

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	lentil soup	moroccan chickpea soup	curried parsnip soup	vegetable soup	potato soup
Option 1 Main	homemade chicken pie	breaded whitehills haddock	chicken / vegetable fajitas	local produced roast beef yorkshire pudding	a selection of 'grab n go' snacks
Option 2 Main	ratatouille pasta bake	vegetable noodles	steak mince chilli con carne	sweet potato & chickpea curry	
Vegetables	sweetcorn sliced green beans mashed potatoes	broccoli florets garden peas chips	sweetcorn seasonal cabbage potato wedges long grain rice	sliced carrot mashed turnip boiled potatoes	
Dessert	iced sponge custard	chocolate crispie custard	apple sponge custard	swiss roll custard	

a selection of mixed salad, fresh fruit and yoghurt is available every day

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	carrot & coriander soup	potato & sweetcorn soup	szechuan hot & sour chicken soup	sweet potato & coconut soup	spicy lentil soup
Option 1 Main	homemade chicken curry naan bread	homemade traditional steak pie	roast chicken & gravy	hand made thai fishcakes sweet chilli dip	a selection of 'grab n go' snacks
Option 2 Main	macaroni cheese garlic bread	bean & vegetable casserole	yellow thai vegetable curry	vegetable cannelloni garlic bread	
Vegetables	garden peas cauliflower florets long grain rice	seasonal cabbage baton carrots mashed potato	sweetcorn brussel sprouts mashed potato long grain rice	sliced green beans broccoli florets jacket wedges	
Dessert	chocolate fudge pudding custard	rice pudding with apple & cinnamon	orange sponge custard	crispy date square custard	

a selection of mixed salad, fresh fruit and yoghurt is available **every** day

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	chicken noodle soup	mexican soup with chicken	lentil soup	roasted red pepper & sweet potato soup	
Option 1 Main	traditional beef & vegetable casserole	butchers pork sausages & gravy	hand made breaded fish goujons	jerk chicken savoury rice	a selection of 'grab n go' snacks
Option 2 Main	vegetable lasagne	cheesy pasta	tasty chicken / vegetable noodles	haggis / vegetarian haggis	
Vegetables	seasonal cabbage broccoli florets mashed potatoes	green beans sliced carrots boiled potatoes	sweetcorn garden peas sweet potatoes	sliced carrots mashed turnip mashed potato	
Dessert	apple & berry crumble custard	cocoa swiss roll custard	sticky toffee pudding custard	lemon crumble slice custard	

a selection of mixed salad, fresh fruit and yoghurt is available every day

Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	roasted red pepper & butternut squash soup	yellow split pea soup	sweet potato & carrot soup	potato & leek soup	
Option 1 Main	traditional steak mince	steak mince lasagne	roast pork & gravy	chicken & chorizo jambalaya	a selection of 'grab n go' snacks
Option 2 Main	moroccan vegetable tagine	honey mustard parsnip & potato bake	squash & pineapple thai curry	mixed bean enchiladas	
Vegetables	seasonal cabbage carrot batons mashed potato	broccoli florets mixed vegetables jacket wedges	cauliflower florets mashed turnip long grain rice boiled potatoes	sweetcorn garden peas mashed potato	
Dessert	chocolate sponge custard	bakewell tart custard	ginger pear upside down pudding custard	semolina with peaches	

a selection of mixed salad, fresh fruit and yoghurt is available **every** day