



MORAY COMMUNITY PLANNING PARTNERSHIP
SINGLE OUTCOME AGREEMENT
HEALTHIER

**(National Outcomes 6 & 9,
Quarter 3 Milestone updates
October to December 2009/10)**

Healthier Milestones quarter 3

Healthier
Local Outcome: An increased number of people in Moray will be active in improving their own health
Key Action: Increase the number of people in Moray to achieve and maintain a healthy weight
 Overall, Key Action 80% completed. 3 of the 3 underlying milestones due to be completed in this reporting period have been achieved.

Milestone	Milestone Due Date	Milestone Note	Progress
Establish average baseline for obesity for the previous three years (data to be extracted from MCHSCP General Practice Prevalence Data Framework) - Q1	30 Jun 2009	Establishment of average baseline for obesity 2006/07 – 2008/09 completed.	100 %
Development and implementation of a local Healthy Eating and Active Living Action Plan - Q2	30 Sep 2009	Planning and development of draft Healthy Eating & Active Living Plan completed, strategic goals include; Changing the culture in families so that healthy eating and active living becomes habitual Increasing healthy eating and physical activity levels of school aged children and providing them with the basic knowledge and skills to achieve optimum health and well being. Focus on effecting behaviour change to reach recommended healthy eating and physical activity levels amongst the sedentary population. Increasing healthy eating and physical activity levels for target population groups.	100 %
Local implementation of Grampian's Healthy Weight Strategy - Q3	31 Dec 2009	NHS Grampian's Healthy Eating and Active Living Strategic Framework has been approved by NHS Grampian's Operational Management Team. The Director of Public Health, Dr Lesley Wilkie is the clinical Lead for this area of work which is being taken forward by Community Health Partnerships and the Acute Sector. The work is supported by an advisory group chaired by Mr David Cameron, Chairman NHS Grampian.	100 %

Healthier
Local Outcome: An increased number of people in Moray will be active in improving their own health
Key Action: Reduce impact of tobacco on Moray population
Overall, Key Action 75% completed. 3 of the 3 underlying milestones due to be completed in this reporting period have been achieved.

Milestone	Milestone Due Date	Milestone Note	Progress
Establish a baseline for smoking for the previous three years (data to be extracted from MCHSCP General Practice Data Framework and NHS Grampian Smoking Advice Services Data) - Q1	30 Jun 2009	Baseline established.	100 %
Establishment of a Moray Local Tobacco Alliance - Q2	30 Sep 2009	Moray Tobacco Alliance established, to date the Alliance have met on two occasions, wide representation of community planning partners secured, draft MTA Action Plan completed.	100 %
Development and implementation of a Moray Local Tobacco Alliance Action Plan - Q3	31 Dec 2009	The Moray Tobacco Alliance Action Plan has been developed; the implementation of actions are currently progressing as per agreed timescale. Proposed budgetary savings within The Moray Council may prevent some actions being implemented.	100 %

Healthier
Local Outcome: An increased number of people in Moray will be active in improving their own health
Key Action: Reduce impact of long term conditions on the Moray population
Overall, Key Action 79% completed. 3 of the 3 underlying milestones due to be completed in this reporting period have been achieved.

Milestone	Milestone Due Date	Milestone Note	Progress
Establish a baseline for long term conditions for the previous three years (data to be extracted from MCHSCP General Practice Data Framework) - Q1	30 Jun 2009	Baseline established.	100 %
Establishment of local Long Term Conditions Steering and Stakeholder Groups - Q2	30 Sep 2009	Long Term Condition Steering Group established August 2009, meets on a monthly basis. Planning and development of draft Moray LTC Action Plan completed. Long Term Condition Stakeholder Group – final planning stage, first meeting anticipated Nov 2009.	100 %
Development and implementation of a local Long Term Conditions Programme Plan (review and potential redesign of local communication strategies included) - Q3	31 Dec 2009	Long Term Conditions Programme Work Plan completed, five priority areas identified for rapid service improvement which are currently being implemented and progressing as per timescale. One priority area for service review and redesign, currently being implemented and progressing as per timescale.	100 %

Healthier
Local Outcome: An increased number of elderly and vulnerable people will be able to sustain an independent quality of life
Key Action: Improve support to carers
 Overall, Key Action 100% completed. 5 of the 5 underlying milestones due to be completed in this reporting period have been achieved.

