



MORAY COMMUNITY PLANNING PARTNERSHIP
SINGLE OUTCOME AGREEMENT
HEALTHIER

**(National Outcomes 6 & 9,
Quarter 1 & 2 Milestone updates April to
September 2009/10)**

Healthier Milestones quarter 1 & 2

Healthier Local Outcome: An increased number of people in Moray will be active in improving their own health Key Action: Increase the number of people in Moray to achieve and maintain a healthy weight Overall, Key Action 50% completed. Both the underlying milestones due to be completed in this reporting period have been.			
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Milestone	Milestone Due Date	Milestone Note	Progress
Establish average baseline for obesity for the previous three years (data to be extracted from MCHSCP General Practice Prevalence Data Framework) - Q1	30 Jun 2009	Establishment of average baseline for obesity 2006/07 – 2008/09 completed.	100 %
Development and implementation of a local Healthy Eating and Active Living Action Plan - Q2	30 Sep 2009	Planning and development of draft Healthy Eating & Active Living Plan completed, strategic goals include; Changing the culture in families so that healthy eating and active living becomes habitual Increasing healthy eating and physical activity levels of school aged children and providing them with the basic knowledge and skills to achieve optimum health and well being. Focus on effecting behaviour change to reach recommended healthy eating and physical activity levels amongst the sedentary population. Increasing healthy eating and physical activity levels for target population groups.	100 %

Healthier Local Outcome: An increased number of people in Moray will be active in improving their own health Key Action: Reduce impact of tobacco on Moray population Overall, Key Action 50% completed. Both the underlying milestones due to be completed in this reporting period have been.			
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Milestone	Milestone Due Date	Milestone Note	Progress
Establish a baseline for smoking for the previous three years (data to be extracted from MCHSCP General Practice Data Framework and NHS Grampian Smoking Advice Services Data) - Q1	30 Jun 2009	Baseline established.	100 %
Establishment of a Moray Local Tobacco Alliance - Q2	30 Sep 2009	Moray Tobacco Alliance established, to date the Alliance have met on two occasions, wide representation of community planning partners secured, draft MTA Action Plan completed. Recruited two Smoking Cessation Advisors for Moray.	100 %

Healthier
Local Outcome: An increased number of people in Moray will be active in improving their own health
Key Action: Reduce impact of long term conditions on the Moray population
Overall, Key Action 50% completed. Both the underlying milestones due to be completed in this reporting period have been.

Milestone	Milestone Due Date	Milestone Note	Progress
Establish a baseline for long term conditions for the previous three years (data to be extracted from MCHSCP General Practice Data Framework) - Q1	30 Jun 2009	Baseline established.	100 %
Establishment of local Long Term Conditions Steering and Stakeholder Groups - Q2	30 Sep 2009	Long Term Condition Steering Group established August 2009, meets on a monthly basis. Planning and development of draft Moray LTC Action Plan completed. Long Term Condition Stakeholder Group – final planning stage, first meeting anticipated Nov 2009.	100 %

Healthier
Local Outcome: An increased number of elderly and vulnerable people will be able to sustain an independent quality of life
Key Action: Improve support to carers
Overall, Key Action 56% completed. One of the underlying milestones due to be completed in this reporting period has been, while the other is well progressed.

