# Mould is a fungus that grows in damp conditions.  It releases spores into the air that can be toxic. It is important to control the condensation in your home to stop any mould growing.

**Follow our 'Removing Mould Checklist' below to get rid of any mould in your home**

- ✓ Make sure you use a fungicidal product that is Health & Safety Executive approved (HSE).
- ✓ Follow the instructions on the bottle, wear protective gear such as rubber gloves and a face mask so you don't inhale mould or chemical fumes.
- ✓ Cleaning will release mould spores into the air so open any windows  and close doors  to stop the spores spreading to other areas of the house.
- ✓ Leave windows open during and after the cleaning.
- ✓ Prepare a bucket of warm water with mild washing up liquid or laundry detergent and some cloths that can be thrown away after cleaning the mould.
- ✓ Have a big plastic bag ready to take away any cloths, clothes, curtains, rugs etc. for cleaning in case they have mould spores in them.
- ✓ Keep children and pets away.
- ✓ Wipe any visible mould or black spots off walls, ceilings and paintwork and wipe with a dry cloth when finished.
- ✓ Once you have removed the mould from the problem areas, all surfaces in the room should be thoroughly cleaned and hoovered to remove any stray mould spores.
- ✓ Place everything in a plastic bag and either put it in the bin or take for further deeper cleaning.
- ✓ If you redecorate, use a good quality anti-mould paint or fungicidal wallpaper paste instead of standard products.