Milestone	Milestone Due Date	Milestone Note	Progress
Telecare devices to be used in vulnerable people's homes to promote safety and independent living of users and to support carers - Q1	30 Jun 2009	At present around 1350 households are supported by Moray Lifeline and Telecare services. The majority of service users have a basic Community Alarm and pendant alarm. However, in addition, just under 500 second generation Telecare sensors are currently in use, supporting around 125 individual households throughout Moray.	100 %
Analysis on the success and effectiveness of the Moray Lifeline and Telecare services to be carried out with results to follow - Q1	30 Jun 2009	Moray Community Health and Social Care Partnership, together with Distance Lab (a creative research organisation based at the Horizon Business Centre, Forres) have conducted a recent survey (running from 20/04/09 to 31/05/09) of the 1324 Moray Lifeline service users at that time. The key audience was the users of basic Community Alarm in Moray but included those with Telecare sensors by default.	100 %
Report on findings from postal survey of all Moray Lifeline and Telecare users to be completed - Q2	30 Sep 2009	The postal survey received a 61% return and its full analysis was reported to the Health and Social Services Committee on 23rd September 2009. The research has given a basis on which the current service can be reviewed and improved further. Updates will continue to be reported. Moray put forward a forum of Carers using Telecare in May 2009 for research by the University of Leeds specifically about the impact on Telecare on carers lives.	100 %
Carers Service Provider Network Group established to facilitate partnership working for better outcomes for carers - Q2	30 Sep 2009	Carers Service Providers Network continues to meet monthly. Good representation by carer service providers; both commissioned and non-commissioned.	100 %
Increased respite care provision for carers to allow access to training and family social interaction to help combat isolation - Q3	31 Dec 2009	Met target for respite provision for 2008/09 and in line to meet Scot Gov/COSLA target for 2009/10.	100 %

Healthier
Local Outcome: An increased number of elderly and vulnerable people will be able to sustain an independent quality of life
Key Action: Expand preventative and anticipatory care
 Overall, Key Action 70% completed. 2 of the 3 underlying milestones due to be completed in this reporting period have been achieved with the remaining milestone well progressed.

Milestone	Milestone Due Date	Milestone Note	Progress
Falls Group established and education sessions delivered to groups of older people and professionals - Q1	30 Jun 2009	Local Osteoporosis Support Group established. Schedule of public presentations – osteoporosis and/falls awareness complete. Staff Education Sessions ongoing through learning and development Team. Moray Falls advice leaflet for Home Care printed and disseminated to all home carers. Workshop/Information day “managing your osteoporosis” 26/10/09 200 invitations.	100 %
Nutritional training and improvement programme developed and joint work established between dieticians, home carers and care homes - Q2	30 Sep 2009	A user friendly nutritional tool for home carers has been developed and is being piloted within the Speyside carers project working closely with social care. The training programme has been completed and a rolling programme is commenced. Care homes continue to receive training as and when required.	100 %
Anticipatory care plan tool developed and in place for first locality area - Q3	31 Dec 2009	Anticipatory care planning tool and guidance is now being developed Grampian wide and in final draft form. Slippage has occurred due to wide consultation of professionals across health and social care including emergency services in Moray, Aberdeen City and Aberdeenshire, to ensure consistency across Grampian Initially anticipatory care plans will be developed for patients with COPD as part of the Moray long term conditions programme. It is anticipated that this will commence in Moray during February.	80 %

Healthier
Local Outcome: An increased number of elderly and vulnerable people will be able to sustain an independent quality of life
Key Action: Improving pathways
 Overall, Key Action 76% completed. 3 of the 3 underlying milestones due to be completed in this reporting period have been achieved.

Milestone	Milestone Due Date	Milestone Note	Progress
Implement Grampian discharge Policy and Procedure - Q1	30 Jun 2009	Grampian Discharge Policy and Procedure has been finalised and approved and has been implemented across Grampian.	100 %
Effective utilisation of Scottish Patients at Risk Re-admission and Admission (SPARRA) data to support care case management of elderly and vulnerable people in Moray - Q2	30 Sep 2009	Effective utilisation of SPARRA data to support care case management of elderly and vulnerable people in Moray is currently being implemented and will also support the development and implementation of anticipatory care plans for target client groups.	100 %
Implement intensive re-enablement programme in their own home environment for people over 65 attending A&E - Q3	31 Dec 2009	Keith and Speyside Home Care Enabling Pilot started on 16th November 2009. 45 Home Carers have now been trained to deliver this programme.	100 %

Healthier
Local Outcome: An increased number of elderly and vulnerable people will be able to sustain an independent quality of life
Key Action: Adult support and protection
 Overall, Key Action 76% completed. 3 of the 6 underlying milestones due to be completed in this reporting period have been achieved with the remaining 3 milestones well progressed.

Milestone	Milestone Due Date	Milestone Note	Progress
Launch of the Grampian Interagency Adult Protection Policy - Q1	30 Jun 2009	The official launch of the revised Grampian Interagency Adult Protection Policy and Procedure for the support and protection of adults at risk of harm was held on 28/05/09. This is in line with the 2007 Adult Support and Protection (Scotland) Act.	100 %
Strengthen the effectiveness of Moray Adult Protection Group by ensuring appropriate attendance and representation by all agencies. To be evidenced through minutes and attendance at meetings - Q2	30 Sep 2009	Independent Convener, Mo Ramsay is taking this forward and attendance at meetings is being monitored.	100 %
Agree and confirm the reporting arrangements of the Moray Adult Protection Group to existing Community Planning structures - Q2	30 Sep 2009	The Moray Council Chief Legal Officer has formally written to members to clarify representatives on the committee which is in the process of being formally constituted. This will help strengthen accountability and reporting arrangements. Still to be confirmed where the committee sits within wider CPP structures.	75 %
Appoint and induct an Independent Chair along with 2 other associated posts to the Moray Adult Protection Group - Q2	30 Sep 2009	Independent Chair been appointed and dedicated support officer has been appointed.	80 %
Conduct a training needs analysis for all agencies involved in supporting vulnerable adults - Q3	31 Dec 2009	Training Needs analysis conducted to establish the numbers requiring training in supporting vulnerable adults.	100 %
Submit and approve a training plan with agencies - Q3	31 Dec 2009	A training plan has been developed. It now remains for Officers at a Strategic level to determine what training is mandatory (rather than optional) for their staff and how compliance / attendance will be monitored.	80 %

Healthier
Local Outcome: The impact of alcohol and substance misuse in Moray will reduce
Key Action: Implementation of substance misuse strategy
 Overall, Key Action 70% completed. 7 of the 7 underlying milestones due to be completed in this reporting period have been achieved.

Milestone	Milestone Due Date	Milestone Note	Progress
Restructure Alcohol and Drug Action Team to form the Moray Alcohol and Drug Partnership in line with National Framework - Q1	30 Jun 2009	As of April 2009, the Moray Drug and Alcohol Action Team (MDAAT) has been structured as the Moray Alcohol and Drug Partnership, in line with every other council area to transform the provision of services to tackle substance misuse.	100 %
Evaluate assessment of drug and alcohol services - Q2	30 Sep 2009	A full assessment of drug and alcohol services in Moray was published in September 2009. This has now been evaluated by the MADP through the Management and Performance Subgroup.	100 %
Complete draft strategy - Q2	30 Sep 2009	The draft strategy went for wider consultation in November. The Chair of the Healthier Strategic Group, along with the Director of Community Services and the Corporate Policy Unit Manager were given delegated authority to finalise the strategy in December.	100 %
Develop performance framework - Q2	30 Sep 2009	The performance framework has been developed through the Moray Delivery Plan and incorporates national outcomes set by the Delivery Reform Group set up by the Scottish Government. This was approved by the Community Planning Partnership through the Healthier Strategic Group on the 22 October 2009.	100 %
Launch delivery plan 2009/10 - Q2	30 Sep 2009	The Moray Delivery Plan has been launched. This will be used by the Community Planning Partnership to hold the MADP accountable for evidencing best practice in the delivery of alcohol and drug services; and task the chair of the MADP to complete the Moray Delivery Plan and report back to the Strategic Group in April 2010.	100 %
Launch strategy - Q3	31 Dec 2009	The MADP Strategy has now completed 3 separate consultation periods and will be launched on 26 April by Fergus Ewing, Minister for Community Safety.	100 %
Launch performance framework - Q3	31 Dec 2009	The Delivery Plan is currently being used by all services delivering alcohol and drug services but will officially be launched with the strategy on 26 April 2010.	100 %

