

# SOA 2008/09 unmet Actions carried forward for monitoring

## Healthier



<b>Healthier</b> <b>06. We live longer, healthier lives.</b> <b>The number of people in Moray who smoke will reduce</b>			
Title	Lead / Contact	Latest progress (September 2009)	Expected Outcome / Cross-Cutting Issues
Continue to provide Smoking Advice Service	Lead: NHSG Contact: Tracy Gervaise	<ul style="list-style-type: none"> <li>• Two part-time Smoking Cessation Advisors for Moray appointed.</li> <li>• Data collection systems and structures to support NHS G SAS and community pharmacy scheme currently under review and redesign.</li> <li>• Establishment of a Moray Local Tobacco Alliance.</li> <li>• Development of a Moray Local Tobacco Alliance Action Plan, which includes Scotland, is Smoke Free priority actions and Smoking Advice Services Review.</li> </ul>	<ul style="list-style-type: none"> <li>• Completed review of Smoking Advice Services (Moray).</li> <li>• Enhanced and improved data collection systems and structures to support smoking cessation providers and performance, management and risk reporting to NHS G HEAT target and the SOA.</li> <li>• Increased number of smokers who quit smoking (.</li> <li>• Reduction in the number of cases of those suffering from tobacco related disease.</li> <li>• Cross cutting issues and actions relevant to Healthier, Smarter Greener and Wealthier &amp; Fairer strategic theme groups.</li> </ul>
Implement maternal tobacco use initiative	Lead: NHSG Contact: Tracy Gervaise	<ul style="list-style-type: none"> <li>• Maternal Tobacco Use Initiative - post holder off long term sick.</li> <li>• Smoking Cessation Advisor providing input to support above stated post holders sick leave.</li> <li>• NHSG Antenatal screening programme under review with a view to further embed smoking cessation and alcohol brief intervention activity.</li> </ul>	<ul style="list-style-type: none"> <li>• Tobacco brief intervention is embedded as part of core business within NHS G Antenatal screening programme.</li> <li>• NHS Health Scotland tools and resources for Tobacco Brief Intervention for Midwives are finalised and distributed.</li> <li>• Delivery of Tobacco Brief Intervention training for Midwives in Moray.</li> <li>• Implementation of Tobacco Brief Intervention by Midwifery Services in Moray.</li> <li>• Increased number of pregnant mothers who stop smoking during pregnancy.</li> </ul>

- Cross cutting issues and actions relevant to Healthier , Smarter and Greener strategic theme groups

**Healthier**  
**06. We live longer, healthier lives.**  
**People in Moray have improved mental wellbeing**

Title	Lead / Contact	Latest progress (September 2009)	Expected Outcome / Cross-Cutting Issues
Support action in "towards a mentally flourishing Scotland"	Lead: MCHSCP Contact: Mike Perera	Pilot extended for 6 months after positive feedback from first 6 months. Although client feedback is supportive of introducing this as a core service the funding is not in place at present for continuation beyond December 09.	NHSG priority - Social inclusion work as per Sections 26 to 31 of the Mental Health Care and Treatment Act.
Build on the Scotland's Health at Work programme, and in particular mental health and wellbeing policies	Lead: MCHSCP Contact: Mike Perera	Staff survey complete and report to be presented to Moray CHSCP management group in September was delayed to November due to disruption from floods on the scheduled date. The final report has proposed recommendations for adoption.	JHIP, NHSG priority