

**REPORT TO: HEALTH AND SOCIAL CARE SERVICES COMMITTEE ON
26 MAY 2010**

**SUBJECT: IMPROVEMENTS TO INTEGRATED MENTAL HEALTH SERVICE
IN MORAY**

BY: DIRECTOR OF COMMUNITY SERVICES

1. REASON FOR REPORT

- 1.1 To provide members with an update on improvements to the Integrated Mental Health Service in Moray since 2008 following a service-wide review and completion of a series of redesigns.
- 1.2 The changes to Mental Health Services were made in line with Moray Councils statutory duties under Section 26 of The Care Treatment (Scotland) Act 2003. The local authority shall provide for persons who are not in hospital and who have or have had a Mental disorder.
- 1.3 There has also been an examination of the institutional changes for clients which will enable them to live as independently as possible in their community.
- 1.4 This report is submitted to Committee in terms of the Council's Administrative Scheme in relation to the function of the Council as Social Work Authority under the Social Work (Scotland) Act 1968.

2. RECOMMENDATION

- 2.1 It is recommended that Health and Social Care Services Committee:-**
- (i) considers the contents of the report and notes the improvements made;**
 - (ii) approves to progress the 3 year strategic plan as detailed in paragraph 6.2; and**
 - (iii) agrees that details of progress reports and any proposed developments be brought back to a future committee.**

3. BACKGROUND

- 3.1 Since the closure of Bilbohall Psychiatric Hospital in 1993, a number of providers were commissioned to provide services to support clients recovering from mental illness:-
- Scottish Association of Mental Health (SAMH):
 - Long stay places (12)
 - Rehab (6)
 - Outreach (90hrs p/w)

- (MAP) now Horizons:
 - Day care – 12 places per day
 - Workshop – 8 places per day
- Desktop Publishing Buckie /Elgin:
 - 12 places per day
 - Combined funding with Learning Disabilities.
- Alzheimer's Outreach – (102) hrs p/w.

The above services were reviewed to look at short and long term aims of each service, where improvements and cost efficiencies could be made in line with Mental Health standard.

- 3.2 Managers in the Integrated Mental Health Service initiated redesign of the services provided by SAMH, 24-hour care, care at home and day care services because it was recognised that over time the needs of the clients changed and that service efficiency could be improved.

4. CHANGES TO SERVICE DESIGN - SAMH

- 4.1 The aim of the redesign was to enable the clients living in the 7 properties to become tenants and to therefore increase their level of independence and autonomy.

4.2 Properties 1 and 2 (Shared Tenancies of SAMH, Elgin)

Four clients have moved into a new unit owned by Hanover Housing Association. These clients have become tenants of Hanover Housing Association and receive care at home from SAMH to meet their assessed needs. SAMH have relinquished landlord responsibilities for these properties and as such they have been returned to The Moray Council.

4.3 Properties 3 and 4 (Individual Tenancies of SAMH, Elgin)

SAMH have relinquished landlord responsibilities and Moray Council are now landlords of these properties. The two clients have taken on the tenancies of the individual properties.

4.4 Property 5, (4 places outwith Elgin owned by Hanover Housing, operated by SAMH)

Two places are voids.

One client has moved into sheltered accommodation with care at home from SAMH and the other client has moved to Residential Care at his request. SAMH have relinquished landlord responsibilities and the property has been returned to Hanover Housing.

Hanover Housing is placing this property up for sale. They have indicated that they would consider investing the sum realised into developing a new Elgin resource for mental health clients.

4.5 Property 6 (3 places, Shared accommodation)

SAMH have relinquished landlord responsibilities and Moray Council is now landlords of this property. The three clients had their assessed needs reviewed and no longer require 24-hour care packages. All have opted to remain in the property in which they were originally placed and are now joint tenants of Moray Council and receive daily outreach support from SAMH.

