



Sports & Leisure Services
Forres House Community Centre
Sports Timetable

Monday 13th April – Saturday 27th June 2009

Monday	9.00am - 12.00pm	Adult Public Badminton (4 courts)
	10.00am - 12.00pm	Hot Shots
	12.00pm - 1.00pm	Public Badminton (5 courts)
	1.30pm - 3.30pm	Forres Indoor Bowlers
	1.30pm - 3.00pm	Moray Steiner School
	3.30pm - 4.30pm	Out of School Club
	7.00pm - 10.00pm	Forres House Volleyball
Tuesday	9.00am - 11.00am	Adult Public Badminton (2 courts)
	10.00am - 11.00am	Dancercise
	11.00am - 12.00pm	Adult Public Badminton (4 courts)
	11.00am - 3.00pm	Adult Public Badminton (2 courts)
	12.30pm - 1.30pm	Anderson's Primary
	1.30pm - 3.00pm	Moray Steiner School
	3.30pm - 4.30pm	Anderson's Primary
	5.30pm - 6.30pm	James Jones Football
	6.30pm - 10.00pm	Adult Public Badminton (2 courts)
7.00pm - 9.15pm	Trampoline Club (P4-7 &S1-S6)	
Wednesday	9.00am - 10.00am	Adult Public Badminton (5 courts)
	10.00am - 12 noon	Adult Public Badminton (2 courts)
	10.00am - 11.00am	Daoyin
	11.00am - 12.00noon	Tai Chi
	12 noon - 2.00pm	Adult Public Badminton (5 courts)
	2.00pm - 3.30pm	Adult Public Badminton (2 courts)
	3.30pm - 4.30pm	After Schools Club
	5.00pm - 6.45pm	Badminton Moray
	7.00pm - 10.00pm	Forres House Archery
Thursday	9.00am - 10.00am	Adult Public Badminton (4 courts)
	9.00am - 12 noon	Towerview (Trampoline Rebound Therapy)
	10.00am - 12 noon	Golden Girls (Badminton)
	12 noon - 1.30pm	Adult Public Badminton (5 courts)
	1.30pm - 3.00pm	Moray Steiner School
	3.30pm - 4.30pm	Applegrove Primary
	4.30pm - 7.30pm	Ross County Football
	5.15pm - 6.45pm	Phoenix Martial Arts
	7.30pm - 10.00pm	Adult Public Badminton (5 Courts)
Friday	9.00am - 12.30pm	Adult Public Badminton (3 courts)
	10.00am - 12.00pm	Hotshots
	12.30pm - 1.30pm	Anderson's Primary
	1.30pm - 3.30pm	Adult Public Badminton (5 courts)
	3.30pm - 4.30pm	Anderson's Primary (4 courts)
	3.30pm - 4.30pm	After School Club (1 court)
	4.30pm - 8.00pm	Forres Academy Badminton
	8.00pm - 10.00pm	Pay and play Football (16's up)
Saturday	10.00am - 11.00am	Trampoline Club (P4-P7)
	10.00am - 12.00	Racket Sports and Ball Games
	9.00am - 4.00pm	All day public badminton Also Hall available for private hire Football parties etc