DISHES AND THEIR ALLERGEN CONTENT

LUNCH WEEK ONE

DISHES		T.			Jupin Flour	Milk		MUSTARD				£	ine in the same					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Chicken Curry	٧														٧			
Macaroni Cheese	٧					٧									٧			
Salmon Fish Fingers	٧			٧											٧			
Pork Sausages	٧														٧			
Gravy																		
Mince Steak & Vegetables																		
Rice																		
Garlic Bread	٧										٧				٧	٧		
Potatoes																		
Pasta	٧														٧			
Sweetcorn																		
Baked Beans																		
Peas																		
Broccoli																		
Sweetcorn & Peas																		
Cucumber																		
Tomato																		
Grated Carrot																		
Beetroot																		
Lettuce																		
Fruit																		
Natural Yoghurt						٧												
Melon						-												
Potato & Leek Soup																		
Orange Cake	٧		٧												٧			
Custard						٧												

Last Updated: 13/03/2025

DISHES AND THEIR ALLERGEN CONTENT

LUNCH WEEK TWO

DISHES		T.			Jupin	Milk		MUSTARD					one.					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Bubblefish				٧														
Cheesy Vegetable Pasta	٧					٧									٧			
Chicken Fricasse	٧					٧									٧			
Salmon & Sweet Potato Fishcake	٧			٧											٧			
Roast Beef																		
Gravy																		
Pasta	٧														٧			
Roll	٧		٧			٧					٧	٧			٧	٧	٧	٧
Rice																		
Potatoes																		
Carrots																		
Broccoli																		
Sweetcorn																		
Peas																		
Tomato																		
Lettuce																		
Beetroot																		
Cucumber																		
Coleslaw			٧			٧												
Fruit																		
Natural Yoghurt						٧												
Plain Muffin	٧		٧			٧						٧			٧			
Chocolate Sponge	٧		٧			٧						٧			٧			
Custard						٧												
Rice Pudding						٧												
Peaches																		
Melon																		
Carrot & Potato Soup																		

Last updated 13/03/2025

DISHES AND THEIR ALLERGEN CONTENT LUNCH WEEK THREE

DISHES					Jupin Flour	Milk		MUSTARD				CO TANK					
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Sulphites	Celery	Wheat	Barley	Oats	Rye
Steak Mince & Vegetables																	
Macaroni Cheese	√					٧								٧			
Salmon Fish Fingers	٧			٧										٧			
Pork Sausages	٧													٧			
Gravy																	
Chicken Goujons	٧		٧			٧								٧	٧	٧	٧
Garlic Bread	^										٧			٧	٧		
Pasta	٧													٧			
Potatoes																	
Peas																	
Broccoli																	
Baked Beans																	
Cauliflower																	
Carrots																	
Tomato																	
Beetroot																	
Cucumber																	
Lettuce																	
Toffee Pudding	^		\			٧								٧			
Custard						٧											
Fruit																	
Tomato Soup																	
Gingerbread Sponge	٧		٧											٧			
Cornflake Biscuit	٧		٧											٧			

Last Updated: 13/03/2025

DISHES AND THEIR ALLERGEN CONTENT

LUNCH WEEK FOUR

DISHES		T.				Milk		MUSTARD	2				ane.					
2101120	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc			Peanuts	Sesame		Sulphites	Celery	Wheat	Barley	Oats	Rye
Cheese Melt Baguette	٧					٧					٧				٧	>		
Roast Chicken																		
Gravy																		
Tomato Pasta	٧														٧			
Steak Pie	٧														٧			
Salmon & Sweet Potato Fishcake	٧			٧											٧			
Potatoes																		
Roll	٧		٧			٧					٧	٧			٧	٧	٧	٧
Pasta	٧														٧			
Baked Beans																		
Broccoli																		
Sweetcorn																		
Peas																		
Carrots																		
Cucumber																		
Lettuce																		
Tomato																		
Coleslaw			٧			٧												
Melon Slice																		
Chocolate Oat Cookie	٧														٧		V	
Lentil Soup																		
Fruit																		
Natural Yoghurt						٧												
Shortbread	٧														٧			

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