

The Moray Council

Outdoor Activity Generic Risk Assessments

6. Orienteering

Risk to: Leaders/Participants

| Hazard | Risk | Control measures |
|---|--|---|
| 1. Ground conditions. | Slips. Falls. Lost group/group members. Remoteness. | Leaders will be trained to NGB or Moray Council standards in group management, instructional techniques and emergency procedures appropriate to the level of the activity and will operate within the remit of their training and experience Leaders will choose a suitable venue taking account of the nature of the activity, the ability level of the group, weather conditions and the equipment available. Participants will be briefed on hazards specific to the area being used and will be instructed in the skills and techniques needed to avoid them/deal with them. Leader's will ensure that safety equipment appropriate for the specific activity and venue is carried Leaders will carry an emergency shelter suitable for the entire party A system for dealing with incidents will be in place, including effective channels of communication, a base contact and late back procedure |
| 2. Equipment/clothing. | Unsuitability. Failure. Damage. | All equipment will meet current specifications and/or accepted standards where applicable and will be suitable for its intended use. Equipment will be regularly maintained and serviced. Leaders will visually check equipment at time of issue. If participants are using their own equipment, leaders will ensure it is suitable for the expected conditions and nature of the activity. Leaders will make a final check of equipment prior to the activity starting, ensuring that all participants are adequately clothed and equipped. |
| 3. Weather. | Cold and heat injury/trauma. Rapid changes overhead and in ground conditions. | Leaders will obtain information on weather and other relevant factors and make an assessment of conditions prior to any activity taking place. Leaders will modify or curtail the activity if prevailing conditions are inappropriate for the group or the planned activity. Leaders will ensure that each participant is appropriately clothed, carries sufficient food and that additional food, clothing and equipment is available to suit the expected conditions and nature of the activity. Leaders will be First Aid trained to the level required by the NGB for the activity or The Moray Council. |
| 4. Water hazards: i) Swollen streams and rivers ii) Flooding iii) Marshes and bogs iv) Lochs and ponds v) Coastal waters | Drowning Being swept away Hypothermia N.B Slips and trips which may occur from the simple crossing of inconsequential water courses of no more than ankle depth should be considered within the same context of those as for: 1.Ground conditions | Leaders will plan the journey to avoid water hazards. Leaders will operate within the remit of their training and experience |
| 5. Getting lost | Delayed return Hypothermia | Leaders will brief participants on operational area, due back time and emergency procedures. Participants will usually be in pairs for experiential sessions or will have received adequate prior training to enable them to operate safely alone. Participants will carry whistles for signalling in emergencies. |

Document reviewed and updated.

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Next review due

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