



## The Moray Shared Lives Service Newsletter

Edition No 5 - December 2013



Welcome to edition 5 of our newsletter. The Shared Lives Carer Team has been busy, over the last couple of months, looking at activities for the winter months. Some services have been crafting and making cards etc, some have been out on visits to the cinema, libraries and local events and others have become quite competitive whilst joining in with various different puzzles and games. There certainly seems to be no shortage of ideas to keep everyone entertained until the spring is upon us again. Please feel free to suggest any other activities you may enjoy on the tear off slip below, or speak to any member of the Shared Lives Team.

### Old Times Music Event



Everyone seemed to enjoy our Shared Lives Old Times Music Event we held in November. We all gave thanks to everyone who gave up their afternoon, to come and entertain us.

We were lucky enough to enlist the help of local councillor, Garry Coull, who kindly started off our afternoon with a Doric comedy sketch. This was thoroughly enjoyed by all and there was a lot of laughter around the hall, as he pretended to be an old war time pilot - complete with leather fur trimmed hat and kiddies steering wheel!

Two local gentlemen called Henry and Ken then kindly entertained us on their guitars, with a variety of songs and Neil McDonald, the partner of our carer Shirley, played his guitar. Neil played a wide selection of songs, from various genres, and he really got the crowd singing along to Loch Lomond. There was also a lot of foot tapping going on, and everyone had a great time.

Les, a dear old friend of our carer Angela Baker, then finished off the afternoon. He told a few jokes to get everyone laughing again, and gave a fantastic performance on his harmonica. He also looked very dashing indeed, in his kilt.



We have already had requests for another event, so I have attached a form for suggestions, and we will then do our best to arrange something else in the New Year. 😊

### Team update.....



I am delighted that Liz Rennie will be starting her, full time, Shared Lives Service from January. She stays in Newmill by Keith. Liz will offer a day support service and is looking forward to building up her service. She comes to our team with lots of care experience, and has supported older people, young people and those with learning disabilities. She has set aside the 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> of January for anyone who wishes to arrange a taster visit in her home.

Please contact the Shared Lives Officer on 01343 563450 if you would like more details or wish to book a taster visit.

The service has advertised for a full time support worker to join the team. The aim is then to build up the Shared Lives service by recruiting more carers; in particular those who would wish to provide a respite/short breaks service. They will hopefully be starting in January next year.

### Promoting the Shared Lives model of Care.....

It is important to promote the Shared Lives model of care nationally, as well as locally across Moray. It is nice to celebrate the excellent work our carers do each day.

- We have had an article published, highlighting our good work in Moray, in this edition of Care News. This is a magazine produced by the Care Inspectorate and is distributed throughout Scotland. You can view this online:  
<http://carenews.careinspectorate.com/>
- We also had a nice article and photo in the Northern Scot after our recent Old Times Music Event in November.
- The Shared Lives Officer and Hilary, one of our carers, were invited to give a workshop presentation in Glasgow. This enabled them to highlight our Moray service, at the Shared Lives Plus quarterly meeting. The Shared Lives Officer also attended their National Conference and received many enquiries from people interested to hear about the service we provide. Thank you again to all who gave up permission to compile case studies for the promotion of the service. This really helps to show how we support the people and their families, who use our service.

We look forward to another New Year and hope that 2014 allows us all to build on the successes we enjoyed throughout 2013.



*Merry Christmas and a Happy New Year*

*To everyone who is involved with the Moray Shared Lives Service.*

*We would like to thank you for all your help and support over the last year.*

*From*

*The Moray Shared Lives Team*



### **Old Times Music Event evaluation.....**

If you attended the event, or have comments and suggestions, would you take a few moments to complete this small evaluation form please?

Who attended the event?.....

Did you find the venue suitable? If no, please give details:.....

What part of the event did you enjoy the most?.....

What part of the afternoon did you least enjoy, and why?.....

What events/activities would you enjoy, if we are able to organise future events?.....

General comments/suggestions.....

Thank you for your time.