

## The Moray Council Outdoor Activity Generic Risk Assessments

### 3.2 Snowsports: Nordic Skiing

Risk to: Leaders/Participants

Hazard	Risk	Control measures
1. Skiing activity	Slips and falls. Collisions Group separation	Leaders will be trained to NGB standards in group management and instructional techniques appropriate to the level of the activity Leaders will choose a suitable venue taking account of the nature of the activity, the ability level of the group and weather conditions. Participants will wear or carry clothing appropriate for the specific activity and venue. Participants will be briefed on hazards specific to the activity and area being used and will be instructed in the skills and techniques needed to avoid them/deal with them. Leaders and group will carry safety equipment appropriate for the specific activity and venue.
2. Equipment	Unsuitability. Failure. Damaged. Wrongly fitted.	All equipment will meet current specifications and/or accepted standards where applicable and will be suitable for its intended use. Equipment will be regularly maintained and serviced. Leaders will carry a repair kit suitable for the activity. Leaders will visually check equipment at time of issue. If participants are using their own equipment, leaders will ensure it is suitable for the expected conditions and nature of the activity. Leaders will make a final check of equipment prior to the activity starting ensuring that it is fitted properly.
3. Snow and weather conditions	Possible increased risk level. Cold. Hypothermia. Sunburn.	Leaders will obtain information on weather and other relevant factors and make an assessment of conditions prior to any activity taking place. Leaders will modify or curtail the activity if prevailing conditions are inappropriate for the group or the planned activity. Leaders will ensure that participant is appropriately clothed, carries sufficient food and that additional food, clothing and equipment is available to suit the expected conditions and nature of the activity. Leaders will be First Aid trained to the level required by the NGB for the activity.

<b>Document reviewed and updated.</b> <b>Date: 2/03/13</b>	<b>By: Dave Horrocks</b>	<b>Next review due</b> <b>Date: 22/03/14</b>
---	--------------------------	---