



Elgin High School Sports Centre

Timetable

(with affect from 13th October 2025)

Monday	5.00pm - 9.00pm	Fitness Suite
	5.30pm - 6.30pm	Body Blast Class
	6.30pm – 7.30pm	Body Stretch Class
	6.00pm - 9.00pm	Games Hall & Gymnasium
	6.00pm - 9.30pm	Astro Pitch
Tuesday	5.00pm - 9.00pm	Fitness Suite
	6.00pm - 9.00pm	Games Hall & Gymnasium
	6.00pm - 9.30pm	Astro Pitch
Wednesday	5.00pm - 9.00pm	Fitness Suite
	5.30pm - 6.30pm	Body Pump Circuit
	6.00pm - 9.00pm	Games Hall & Gymnasium
	6.00pm - 9.30pm	Astro Pitch
Thursday	5.00pm - 9.00pm	Fitness Suite
	6.00pm - 9.00pm	Games Hall & Gymnasium
	6.00pm - 9.30pm	Astro Pitch
Friday	2.30pm - 9.00pm	Fitness Suite
	2.30pm - 9.00pm	Games Hall & Gymnasium
	2.30pm - 9.30pm	Astro Pitch
Saturday	9.00am - 12.30pm	Fitness Suite
	9.00am - 12.30pm	Games Hall & Gymnasium
	9.00am - 12.30pm	Astro Pitch

This timetable may be subject to change at short notice

Fitness Classes

Classes are free with FitLife card.

The Fitness Suite is available for users who have completed an induction or self-induction.

Please book your induction with the duty staff.