

# LUNCH AND LIGHT TEA?



## MONDAY

Vegetable and Lentil  
Curry  
Rice  
Sweetcorn  
Cucumber

Fruit and Natural  
Yoghurt

## WEEK ONE

## TUESDAY

Macaroni Cheese  
Garlic Bread  
Broccoli  
Tomato

Melon Slice

## WEDNESDAY

Potato and Leek Soup

Vegetable Fingers  
Pasta  
Sweetcorn and Peas  
Grated Carrot

## THURSDAY

Vegetarian Sausages  
with optional Gravy  
Potatoes  
Peas  
Beetroot

Fruit and Natural  
Yoghurt



## FRIDAY

Lentil and Vegetable  
Casserole  
Potatoes  
Baked Beans  
Lettuce

Orange Cake with  
Fruit and optional  
Custard

## LIGHT TEA

Lentil Soup

Cheese Roll with  
Salad

Vegetable and Lentil  
Casserole

Fruit and Natural  
Yoghurt

Cheese Sandwich with  
Salad

Strawberry Mousse

Tomato Soup

Oatie Biscuit with  
Fruit

Vegetable Soup

Quorn Chicken Picky  
Plate



# LUNCH AND LIGHT TEA?



## MONDAY

Potato and Baked  
Bean Pie  
Pasta  
Carrots  
Tomato

Fruit and Natural  
Yoghurt

## LIGHT TEA

Jacket Potato with  
Cheese

Fruit and Natural  
Yoghurt



## WEEK TWO

## TUESDAY

Cheesy Vegetable  
Pasta  
1/2 Bread Roll  
Broccoli  
Lettuce

Plain Muffin and  
Fruit

Lentil Soup

Quorn Chicken Slice  
Sandwich with Salad

## WEDNESDAY

Vegetable Fricasse  
Rice  
Sweetcorn  
Beetroot

Chocolate Sponge  
with Fruit and  
optional Custard

Yellow Split Pea Soup

Quorn Chicken picky  
plate

## THURSDAY

Vegetable and Potato  
Cakes  
Potatoes  
Peas  
Coleslaw

Rice Pudding with  
Peaches

Vegetable Pasta Bake

Fruit and Natural  
Yoghurt



## FRIDAY

Carrot and Potato  
Soup

Vegetable Burger with  
optional Gravy  
Potatoes  
Broccoli  
Cucumber

Cheese and Egg picky  
plate

Fruit Bowl Selection



# LUNCH AND LIGHT TEA?



## MONDAY

Vege Balls in Tomato  
Sauce  
Potatoes  
Peas  
Grated Carrots

Toffee Pudding with  
Fruit and optional  
Custard

## WEEK THREE

## TUESDAY

Tomato Soup  
  
Macaroni Cheese  
Garlic Bread  
Broccoli  
Tomato

## WEDNESDAY

Vegetable Fingers  
Potatoes  
Cauliflower  
Beetroot

Gingerbread Sponge  
with Fruit and  
optional Custard

## THURSDAY

Vegetarian Sausages  
with optional Gravy  
Potatoes  
Baked Beans  
Cucumber

Cornflake Biscuit and  
Fruit

Quorn Chicken Salad  
Wrap

Fruit and Natural  
Yoghurt



## FRIDAY

Spring Roll  
Pasta  
Carrots  
Lettuce

Fruit and Natural  
Yoghurt

## LIGHT TEA

Vegetable Soup

Cheese Sandwich with  
Salad

Quorn Chicken Picky  
Plate

Fruit and Natural  
Yoghurt



# LUNCH AND LIGHT TEA?



## MONDAY

Cheese Melt Baguette  
Potatoes  
Baked Beans  
Cucumber  
  
Melon Slice

## WEEK FOUR

## TUESDAY

Vegetable Burger with  
optional Gravy  
Potatoes  
Broccoli  
Grated Carrot  
  
Chocolate Oat Cookie  
with Fruit

## WEDNESDAY

Lentil Soup  
  
Tomato Pasta  
1/2 Bread Roll  
Sweetcorn  
Lettuce

## THURSDAY

Vegetable Pie  
Potatoes  
Peas  
Tomato  
  
Fruit and Natural  
Yoghurt

## FRIDAY

Potato and Vegetable  
Cake  
Pasta  
Carrots  
Coleslaw  
  
Shortbread with Fruit



## LIGHT TEA

Carrot and Potato  
Soup

Cheese and Egg Picky  
Plate

Jacket Potato with  
Baked Beans

Vegetable Noodle  
Soup

Potato Soup

Cheese Sandwich  
with Salad

Melon and Grapes  
with Natural Yoghurt

Fruit and Natural  
Yoghurt

Apple Crumble with  
Fruit

Cheese and Red  
Pepper Wrap