Healthier
Local Outcome: The impact of alcohol and substance misuse in Moray will reduce
Key Action: Redesign local substance misuse services
 Overall, Key Action 87% completed. 7 of the 7 underlying milestones due to be completed in this reporting period have been achieved.

Milestone	Milestone Due Date	Milestone Note	Progress
Restructure ADAT to Moray Alcohol and Drug Partnership (MADP) - Q1	30 Jun 2009	Refer to milestone comment in 'Implementation of Substance misuse strategy'. Key Action.	100 %
Carry out scoping/mapping exercise of service users - Q2	30 Sep 2009	A full assessment of drug and alcohol services in Moray was published in September 2009. This has now been evaluated by the MADP through the Management and Performance Subgroup.	100 %
Carry out provider benchmarking exercise - Q2	30 Sep 2009	MADP have benchmarked services with Perth and Kinross, West Lothian and incorporated the Scottish Association of Alcohol and Drug Action Teams knowledge in this area. Results have promoted work in Outcomes Commissioning and also setting performance targets for Moray services.	100 %
Work with Scottish Government/Health Scotland in structuring pathway for drug and alcohol services - Q2	30 Sep 2009	The MADP continue to work with Health Scotland and the Scottish Government in structuring pathways for drug and alcohol services. A seminar on the 18 November will further expand this work across Grampian. As a result of work to date a Commissioning Plan and Outcomes Database have been developed and incorporated into the Moray Delivery Plan, both of which were approved by the Community Planning Partnership through the Healthier Strategic Group on 22 October 2009.	100 %
Engage with senior staff/frontline staff in developing outcomes - Q3	31 Dec 2009	All outcomes have been developed and have been incorporated into the Strategy. Also service user outcomes have been incorporated into the Moray Delivery Plan.	100 %
Develop Commissioning Strategy - Q3	31 Dec 2009	Commissioning Plan has now been developed and will be launched on 26 April along with the Strategy and Moray Delivery Plan.	100 %
Implement Re-tendering Process - Q3	31 Dec 2009	Re-tendering process has been reviewed and new timeline has been incorporated into the Commissioning Plan. Re-tendering will commence June 2010 to ensure that services are in place for April 2011.	100 %

Healthier
Local Outcome: The impact of alcohol and substance misuse in Moray will reduce
Key Action: Evaluate clinical/social outcomes for service users
 Overall, Key Action 83% completed. 5 of the 7 underlying milestones due to be completed in this reporting period have been achieved with the remaining 2 milestones well progressed.

Milestone	Milestone Due Date	Milestone Note	Progress
Restructure ADAT to ADP in line with National Framework - Q1	30 Jun 2009	Refer to milestone comment in 'Implementation of Substance misuse strategy'. Key Action.	100 %
Management and Performance Sub-group implemented - Q2	30 Sep 2009	The Management and Performance subgroup has now been implemented and has now met 3 times. A chair has been elected and will now represent the subgroup at the full Partnership. A full note of the subgroups purpose, aims and objectives can be found in the MADP Constitution which was approved by the Community Planning Partnership, through the Healthier Strategic Group, on the 22 October 2009.	100 %
Consultation with all key stakeholders - Q2	30 Sep 2009	A full evaluation of drug and alcohol services was published in September 2009 which consulted with all stakeholders. The MADP has linked with the Scottish Drugs Forum to complete further consultation with service users and a service user's questionnaire and 1:1 meetings were completed by the MADP Support Team.	100 %
ABI implementation - Q2	30 Sep 2009	ABI has been implemented in Moray. 14 of the 16 Health Centres have signed up to the Local Enhanced Service Contract. To date 149 ABI's have been delivered in Moray. (35 in 2008/9 and 65 in quarter 1 and 49 in quarter 2 of 2009/10)	100 %
Develop framework for tracking pathways - Q2	30 Sep 2009	A framework for tracking pathways has been developed through the Moray Delivery Plan and all services have signed up to this. Further work will continue to improve this with the Scottish Government and Health Scotland in light of the revised HEAT Targets for drugs and alcohol (A11). Work in Grampian will be led by Health Scotland and ISD and a seminar will be held on 18 November 2009.	100 %
Benchmark with other ADO's - Q3	31 Dec 2009	We have completed benchmarking with West Lothian ADP, Aberdeenshire ADP and Perth and Kinross ADP. Still looking to benchmark with Dumfries and Galloway ADP.	80 %
Implement tracking framework - Q3	31 Dec 2009	The Moray Delivery Plan has created a tool to use in tracking pathways along with the Single Shared Assessment. Both are now fully integrated into all service delivery areas.	100 %
Develop Management and Performance Framework - Q3	31 Dec 2009	Management and Performance Framework has been based on the outcomes from the MADP Strategy. This will be completed in March 2010. Milestones have been created using the balance scorecard template and is on line for implementation in March 2010.	75 %

