

Apps for Autism

The following is a list of Apps and related information collated for the Moray Autism Strategy 2014-24.

None of the apps listed have been formally tried and evaluated by The Moray Council; therefore mention here does not imply any endorsement of suitability or efficiency.

App or Article about Apps	Brief Description	Where To Find Out More
Wide variety of apps	Large database/list of apps	Autismspeaks.org
Various, including 5 fact sheets on apps	<p>Articles about using a hand held computer or apps for reminders; task scheduling; healthy living advice; behaviour management.</p> <p>Includes:</p> <p>“Apple Apps Resource Guide”</p> <p>“Apple and Android Apps for the support of people with autism”</p> <p>“Promising apps for hand held devices”</p> <p>“inexpensive apps for augmentative communication”</p> <p>“Reminder apps for the iphone, ipod touch, ipad”</p>	Virginia Commonwealth University (VCU) Autism Centre – www.vcuautismcenter.org
Various – networking	<p>Helps connect with and share with others incl parents:</p> <p>My autism team and Wrongplanet</p>	Myautismteam.com Wrongplanet.net
Iprompts	Helps user follow a schedule or build a	Iprompts via

	daily routine	handholdadaptive.com
The social express	Help with social situations	www.thesocialexpress.com
Superbetter	Managing anxiety or achieving a specific goal	Superbetter.com
Chorewars	Structure and fun around family activities, chores, homework etc	Chorewars.com
My Voice (app for iphone)	Picture on screen is tapped by the user and the word is spoken	www.autismahead.org myvoiceaac.com
iPrompt app	For ipad/iphone/touch/kindle/android phone. Provides visual support tools to improve attention to tasks, understanding of upcoming events, organisational skills, sequencing, and picture options for making a choice (e.g. food), prompts and timers. Can add own photos to standard picture library. Clear and well presented info on website	www.handheldadaptive.com
Buddyapp.co.uk	Therapy aid. Uses texting to keep a daily diary of what the user is doing and how they feel. May support positive behaviour.	Buddyapp.co.uk
Various apps and tools	Can customise for each individual uses videos, images and sounds - (designed for children) – suite of apps focusing on structure (breaking everyday tasks into defined steps); communication (vocabulary and speech based on customised images, videos and photos) and social skills app	Tech4autismnow.org
Various apps mentioned for communication aids and scheduling (includes some reviews)	Apps mentioned include – Lamp words for Life; TouchChat; SonoFlex; Grace; MyTalk; iCommunicate; Tap to Talk; Yes/No Scheduling: Choiceworks app for completing daily tasks understanding	www.autismconsortium.org

Also refers to visual timers; iPrompts; Social Media Communication aids and Job Interview Apps	feelings, waiting skills. Also Visual Schedule Planner app – can customise ipad app with audio and visual view of the day's events and can include video clips. Video Scheduler app – app for iphone or ipad. Visual Cue app and ChorePad app	
Ipad, apps and autism – article weighing up pros and cons of using ipad technology for learners with autism	2013 Journal article from Sally Millar Specialist Speech & Lang Therapist, CALL, Moray House School of Education University of Edinburgh CID 29885	Available from UK National Autistic Society Information Centre
Article – Routes to Appiness	From Summer 2012 Autism Eye – selected 21 from 600 apps that get the thumbs up from parents. All apps available from iTunes apps and low cost – short summary of each CID 28389	Available from UK National Autistic Society Information Centre
Everybody 'appy	NetBuddy article – a roundup of ipad applications that have been found to be useful for some children with autism CID 26392. Autumn 2011	Available from UK National Autistic Society Information Centre Or www.netbuddy.org.uk
Book "Apps for Autism" by L J Brady Published by Future Horizons	Apps for Autism – an essential guide to over 200 effective apps for improving communication, behaviour, social skills and more. Published 2011. CID 27545	

In addition the UK National Autistic Society (393 City Road, London EC1V 1NG) provided the following list of articles, publications and links about apps, ipods and ipads (although some may be related specifically to children).

**UK National Autistic Society –
Apps and Technology for Autism (2013)**

Website Link	Details
http://www.callscotland.org.uk/Common-Assets/spaw2/uploads/files/iPads-for-Communication-Access-Literacy-and-Learning.pdf	Mill, C. and CALL team (2012) iPads for Communication, Access, Literacy and Learning (iCALL). Edinburgh: CALL Scotland.
Netbuddy suggestions http://www.netbuddy.org.uk/info-packs/apps-ipad/	Lots of tips and advice on this topic, and links to other reviews.
Autism Plugged In www.autismpluggedin.com	American website provides reviews of applications for the iPad and iPhone that are beneficial to children with autism and other special needs. These apps include AAC programs, social story and behavioural applications, reading and writing apps, fine motor skills apps.
http://www.ocali.org/view.php?nav_id=101	The Ohio Centre for Autism and Low Incidence has a guide to apps for students with autism spectrum disorders
http://www.youtube.com/watch?v=W-eWvnWMx6c	Apps for communication
http://momswithapps.com/apps-for-special-needs/	
http://www.scribd.com/doc/24470331/iPhone-iPad-and-iPod-touch-Apps-for-Special-Education	iPhone, iPad And iPod Touch Apps For (Special) Education
http://dsaq.probitypartners.com.au/down-syndrome-information/DSAQ_publications	Down Syndrome Association Queensland guide to apps
http://itunes.apple.com/us/app/findme-autism/id491925436?ls=1&mt=8	Find Me (free)

image2talk: http://image2talkapp.com	Can be used by adolescents and adults, age-appropriate pictures.
https://itunes.apple.com/us/app/ipicto/id423225072?mt=8&ls=1	iPicto
https://itunes.apple.com/gb/app/calm-myself-down/id535009635?mt=8 ; http://appfinder.lisisoft.com/app/calm-myself-down.html	Calm Myself Down
http://www.dunedinmultimedia.com/index.html	Emotion-x – Dunedin Multimedia
http://appfinder.lisisoft.com/app/calm-counter-anger-management.html	Calm counter
https://itunes.apple.com/us/app/autism-5-point-scale-ep/id467303313?mt=8	Autism 5-point Scale EP
http://www.fraser.org/Resources/Products/QuickCues.aspx	Quick Cues apps
http://autismxpress.com/	Autism Xpress
http://www.oneplaceforspecialneeds.com/main/library_special_needs_apps.html	Complete guide to educational and special needs apps

Some useful websites are listed below (some based outside the UK), including those collating a database of information on apps for autism and those with information on technology supporting autism:

- www.autism.org.uk National Autistic Society website.
- www.autismspeaks.org This website has a full database/list of apps. It is based on feedback from users and can be searched by age group or category or user ratings. The most common apps listed cover communication; social skills; functional skills, behaviour and organisation. It also details if the feedback is anecdotal, evidence based or research based. The website also has a “Guide to Technology” and includes information on tools for communication skills, scheduling, supporting social situations, task organisation and managing anxiety

- www.tech4autismnow.org This includes details of a range of apps developed by TAN – including structured app; communication app; video modelling (using videos for modelling appropriate behaviour); social skills app and vocational skills app
- www.autismconsortium.org (search on their website for technology & autism)
- www.vcuautismcenter.org extensive section on autism and technology and includes fact sheet “Apple Apps Resource Guide” and “Apple and Android Apps for the support of people with Autism”. Also includes video entitled “strategies for video modelling with ipods and ipads” and various webcasts on technology.