

## Moray Council Outdoor Activity Generic Risk Assessments

### 5. Dinghy Sailing

**Risk to:** Instructors/Group members

| Hazard                          | Risk  | Control measures   |
|---------------------------------|---|--|
| 1. Lifting and moving boats     | Manual handling injury.   | Instructors will be trained within the NGB coaching scheme on correct lifting and handling.<br>Group members will be briefed by instructor and are supervised.   |
| 2. Access to/egress from water. | Trips slips and falls.<br>Immersion.<br>Group separation by wind tide or current.                                 | Instructors will be trained to NGB standards in group management and control.<br>Instructors will check access and egress points.<br>Instructors will brief groups on safe and appropriate access and egress.<br>Instructors will define a safe staging point or operational area and group members will be briefed to stay at or within it.   |
| 3. Water activity               | Immersion.<br>Injury from equipment.<br>Entrapment.<br>Collisions.<br>Biological infection.<br>Water level/state. | Instructors will be trained to NGB standards in group management and instructional techniques appropriate to the level of the activity.<br>Instructors will choose a suitable venue taking account of the nature of the activity, the ability level of the group, water and weather conditions and the equipment available.<br>Group members will wear or carry clothing appropriate for the specific activity and venue.<br>Group members will wear a buoyancy aid, which meets the appropriate specifications.<br>Group members will be briefed on hazards specific to the craft and area of water being used and will be instructed in the skills and techniques needed to avoid them/deal with them.<br>A rescue craft adequate for the anticipated conditions and the group size will be on the water, operated by appropriately qualified staff.<br>The instructor and the group will carry safety and rescue equipment appropriate for the specific activity and venue. |
| 4. Equipment                    | Unsuitability.<br>Failure.<br>Damaged.<br>Wrongly fitted.   | All equipment will meet current specifications and/or accepted standards where applicable and will be suitable for its intended use.<br>Equipment will be regularly maintained, serviced and where required tested to current specifications.<br>Instructors will carry a repair kit suitable for the activity.<br>Instructors will visually check equipment at time of issue. If group members are using their own equipment the Instructor will ensure it is suitable for the expected conditions and nature of the activity.<br>Instructors will make a final check of equipment prior to the activity starting ensuring that buoyancy aids are correctly fitted and fastened, boats are properly rigged and fitted out and equipment carried is properly secured.  |
| 5. Weather and conditions       | Possible increased risk level.<br>Cold.<br>Hypothermia.<br>Wind.<br>Sunburn.                                      | Instructors will obtain information on weather, water levels, and other relevant factors and make an assessment of conditions prior to any activity taking place.<br>Instructors will modify or curtail the activity if prevailing conditions are inappropriate for the group or the planned activity.<br>Instructors will ensure that each member of the group is appropriately clothed, carries sufficient food and that additional food, clothing and equipment is available to suit the expected conditions and nature of the activity.<br>Instructors will be First Aid trained to the level required by the NGB for the activity.  |

**Moray Council**  
**Outdoor Activity Site/Route Specific Risk Assessments**

**Activity:**

**Risk to:**

| Hazard | Risk | Control measures |
|--------|------|------------------|
|        |      |                  |
|        |      |                  |
|        |      |                  |
|        |      |                  |
|        |      |                  |

Continue on separate sheet if required.