

# Moray Shared Lives



- Shared Lives offers a special kind of support
- Based in the Shared Lives Carer's own home
- Helping adults get the most out of life



**moray**  
council

# Moray Shared Lives Service

The Moray Shared Lives Service is available to adults throughout Moray. This service is provided by the Moray Council and registered with the Care Inspectorate.

## Who is it for?

Adults over the age of 16 years with:

- dementia
- physical disabilities
- mental health issues
- learning disabilities
- social isolation

## What does it provide?

- day support
- respite, short breaks and possible long placements

Shared Lives Services are tailored to meet the needs of the individual. Helping them to maintain their independence while also promoting their physical, mental and emotional wellbeing.

The service can also provide regular respite for unpaid carers who support the service user to remain at home.

We prioritise our services to people who are assessed as needing them most. For example: because the individual is at risk of moving into care, or their health is at risk, or their family is under stress.

- Day Support:

The Shared Lives Carer provides day care support, which may range from a few hours each week to longer periods as required.

- Respite and short breaks:

Some Shared Lives Carers also provide for respite and short breaks from their home. This can be anything from one night to two weeks or more, as required. The carer provides single room accommodation and a comfortable friendly environment.

## Where is the Shared Lives Service provided?

The Shared Lives Service is based in the homes of the individual Shared Lives Carers.

## Who are the Carers?

Shared Lives Carers are self-employed and provide their care service from their own home. They are carefully selected, comprehensively assessed, and trained by the Moray Council, Shared Lives Service. They receive regular support from the Shared Lives Officer and their homes have been assessed to meet National Care Standards. A home safety check is also carried out to ensure issues of health and safety have been taken into account.

## What activities might be available?

Shared Lives Carers will carefully tailor activities to match the abilities and interests of their service users.

Typical activities might include:

- visits to local cafes, library or shops
- attending local community events or clubs
- playing card games, board games or puzzles
- arts, crafts and music
- time outdoors to enjoy the countryside or beaches
- reminiscence - celebrating peoples lives
- using the internet - to broaden horizons
- promoting independence - home skills, baking, food preparation, etc.
- other suitable activities can be arranged to suit

## How can I access the Shared Lives Service?

People wishing to access the service must undergo a community care assessment of need.

Please contact the **Access Team** on **01343 563999** to arrange a suitable time.

## How much does it cost?

A Community Care Officer will conduct a financial assessment to see if any contribution will be due for the service. This will be carried out and discussed fully, prior to any placement commencing.

## For further Information please contact:

The **Moray Shared Lives Team** on **01343 563450**  
or email [sharedlives@moray.gov.uk](mailto:sharedlives@moray.gov.uk)

## Alternative Formats

If you need information from the Moray Council in a different language or format, such as Braille, audio tape or large print, please contact:

إذا كنتم في حاجة إلى معلومات من قبل مجلس موراي وتكون بلغة مختلفة أو على شكل مختلف مثل البراي، أسطوانة أوديو أو أن تكون مطبوعة باستعمال حروف غليظة فالرجاء الإتصال بـ

Je pageidaujate tamybos Moray tarybos teikiamą informaciją gauti kitokiū formatu, pvz., Brailio raštu, garso įrašų ar stambiu šriftu, kreipkitės:

Jeśli potrzebują Państwo informacji od Rady Okręgu Moray w innym formacie, takim jak alfabet Braille'a, kasety audio lub druk dużą czcionką, prosimy o kontakt:

Se necessitar de receber informações por parte do Concelho de Moray num formato diferente, como Braille, cassete áudio ou letras grandes, contacte:

Ja Jums vajadzīga informācija no Marejas domes (Moray Council) citā valodā vai formātā, piemēram, Braila rakstā, audio lentā vai lielā drukā, sazinieties ar:

اگر آپ کو مورے کونسل سے کسی دیگر زبان یا صورت میں معلومات درکار ہوں مثلاً بریلے، آڈیو ٹیپ یا بڑے حروف، تو مہربانی فرما کر رابطہ فرمائیں:

Shared Lives  
Moray Council  
High Street, Elgin, IV30 1BY

**01343 563450**  
**[sharedlives@moray.gov.uk](mailto:sharedlives@moray.gov.uk)**