






DISHES AND THEIR ALLERGEN CONTENT

Lunch WEEK ONE








KF

DISHES	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame	 Soya	 Sulphites	 Celery	Wheat	Barley	Oats	Rye
Chicken Curry	√							√					√	√	√			
Macaroni Cheese	√					√		√							√			
Salmon Fish Fingers	√			√											√			
Pork Sausages	√														√			
Gravy																		
Mince Steak & Vegetables																		
Rice																		
Garlic Bread	√										√				√	√		
Potatoes																		
Pasta	√														√			
Sweetcorn																		
Baked Beans																		
Peas																		
Broccoli																		
Sweetcorn & Peas																		
Salad																		
Fruit Salad																		
Natural Yoghurt						√												
Melon																		
Orange Cake	√		√												√			
Custard						√												
Potato & Leek Soup														√				

DISHES AND THEIR ALLERGEN CONTENT

Lunch WEEK THREE













KF

DISHES																		
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Steak Mince & Vegetables																		
Macaroni Cheese	√					√		√							√			
Chicken Goujons	√		√			√						√			√			
Pork Sausages	√														√			
Gravy																		
Salmon Fish Fingers	√			√											√			
Potato																		
Garlic Bread	√										√				√	√		
Pasta	√														√			
Potatoes																		
Peas																		
Carrots																		
Broccoli																		
Baked Beans																		
Cauliflower																		
Salad																		
Toffee Pudding	√		√			√									√			
Custard						√												
Fruit																		
Fruit Bowl																		
Tomato Soup														√				
Cornflake Biscuit	√		√												√			
Gingerbread Sponge	√		√												√			

DISHES AND THEIR ALLERGEN CONTENT

Lunch WEEK FOUR















KF

DISHES																		
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Salmon & Sweet Potato Fishcake	√			√											√			
Roast Chicken																		
Gravy																		
Tomato Pasta	√														√			
Steak Pie	√														√			
Beef & Baked Bean Hotpot														√				
Potatoes																		
Roll	√					√						√			√			
Pasta	√														√			
Baked Beans																		
Broccoli																		
Sweetcorn																		
Carrots																		
Peas																		
Coleslaw			√			√												
Salad																		
Melon Slice																		
Chocolate Oat Cookie	√														√		√	
Lentil Soup														√				
Fruit																		
Natural Yoghurt						√												
Shortbread	√														√			

DISHES AND THEIR ALLERGEN CONTENT

Light Teas Week One















KF

DISHES	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame	 Soya	 Sulphites	 Celery	Wheat	Barley	Oats	Rye
Lentil Soup														✓				
Tuna Mayo Roll	✓		✓	✓		✓						✓			✓			
Salad																		
Cottage Pie & Baked Beans																		
Fruit																		
Natural Yoghurt						✓												
Cheese Sandwich	✓					✓						✓			✓	✓		
Strawberry Mousse						✓												
Tomato Soup														✓				
Oatie Biscuit	✓														✓		✓	
Vegetable Soup														✓				
Chicken Picky Plate	✓														✓			

DISHES AND THEIR ALLERGEN CONTENT

Light Teas Week Three



KF

DISHES																		
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Vegetable Soup														√				
Cheese Sandwich	√					√						√			√			
Salad																		
Chicken Picky Plate	√					√						√			√			
Fruit																		
Natural Yoghurt						√												
Lentil Soup														√				
Tuna Mayo Sandwich	√		√	√		√						√			√			
Bolognaise Pasta	√														√			
Fruit Bowl Selection																		
Chicken Slice Salad Wrap	√														√			

DISHES AND THEIR ALLERGEN CONTENT

Lunch Vegetarian Week One


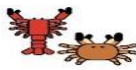
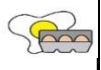











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DISHES																		
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Vegetable & Lentil Curry	√							√					√		√			
Macaroni Cheese	√					√									√			
Vegetable Fingers	√														√			
Vegetarian Sausages	√											√	√		√			
Gravy																		
Lentil & Vegetable Casserole																		
Rice																		
Garlic Bread	√														√			
Potatoes																		
Pasta	√														√			
Sweetcorn																		
Baked Beans																		
Peas																		
Broccoli																		
Sweetcorn & Peas																		
Salad																		
Fruit Salad																		
Natural Yoghurt						√												
Melon																		
Orange Cake	√		√												√			
Custard						√												
Potato & Leek Soup														√				
Sweetcorn Soup														√				

DISHES AND THEIR ALLERGEN CONTENT

Lunch Vegetarian Week Three



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DISHES																		
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Vege Balls in Tomato sauce	√											√	√		√			
Macaroni Cheese	√					√									√			
Vegetable Finger	√														√			
Vegetarian Sausages	√											√	√		√			
Gravy																		
Spring Roll	√											√			√			
Potato																		
Garlic Bread	√														√			
Pasta	√														√			
Potatoes																		
Peas																		
Carrots																		
Broccoli																		
Baked Beans																		
Cauliflower																		
Salad																		
Toffee Pudding	√		√			√									√			
Custard						√												
Fruit																		
Fruit Bowl																		
Cornflake Biscuit	√		√												√			
Tomato Soup																		
Natural Yoghurt						√												
Gingerbread Sponge	√		√												√			

DISHES AND THEIR ALLERGEN CONTENT

Lunch Vegetarian Week Four















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DISHES	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame	 Soya	 Sulphites	 Celery	Wheat	Barley	Oats	Rye
Potato & Vegetable Cake	√		√									√			√			
Vegetable Burger	√											√	√		√			
Gravy																		
Tomato Pasta	√														√			
Vegetable Pie	√					√									√			
Lentil & Vegetable casserole																		
Potatoes																		
Roll	√					√						√			√			
Pasta	√														√			
Baked Beans																		
Broccoli																		
Sweetcorn																		
Carrots																		
Peas																		
Salad			√			√												
Melon Slice																		
Chocolate Oat Cookie	√														√		√	
Lentil Soup														√				
Fruit																		
Natural Yoghurt						√												
Shortbread	√														√			

DISHES AND THEIR ALLERGEN CONTENT

VEGETARIAN Light Teas Week One















KF

DISHES	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame	 Soya	 Sulphites	 Celery	Wheat	Barley	Oats	Rye
Lentil Soup														✓				
Cheese Roll	✓		✓			✓					✓				✓	✓	✓	✓
Salad																		
Lentil & Veg Casserole																		
Cheese Sandwich	✓					✓						✓			✓			
Vegetable Soup														✓				
Tomato Soup														✓				
Oatie Bicuit	✓														✓		✓	
Strawberry Mousse						✓												
Fruit																		
Natural Yoghurt						✓												
Quorn Chicken Picky Plate	✓														✓			

DISHES AND THEIR ALLERGEN CONTENT

VEGETARIAN Light Teas Week Four

KF

DISHES																		
	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Celery	Wheat	Barley	Oats	Rye
Carrot & Potato Soup														✓				
Cheese Sandwich	✓					✓						✓			✓			
Cheese & Egg Picky Plate	✓		✓			✓									✓			
Melon & Grapes																		
Natural Yoghurt						✓												
Baked Potato with Beans																		
Fruit																		
Vegetable Noodle Soup	✓		✓											✓	✓			
Apple Crumble	✓														✓		✓	
Cheese & Pepper Wrap	✓					✓									✓			
Potato Soup														✓				