Healthier (also included within Safer & Stronger)
Local Outcome: There is a reduction in alcohol related offending in Moray
Key Action: Reduction in alcohol related offending in Moray
 Overall, Key Action 76% completed. 7 of the 7 underlying milestones due to be completed in this reporting period have been achieved.

Milestone	Milestone Due Date	Milestone Note	Progress
Complete and produce report on Problem Profile Serious and Violent Crime Moray Division 2008/09 - Q1	30 Jun 2009	Report completed by Crime Analyst, Moray Division, Grampian Police.	100 %
Carry out Operation Avon in targeted areas - Q1	30 Jun 2009	The following Operation Avon's have been carried out in target areas. Elgin - 6 Buckie - 2 Lossie - 2 Fochabers/Lhanbryde - 1 Forres - 1	100 %
Run one campaign targeting adult alcohol related offending - Q1	30 Jun 2009	A campaign was run via the Moray Pubwatch Scheme that provided posters to licensed premises highlighting the fact that participating premises would not tolerate violence. In addition to this Pubwatch schemes throughout Moray were encourage to impose bans following any incident of violence.	100 %
Run Summer Violence Reduction campaign through utilising Taxi Marshalls and awareness raising posters - Q2	30 Sep 2009	The Moray Against Violence Summer Campaign began on July 3rd, and ran for the 7 week period of the school summer holidays. Taxi Marshalls were present on Elgin High Street between 1030pm and 4am every Friday and Saturday night. Two different posters were produced, highlighting the association between excessive drinking and the likelihood of being either the perpetrator or a victim of violence. A third poster was also produced, highlighting domestic abuse. These posters were distributed and displayed in premises selling alcohol as well as in Council Access Points, libraries and Post Offices.	100 %
Carry out Operation Avon in targeted areas - Q2	30 Sep 2009	The following Operation Avon's have been carried out in target areas. Elgin - 4 Forres - 1	100 %
Run the Safer Streets Campaign - Q3	31 Dec 2009	The Safer Streets Campaign took place throughout December and involved taxi marshals, Grampian Police and the NHS providing an additional presence on Elgin High Street. The campaign targeted Friday and Saturday nights during December including Christmas Eve and Hogmanay. The involvement of the NHS with the presence of an ambulance parked on the High Street was a change from previous years. The campaign was advertised by means of local press, posters produced and distributed by GFRS, taxi cards provided by the NHS and a MFR advert that ran for four weeks prior to Christmas. An additional proposals as part of the campaign to provide a nurse within the custody suite at Elgin Police Office has been delayed due to staffing issues over the festive period however this is now scheduled to take place over consecutive weekends during February and March. The Community Analyst will carry out a full evaluation. This will identify the campaign's impact as well as providing the required feedback to the Scottish Government in relation to the funding they provided.	100 %
Carry out Operation Avon in targeted areas - Q3	31 Dec 2009	The following Operation Avon's have been carried out in target areas. Elgin - 5 Buckie - 1 Forres - 1 Upper Speyside - 1	100 %