
Tomato																		
Cucumber																		
Grated Carrots																		
Beetroot																		
Spring Onions																		
Fruit Pot																		
Angel Mousse							Х											
Jelly (may contain)	x		х				Х								Х	х	Х	
Last updated: 14/03/24			ı						<u> </u>						7			



Week Three Monday	Cereals	containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Macaroni Cheese		X						X								X			
Chicken Fajitas		X														Х			
Garlic Bread		X										Х				Х	х		
Sweetcorn																			
Peas																			
Lettuce																			·
Tomato																			
Cucumber																			
Grated Carrots																			
Beetroot																			
Spring Onions																			
Fruit Pot																			
Angel Mousse								Х											
Jelly (may contain)		Х		Х				Х								Х	х	х	
Last undated: 14/02/24																			





Week Three Tuesday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Roast Chicken																		
Mexican Rice									Х									
Potatoes																		
Carrots																		
Green Beans																		
Lettuce																		
Tomato																		
Cucumber																		
Grated Carrots																		
Beetroot																		
Spring Onions																		
Fruit Pot																		
Angel Mousse							х											
Jelly (may contain)	Х		х				х								Х	х	Х	
Last undated: 14/02/24																•		

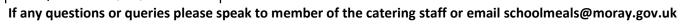
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Week Three Wednesday	Cereals	containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Breaded Haddock		X			X											х			
Spicy Noodles		X		х			х									Х			
Chips																			
Baked Beans																			
Peas																			
Lettuce																			
Tomato																			
Cucumber																			
Grated Carrots																			
Beetroot																			
Spring Onions																			
Fruit Pot																			
Angel Mousse								X											
Rice Pudding								X											
Jelly (may contain)		X		х				Х								Х	х	х	
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Week Three Thursday	Cereals	containing	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Mince Pie		Х							Х								Х			
Potato & Broccoli Bake		Х							Х								Х			
Potatoes																				
Mixed Vegetables																				
Turnip																				
Lettuce																				
Tomato																				
Cucumber																				
Grated Carrots																				
Beetroot																				
Spring Onions																				
Fruit Pot																				
Angel Mousse									Х											
Plain Sponge		X			Х				Х								Х			
Custard									Х											
Jelly (may contain)		Х			Х				Х								X	Х	Х	
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Week Three Friday	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Panini	х		Х	Х			Х			х	Х				Х	Х		
Lettuce																		
Tomato																		
Cucumber																		
Grated Carrots																		
Beetroot																		
Spring Onions																		
Fruit Pot																		
Angel Mousse							Х											
Jelly (may contain)	х		Х				х								X	х	X	

Last updated: 14/03/24



Cereals containing	Gluten Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Mollsucs	Wheat	Barley	Oats	Rye
Х						X		X						X			
X		х				X	X	х						X			
								_		_							
						X											
X		х				X								X	X	x	
	X	X	X X X	X X X	X X X	X X X	X	X	X	X	x	X	x x x x x x x x x x x x x x x x x x x	X	x	X	

