

Shared Lives Service

The Moray Shared Lives Service provides day support, respite and short breaks to any adult with support needs, in particular those with:

- *Dementia and/or people who may be socially isolated*
- *Physical disabilities*
- *Mental health issues*
- *Learning disabilities*

Support is tailored to meet individual needs while helping to maintain independence and promoting physical, mental and emotional wellbeing. The service can also provide regular respite for unpaid carers who support a person to remain at home.

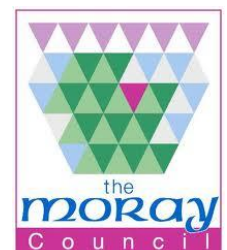
Services are prioritised to people who have been assessed as needing them most, eg because the individual is at risk of moving into care, their health is at risk or their family is under stress.

The following can be provided:

Day Support: The Shared Lives carer will provide day care support, which may range from a few hours each week to longer periods as required.

Respite/short breaks: Some Shared Lives carers also provide respite/short breaks from their home. This can be anything from one night to two weeks or more, as required.

August 2014



Shared Lives Service

They provide single room accommodation and a comfortable, friendly environment.

The Shared Lives Service is based in the Shared Lives carer's own home. All Shared Lives carers are carefully selected and comprehensively assessed and trained.

They receive regular support from the Shared Lives officer and their homes are assessed to meet the National Care Standards.

A home safety check is also carried out to ensure issues of health and safety have been taken into account.

Activities

Shared Lives carers will carefully tailor activities to match the abilities and preferences of their service users, and may include:

- Reminiscence/shared reading and specific reablement activities;

- Visits to local cafes, the library or shops, community events and clubs;

- Arts and crafts;

- Time outdoors enjoying the local countryside and beaches;

- Appropriate card games, board games and puzzles.

How much does it cost?

A community care officer will conduct a financial assessment to see if any fees will be due for the service. This will be carried out and discussed fully, prior to any placement commencing.

How can I access the Shared Lives Service?

Contact Diane McLeary, Shared Lives officer on 563450 or the Access Care Team on 01343 563999.

Shared Lives Service

Comments from users of the Shared Lives service:

“Going to Hilary’s every Wednesday was like Christmas every week”

“Amazed at the choice Shared Lives offers – didn’t know you could get such a fabulous service”

“It is lovely, I am really enjoying it”

For further information, contact the Moray Council Adult Community Care Access Care Team on 01343 563999 or email: accesscareteam@moray.gov.uk

To see the full collection of adult community care fact sheets, visit <http://www.moray.gov.uk/communitycare/leaflets/> or call in at any Moray library or access point.