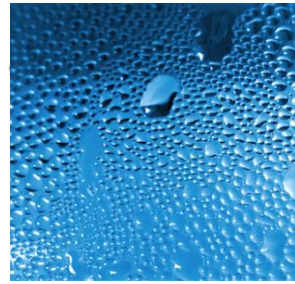


Condensation happens when there's too much warm moisture in the air that comes into contact with a cold surface and makes drops of water. Condensation only becomes a problem when it builds up and causes mould.



Please follow our easy, everyday tips you can do at home to help stop condensation.

What causes condensation?

- ✓ Steam from cooking and kettle
- ✓ Steam from showers/baths
- ✓ Drying washing, especially over radiators/heaters
- ✓ Extremes of temperatures in different rooms
- ✓ Not enough air/ventilation
- ✓ Even moisture from our breathing and when sleeping adds to the overall moisture in the air
- ✓ Portable paraffin and bottle gas (each litre burnt releases one litre of water moisture into the air)
- ✓ Pets
- ✓ Plants

What can I do to reduce it?

- ✓ Wipe any condensation that appears on windows/surfaces daily.
- ✓ Air your home as much as possible to let moist air out and dry air in. Open windows up and down stairs, front and back of house for around 30 minutes daily with internal doors open to let the air move.
- ✓ Use trickle vents or open window slightly overnight, particularly in bedrooms.
- ✓ Try to keep heating low and constant, approx. 14-21°C
- ✓ When cooking, use lower heat, pan lids, fan, cooker hood and/or open window/trickle vents.
- ✓ When bathing/showering, use fan, open window, keep bathroom door shut.
- ✓ Hang washing outside when possible. Make sure any tumble dryer is vented to outside.
- ✓ Use a dehumidifier, especially if you dry your clothes indoors. They can be cheap to buy and use.