- 4.6 As a result of these redesigns, 10 clients have been established in their own tenancies, 3 properties returned to Moray Council and 1 client has gone into residential care at his request.
- 4.7 Additionally, one Hanover Housing property has been vacated. If this is sold, Hanover have said they may be willing to consider investing in future Mental Health developments in Moray.
- 4.8 An 8-place recovery unit is being built in partnership with Grampian Housing Association in Elgin with a completion date for 2010. This modern unit will be staffed over a 24-hour period. Tenants will have short Scottish secure tenancies receiving co-ordinated support from the Integrated Mental Health Services. A multi-disciplinary team will consider referrals for the recovery unit. This team includes a Consultant Psychiatrist, Social Workers, Community Psychiatric Nurses, Occupational Therapists and representatives from Housing and SAMH. Clients will be supported to move on to their own tenancies after no more than a 6-month programme of support.

5. CHANGE TO SERVICE DESIGN – DAY CARE

- 5.1 The aim of the day care redesign was to build on the integrated approach to mental health care from the multiple agencies involved, reduce duplication and improve efficiency.
- 5.2 During 2009, contracts with Moray Anchor Projects, who provide day care and sheltered workshop services in Moray, were reviewed.
- 5.3 Following the review, the property needs of Moray Anchor Projects (MAP) changed, resulting in freed time within Horizons Building allowing multi-agency working to operate within these premises. Moray Council Social Work, NHS Grampian and SAMH now operate alongside MAP within the Horizons Resource Centre.
- 5.4 The MAP office at Pinefield was no longer required and returned to Moray Council Estates Department.
- 5.5 The Integrated Mental Health Services Management Team have redesigned care of the elderly day services in Cameron Court, Forres. This, previously NHS Grampian single agency service, now incorporates Moray Council Social Work, Mental Health Community Support Services and SAMH.

6 STRATEGIC PLAN

- 6.1 The redesign of the Mental Health Services is to now progress with a 3 year strategic plan for the needs of mental health services in Forres and Keith. The aim of the plan is to establish Integrated Therapeutic Units which will offer a high level of support to clients in a warm welcoming environment.
- 6.2 The Mental Health Service in Moray has been moving to provide a Recovery Focused Model of Care where clients are assisted to self manage their lives to the maximum of their ability and accept responsibility for setting goals to aim to have more to their lives than being someone with a mental illness. Employability, supported further education and life skills are currently provided in Clydeville, Buckie and Horizons, Elgin. The plan is to replicate this for clients in Forres and Keith.
- 6.3 Efficiencies have been made from the redesign completed so far of £126,000 although, this is only an interim indication as the rest of the redesign is not yet complete. The efficiencies are gained from increasing the amount of activity and clients supported within the existing resource by reinvesting the £126,000 into the overall Moray service.

7. SUMMARY OF IMPLICATIONS

(a) Single Outcome Agreement/Service Improvement Plan

These changes are consistent with and contribute to:

- National Outcome 7 – We have tackled the significant inequalities in Scottish Society
- National Outcome 10 – We live in well-designed, sustainable places where we are able to access the amenities and services we need.

(b) Policy and Legal

Mental Health (Care and Treatment) (Scotland) Act 2003 Section 25/26
Care and Support Services (1) (a) (i) and (ii)
Social Work Scotland Act 1968 Section 59 (1)

(c) Resources (Financial, Risks, Staffing and Property)

The changes made by Mental Health Services redesign:

- Three Moray Council properties being returned to the Housing Service, 2 of which now have tenancies with individual clients.
- Property returned to Hanover.
- The efficiencies made in the overall redesign to the mental health budget are:

- SAMH £100,000
- MAP £26,000

(d) Consultations

Consultations have taken place with the Integrated Mental Health Services Manager; D Bosworth, Principal Accountant; the Chief Housing Officer and the General Manager, Moray Community Health & Social Care Partnership who agree with the sections of the report relating to their areas of responsibility.

8. CONCLUSION

- 8.1 It is recommended that Committee considers the contents of the report and notes the improvements made in the redesign of the Mental Health Services for SAMH and day care. The next stage is to progress the 3-year strategic plan for the needs of mental health services in Forres and Keith.**

Author of Report: Margaret Fowler, Team Manager, Old Age Psychiatry

Background Papers:

Ref: