
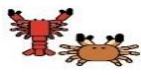














# DISHES AND THEIR ALLERGEN CONTENT















## Lunch WEEK ONE

DISHES																		
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Chicken Curry	✓							✓					✓	✓	✓			
Macaroni Cheese	✓					✓		✓							✓			
Salmon Fish Fingers	✓			✓											✓			
Pork Sausages	✓														✓			
Gravy																		
Mince Steak & Vegetables																		
Rice																		
Garlic Bread	✓										✓				✓	✓		
Potatoes																		
Pasta	✓														✓			
Sweetcorn																		
Baked Beans																		
Peas																		
Broccoli																		
Sweetcorn & Peas																		
Salad																		
Fruit Salad																		
Natural Yoghurt						✓												
Melon																		
Orange Cake	✓		✓												✓			
Custard						✓												
Potato & Leek Soup														✓				



# DISHES AND THEIR ALLERGEN CONTENT

# Lunch WEEK THREE

DISHES	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame	 Soya	 Sulphites	 Celery	Wheat	Barley	Oats	Rye
Steak Mince & Vegetables																		
Macaroni Cheese	✓					✓		✓							✓			
Chicken Goujons	✓		✓			✓									✓	✓	✓	✓
Pork Sausages	✓														✓			
Salmon Fish Fingers	✓			✓											✓			
Potato																		
Garlic Bread	✓										✓				✓	✓		
Pasta	✓														✓			
Potatoes																		
Peas																		
Carrots																		
Broccoli																		
Baked Beans																		
Cauliflower																		
Salad																		
Toffee Pudding	✓		✓			✓									✓			
Custard						✓												
Fruit																		
Fruit Bowl																		
Tomato Soup														✓				
Cornflake Biscuit	✓		✓												✓			
Natural Yoghurt																		
Gingerbread Sponge	✓		✓												✓			















# DISHES AND THEIR ALLERGEN CONTENT

## Lunch WEEK FOUR

DISHES																		
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Salmon & Sweet Potato Fishcake	✓			✓											✓			
Roast Chicken																		
Gravy																		
Tomato Pasta	✓														✓			
Steak Pie	✓													✓	✓			
Beef & Baked Bean Hotpot																		
Potatoes																		
Roll	✓		✓			✓					✓	✓			✓	✓	✓	✓
Pasta	✓														✓			
Baked Beans																		
Broccoli																		
Sweetcorn																		
Carrots																		
Peas																		
Salad			✓			✓												
Melon Slice																		
Chocolate Oat Cookie	✓														✓		✓	
Lentil Soup														✓				
Fruit																		
Natural Yoghurt						✓												
Shortbread	✓														✓			

# DISHES AND THEIR ALLERGEN CONTENT

## Light Teas Week One

DISHES	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame	 Soya	 Sulphites	 Celery	Wheat	Barley	Oats	Rye
Lentil Soup														√				
Tuna Mayo Roll	√		√	√		√						√			√	√	√	√
Salad																		
Cottage Pie & Baked Beans																		
Fruit																		
Natural Yoghurt						√												
Cheese Sandwich	√					√									√	√		
Strawberry Mousse						√												
Tomato Soup														√				
Oatie Biscuit	√														√		√	
Vegetable Soup														√				
Chicken Picky Plate	√														√			




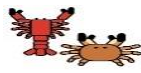
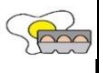

















# DISHES AND THEIR ALLERGEN CONTENT




## Lunch Vegetarian Week One

DISHES																		
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Vegetable & Lentil Curry	√							√					√	√	√			
Macaroni Cheese	√					√									√			
Vegetable Fingers	√														√			
Vegetarian Sausages	√											√	√		√			
Gravy																		
Lentil & Vegetable Casserole																		
Rice																		
Garlic Bread	√										√				√	√		
Potatoes																		
Pasta	√														√			
Sweetcorn																		
Baked Beans																		
Peas																		
Broccoli																		
Sweetcorn & Peas																		
Salad																		
Fruit Salad																		
Natural Yoghurt						√												
Melon																		
Orange Cake	√		√												√			
Custard						√												
Potato & Leek Soup														√				

















# DISHES AND THEIR ALLERGEN CONTENT

## Lunch Vegetarian Week Three

DISHES																		
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Vege Balls in Tomato sauce	√											√	√	√	√			
Macaroni Cheese	√					√									√			
Vegetable Finger	√														√			
Vegetarian Sausages	√											√	√		√			
Gravy																		
Spring Roll	√											√			√			
Potato																		
Garlic Bread	√										√				√	√		
Pasta	√														√			
Potatoes																		
Peas																		
Carrots																		
Broccoli																		
Baked Beans																		
Cauliflower																		
Salad																		
Toffee Pudding	√		√			√									√			
Custard						√												
Fruit																		
Fruit Bowl																		
Cornflake Biscuit	√		√												√			
Tomato Soup																		
Natural Yoghurt						√												
Gingerbread Sponge	√		√												√			















# DISHES AND THEIR ALLERGEN CONTENT

## Lunch Vegetarian Week Four

DISHES																		
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Potato & Vegetable Cake	√		√												√	√	√	√
Vegetable Burger	√											√	√		√			
Gravy																		
Tomato Pasta	√														√			
Vegetable Pie	√					√									√			
Potato & Bean Pie																		
Potatoes																		
Roll	√		√			√					√	√			√	√	√	√
Pasta	√														√			
Broccoli																		
Sweetcorn																		
Carrots																		
Peas																		
Salad			√			√												
Melon Slice																		
Chocolate Oat Cookie	√														√		√	
Lentil Soup														√				
Fruit																		
Natural Yoghurt						√												
Shortbread	√														√			

# DISHES AND THEIR ALLERGEN CONTENT

# VEGETARIAN LIGHT TEAS WEEK ONE















DISHES	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame	 Soya	 Sulphites	 Celery	Wheat	Barley	Oats	Rye
Lentil Soup														✓				
Cheese Roll	✓		✓			✓					✓	✓			✓	✓	✓	✓
Salad																		
Lentil & Veg Casserole																		
Cheese Sandwich	✓					✓									✓	✓	✓	✓
Vegetable Soup														✓				
Tomato Soup														✓				
Oatie Biscuit	✓														✓		✓	
Strawberry Mousse						✓												
Fruit																		
Natural Yoghurt						✓												
Vegetable Soup														✓				
Quorn Chicken Picky Plate	✓														✓			





# DISHES AND THEIR ALLERGEN CONTENT

## VEGETARIAN Light Teas Week Four

DISHES																		
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Carrot & Potato Soup														√				
Cheese Sandwich	√					√									√	√	√	√
Cheese & Egg Picky Plate	√		√			√									√			
Melon & Grapes																		
Natural Yoghurt						√												
Baked Potato with Beans																		
Fruit																		
Vegetable Noodle Soup	√		√											√	√			
Apple Crumble	√														√		√	
Cheese & Pepper Wrap	√					√									√			
Potato Soup														√				