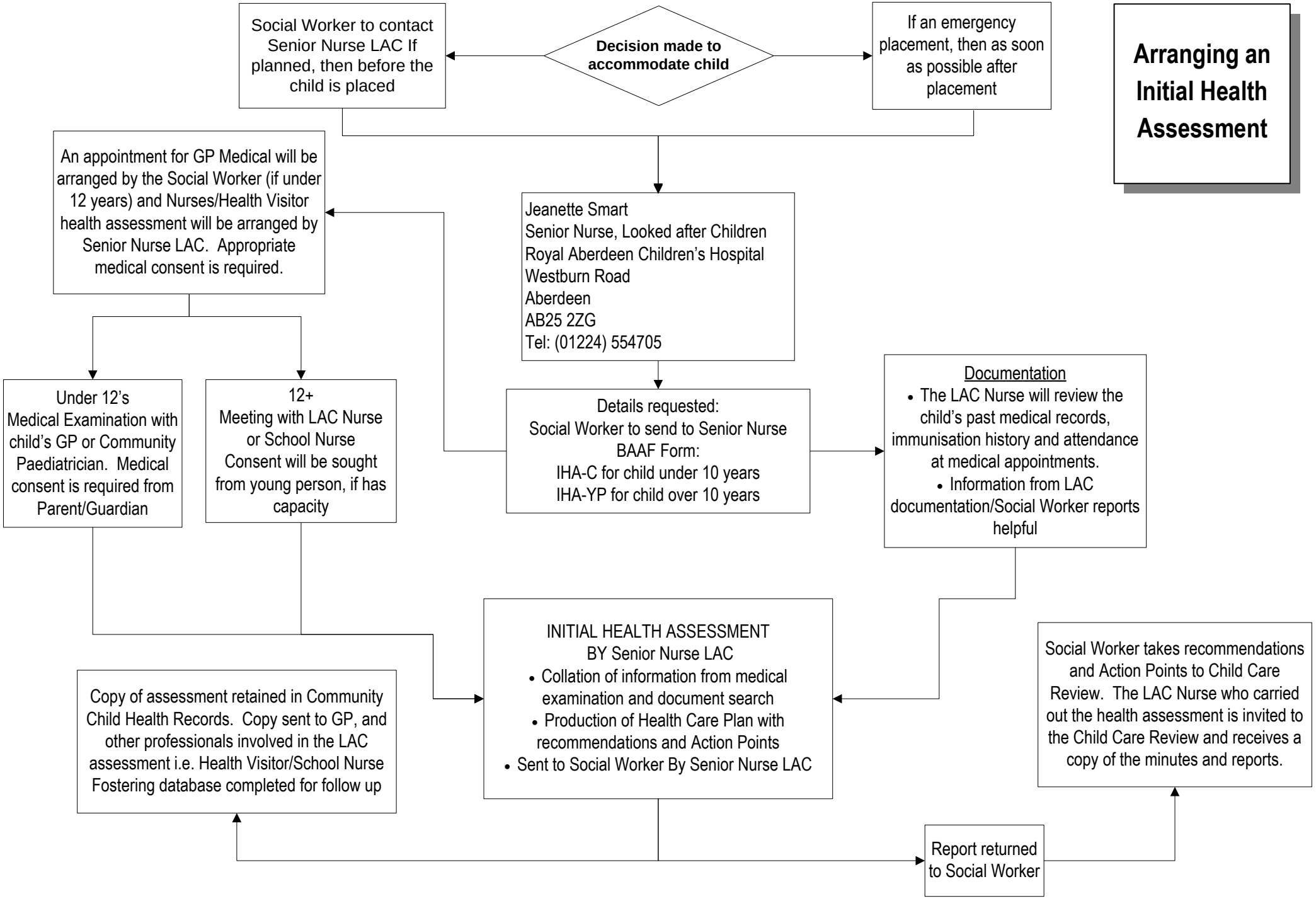Arranging an Initial Health Assessment