

## ALLERGENS

Break	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	Wheat	Barley	Oats	Rye
Fruit																		
Bagel	√										√				√	√		√
Vegetable Sticks and Hummous											√							
Special K Red Berry Cereal Bar	√					√	√								√	√	√	√
Scone	√						√								√			
Egg in a Wholemeal Roll	√		√				√				√				√	√	√	√
Sausage in a Wholemeal Roll	√		√				√				√	√			√	√	√	√
Pancake	√		√				√								√			
Plain Muffin	√		√				√								√			
Chocolate Muffin	√		√				√								√			
Pizza Wheel	√						√								√			
Toast	√														√	√	√	√
Iced Bun	√		√			√	√								√			
Angel Mousse							√											
Jelly	√		√				√								√	√	√	
Metcalfe Popcorn Sea Salt																		
Lentil Waves Salted																		
Lentil Waves Salt & Vinegar																		
Harvest Snap Sour Cream & Chive Lentil Rings						√	√											
Nairns BBQ Pop Oats																	√	
Nairns Sour Cream Pop Oats							√										√	
Simply Roasted Sea Salt																		
Simply Roasted Sea Salt & Vinegar																		
Simply Roasted Mature Cheddar & Red Onion																		

If any questions or queries please speak to member of the catering staff or email- [schoolmeals@moray.gov.uk](mailto:schoolmeals@moray.gov.uk)