Milestone	Milestone Due Date	Milestone Note	Progress
Telecare devices to be used in vulnerable people's homes to promote safety and independent living of users and to support carers - Q1	30 Jun 2009	At present around 1350 households are supported by Moray Lifeline and Telecare services. The majority of service users have a basic Community Alarm and pendant alarm. However, in addition, just under 500 second generation Telecare sensors are currently in use, supporting around 125 individual households throughout Moray.	100 %
Analysis on the success and effectiveness of the Moray Lifeline and Telecare services to be carried out with results to follow – Q2	30 Sep 2009	Moray Community Health and Social Care Partnership, together with Distance Lab (a creative research organisation based at the Horizon Business Centre, Forres) have conducted a recent survey (running from 20/04/09 to 31/05/09) of the 1324 Moray Lifeline service users at that time. The key audience was the users of basic Community Alarm in Moray but included those with Telecare sensors by default.	100 %
Report on findings from postal survey of all Moray Lifeline and Telecare users to be confirmed – Q2	30 Sep 2009	The postal survey received a 61% return and its full analysis was reported to the Health and Social Services Committee on 23.09.09. The research has given a basis on which the current service can be reviewed and improved further. Updates will continue to be reported. Moray put forward a forum of Carers using Telecare in May 2009 for research by the University of Leeds specifically about the impact of Telecare on carers lives.	100 %
Carers Service Provider Network Group established to facilitate partnership working for better outcomes for carers - Q2	30 Sep 2009	Network established and meeting monthly. Good representation by carer service providers, both commissioned and non-commissioned.	100 %

Healthier
Local Outcome: An increased number of elderly and vulnerable people will be able to sustain an independent quality of life
Key Action: Expand preventative and anticipatory care
 Overall, Key Action 50% completed. Both the underlying milestones due to be completed in this reporting period have been.

Milestone	Milestone Due Date	Milestone Note	Progress
Falls Group established and education sessions delivered to groups of older people and professionals - Q1	30 Jun 2009	Local Osteoporosis/ falls Support Group established. Schedule of public presentations – osteoporosis and/falls awareness complete. Staff Education Sessions ongoing through learning and development Team. Moray Falls advice leaflet for Home Care printed and disseminated to all home carers. Workshop/Information day “managing your osteoporosis” 26/10/09 200 invitations.	100 %
Nutritional training and improvement programme developed and joint work established between dieticians, home carers and care homes - Q2	30 Sep 2009	A user friendly nutritional tool for home carers has been developed and is being piloted within the Speyside carers project working closely with social care. The training programme has been completed and a rolling programme is commenced. Care homes continue to receive training as and when required.	100 %

Healthier
Local Outcome: An increased number of elderly and vulnerable people will be able to sustain an independent quality of life
Key Action: Improving pathways
 Overall, Key Action 40% completed. Both the underlying milestones due to be completed in this reporting period have been.

Milestone	Milestone Due Date	Milestone Note	Progress
Implement Grampian discharge Policy and Procedure - Q1	30 Jun 2009	Grampian Discharge Policy and Procedure has been finalised and approved and has been implemented across Grampian.	100 %
Effective utilisation of Scottish Patients at Risk Re-admission and Admission (SPARRA) data to support care case management of elderly and vulnerable people in Moray - Q2	30 Sep 2009	Effective utilisation of SPARRA data to support care case management of elderly and vulnerable people in Moray is currently being implemented and will also support the development and implementation of anticipatory care plans for target client groups.	100 %

Healthier

Local Outcome: An increased number of elderly and vulnerable people will be able to sustain an independent quality of life

Key Action: Adult support and protection

Overall, Key Action 35% completed. Two of the four underlying milestones due to be completed in this reporting period have been. One shows steady progress while the remaining milestone has not progressed but monitoring will continue.

Milestone	Milestone Due Date	Milestone Note	Progress
Launch of the Grampian Interagency Adult Protection Policy - Q1	30 Jun 2009	The official launch of the revised Grampian Interagency Adult Protection Policy and Procedure for the support and protection of adults at risk of harm was held on 28/05/09. This is in line with the 2007 Adult Support and Protection (Scotland) Act.	100 %
Strengthen the effectiveness of Moray Adult Protection Group by ensuring appropriate attendance and representation by all agencies. To be evidenced through minutes and attendance at meetings - Q2	30 Sep 2009	Independent Convener, Mo Ramsay is taking this forward and attendance at meetings is being monitored.	100 %
Agree and confirm the reporting arrangements of the Moray Adult Protection Group to existing Community Planning structures - Q2	30 Sep 2009	Still to establish in consultation with the Local Authority, the reporting arrangements. Still a decision to be made regarding the wider Grampian area regarding structures which will influence delivery.	0 %
Appoint and induct an Independent Chair along with 2 other associated posts to the Moray Adult Protection Group - Q2	30 Sep 2009	Independent Chair has been appointed.	50 %

