

Introduction



In Scotland a lot of people with Learning Disabilities used to live in big hospitals.



Now, most live in small houses or with their families. Most people with learning disabilities like this and want to stay like this.

This will be difficult because:



- There are more people with Learning Disabilities



- There is not enough money



- People with Learning Disabilities and their families want more day services, respite, places to live and social activities.



We hope that people with Learning Disabilities and all the people that support and care for them (family, doctors, nurses, social workers) will work together so



that people with learning disabilities can be happy and healthy.

We will do this by:



1. Helping people with learning disabilities to do things for themselves by having the right support at the right time, knowing what support they can get, knowing what is safe to do and what is not safe to do.

2. Helping people with Learning Disabilities to feel part of the town where they live by:



- Making sure they can get into the places they go to and are made to feel welcome.



- Telling other people about Learning Disabilities so that they are not frightened.



- Talk to people with Learning Disabilities about things they need to know like how to stay healthy and safe.



- People with Learning Disabilities helping other people.



3. Making sure that people with Learning Disabilities who need to go to the Doctor or to hospital get the extra help they need so that:



- They feel happy about seeing the doctor or nurse.



- Their families know they will get the help they need and that the Doctors or nurses will understand them.

4. Making sure that people with Learning Disabilities feel safe by:



- Making sure the professionals (doctor, nurse, social worker) know what to do if they think the person with Learning Disabilities is not safe or is being hurt by someone.



- Checking that the person with Learning Disabilities is doing something safe for them and others.



- Making sure that people with Learning Disabilities get the right support or care to keep them safe.



- #### 5. Making sure that professionals (nurses, etc) write down things which are important. This is to make sure staff know how to support people with Learning Disabilities.



6. Make sure that staff who provide support or care are properly trained.

7. Work with others to support people with special needs and:



- Talk to people with Learning Disabilities and their families to make sure we are doing it right.



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- Talk to people who can give us houses to make sure people with Learning Disabilities who need a house

get one.



- Talk to people who also support adults with Learning Disabilities (schools, doctors, social workers) to make sure we work together.



8. To have groups of people who will work together to make all the things in this plan happen including families and advocates.



9. To look at how we provide support and care and change them if we need to, to make sure everyone who needs support can get it.



10. Make sure that people with a Learning Disabilities have the chance to keep learning new things that they will need to know (Cooking safety, counting) by:



- Asking them and their school and family what they need help with.



- Working with the college and others to make sure they can teach the things they need to know.



11. To check that services are doing what they are supposed to do and are doing it well.

If you want to know more, talk to a staff member, your advocate or Anne Slee (01343 562117) who is in charge of Learning Disability Services in Moray.

You can get another copy of this summary and a full copy of the strategy on the internet at www.moray.gov.uk.