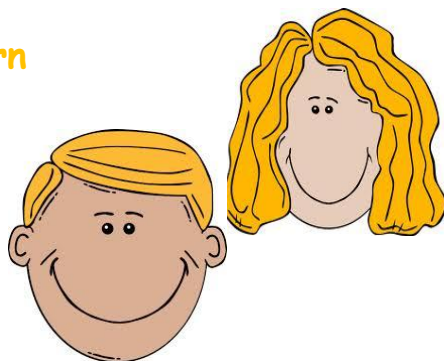


A day in the life of a Shared Lives Carer

Devise tailored outings and activities to suit the needs of the individual, ensuring they are suitable, relevant and fun.

Signpost to other services e.g. Alzheimer Scotland, Short Breaks, Quarriers, etc.

Engage service users and encourage them to make the most of their abilities. Encourage them to learn new skills and try new ideas/activities, in a supportive environment.



Take part in specific re-ablement work, as outlined by professionals e.g. Learning to use public transport again unaided, cooking skills, confidence in the community, budgeting and bill payment, confidence to communicate after a stroke. etc.

Keep up to date with current legislation and adhere to National Care Standards and Moray Shared Lives Service policies and procedures.

Keep records up to date and feedback relevant information to the Shared Lives Officer and other professionals, as the need arises.

Source products/resources to support families e.g. OT equipment, Educational games, specialised equipment etc.

Continued professional development: Attend training, meetings, research innovative ways to support the people who use the service, find out about community activities and events etc

Attend Shared Lives Events and cascade information to service users and their families - encourage attendance.

Build positive relationships with service users, family, Care Officers and other professionals, within the community and within the Shared Lives Team, to ensure good communication and to share best practice ideas.