Healthier
Local Outcome: The impact of alcohol and substance misuse in Moray will reduce
Key Action: Implementation of substance misuse strategy
 Overall, Key Action 47% completed. Four of the five underlying milestones due to be completed in this reporting period have been, while the remaining milestone shows steady progress.

Milestone	Milestone Due Date	Milestone Note	Progress
Restructure Alcohol and Drug Action Team to form the Moray Alcohol and Drug Partnership in line with National Framework - Q1	30 Jun 2009	As of April 2009, the Moray Drug and Alcohol Action Team (MDAAT) has been structured as the Moray Alcohol and Drug Partnership, in line with every other council area to transform the provision of services to tackle substance misuse.	100 %
Evaluate assessment of drug and alcohol services - Q2	30 Sep 2009	A full assessment of drug and alcohol services in Moray was published in September 2009. This has now been evaluated by the MADP through the Management and Performance Subgroup.	100 %
Complete draft strategy - Q2	30 Sep 2009	The draft strategy is in the process of completion and has been out for wider consultation in November. The Chair of the Healthier Strategic Group, along with the Director of Community Services and the Corporate Policy Unit Manager have been given delegated authority to finalise the strategy in December.	75 %
Develop performance framework - Q2	30 Sep 2009	The performance framework has been developed through the Moray Delivery Plan and incorporates national outcomes set by the Delivery Reform Group set up by the Scottish Government. This was approved by the Community Planning Partnership through the Healthier Strategic Group on the 22 October 2009.	100 %
Launch delivery plan 2009/10 - Q2	30 Sep 2009	The Moray Delivery Plan has been launched. This will be used by the Community Planning Partnership to hold the MADP accountable for evidencing best practice in the delivery of alcohol and drug services; and task the chair of the MADP to complete the Moray Delivery Plan and report back to the Strategic Group in April 2010.	100 %

Healthier
Local Outcome: The impact of alcohol and substance misuse in Moray will reduce
Key Action: Redesign local substance misuse services
 Overall, Key Action 50% completed. All four underlying milestones due to be completed in this reporting period have been.

Milestone	Milestone Due Date	Milestone Note	Progress
Restructure ADAT to Moray Alcohol and Drug Partnership (MADP) - Q1	30 Jun 2009	As of April 2009, the Moray Drug and Alcohol Action Team (MDAAT) has been structured as the Moray Alcohol and Drug Partnership, in line with every other council area to transform the provision of services to tackle substance misuse.	100 %
Carry out scoping/mapping exercise of service users - Q2	30 Sep 2009	A full assessment of drug and alcohol services in Moray was published in September 2009. This has now been evaluated by the MADP through the Management and Performance Subgroup.	100 %
Carry out provider benchmarking exercise - Q2	30 Sep 2009	MADP have benchmarked services with Perth and Kinross, West Lothian and incorporated the Scottish Association of Alcohol and Drug Action Teams knowledge in this area. Results have promoted work in Outcomes Commissioning and also setting performance targets for Moray services.	100 %
Work with Scottish Government/Health Scotland in structuring pathway for drug and alcohol services - Q2	30 Sep 2009	The MADP continue to work with Health Scotland and the Scottish Government in structuring pathways for drug and alcohol services. A seminar was held on the 18 November to further expand this work across Grampian. As a result of work to date a Commissioning Plan and Outcomes Database have been developed and incorporated into the Moray Delivery Plan, both of which were approved by the Community Planning	100 %

	Partnership through the Healthier Strategic Group on 22 October 2009.	
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Healthier
Local Outcome: The impact of alcohol and substance misuse in Moray will reduce
Key Action: Evaluate clinical/social outcomes for service users
Overall, Key Action 55% completed. All five underlying milestones due to be completed in this reporting period have been.

Milestone	Milestone Due Date	Milestone Note	Progress
Restructure ADAT to MADP in line with National Framework - Q1	30 Jun 2009	As of April 2009, the Moray Drug and Alcohol Action Team (MDAAT) has been structured as the Moray Alcohol and Drug Partnership, in line with every other council area to transform the provision of services to tackle substance misuse.	100 %
Management and Performance Sub-group implemented - Q2	30 Sep 2009	The Management and Performance subgroup has now been implemented and has now met 3 times. A chair has been elected and will now represent the subgroup at the full Partnership. A full note of the subgroups purpose, aims and objectives can be found in the MADP Constitution which was approved by the Community Planning Partnership, through the Healthier Strategic Group, on the 22 October 2009.	100 %
Consultation with all key stakeholders - Q2	30 Sep 2009	A full evaluation of drug and alcohol services was published in September 2009 which consulted with all stakeholders. The MADP has linked with the Scottish Drugs Forum to complete further consultation with service users and a service user's questionnaire and 1:1 meetings were completed by the MADP Support Team.	100 %
ABI implementation - Q2	30 Sep 2009	ABI has been implemented in Moray. 14 of the 16 Health Centers have signed up to the Local Enhanced Service Contract. To date 149 ABI's have been delivered in Moray. (35 in 2008/9 and 65 in quarter 1 and 49 in quarter 2 of 2009/10)	100 %
Develop framework for tracking pathways - Q2	30 Sep 2009	A framework for tracking pathways has been developed through the Moray Delivery Plan and all services have signed up to this. Further work will continue to improve this with the Scottish Government and Health Scotland in light of the revised HEAT Targets for drugs and alcohol (A11). Work in Grampian will be led by Health Scotland and ISD a seminar was held on 18 November 2009.	100 %

Healthier (also included within Safer & Stronger)**Local Outcome: There is a reduction in alcohol related offending in Moray****Key Action: Reduction in alcohol related offending in Moray**

Overall, Key Action 55% completed. All five underlying milestones due to be completed in this reporting period have been.

Milestone	Milestone Due Date	Milestone Note	Progress
Complete and produce report on Problem Profile Serious and Violent Crime Moray Division 2008/09 - Q1	30 Jun 2009	Report completed by Crime Analyst, Moray Division, Grampian Police.	100 %
Carry out Operation Avon in targeted areas - Q1	30 Jun 2009	The following Operation Avon's have been carried out in target areas. Elgin - 6 Buckie - 2 Lossie - 2 Fochabers/Lhanbryde - 1 Forres - 1	100 %
Run one campaign targeting adult alcohol related offending - Q1	30 Jun 2009	A campaign was run via the Moray Pubwatch Scheme that provided posters to licensed premises highlighting the fact that participating premises would not tolerate violence. In addition to this Pubwatch schemes throughout Moray were encourage to impose bans following any incident of violence.	100 %
Run Summer Violence Reduction campaign through utilising Taxi Marshalls and awareness raising posters - Q2	30 Sep 2009	The Moray Against Violence Summer Campaign began on July 3rd, and ran for the 7 week period of the school summer holidays. Taxi Marshalls were present on Elgin High Street between 1030pm and 4am every Friday and Saturday night. Two different posters were produced, highlighting the association between excessive drinking and the likelihood of being either the perpetrator or a victim of violence. A third poster was also produced, highlighting domestic abuse. These posters were distributed and displayed in premises selling alcohol as well as in Council Access Points, libraries and Post Offices.	100 %
Carry out Operation Avon in targeted areas - Q2	30 Sep 2009	The following Operation Avon's have been carried out in target areas. Elgin - 4 Forres - 1	100 %