

SECONDARY SCHOOL MENU - WEEK ONE

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Sweetcorn OR Mexican	Potato OR Chicken & Rice	Chicken & Noodle OR Lentil	Tomato OR Morrocan Chickpea	Vegetable OR Potato & Leek
Main Course 1	Chicken Curry	Breaded Haddock	Lasagne	Pork Sausages & Optional Gravy	Break Time - Panini
Main Course 2	Vegetable Biryani	Quorn Southern Burger	Quorn Cottage Pie	Quorn Sausages & Optional Gravy	
Starchy Dish& Vegetables	Rice Chipati Broccoli Salad	Chips Baked beans Salad	Garlic Bread Carrots Salad	Potatoes Peas Salad	Mixed Salad
Puddings	Fruit Pots Pieces of Fruit Angel Mousse Jelly Chocolate cake with custard & fruit	Fruit Pots Pieces of Fruit Angel Mousse Jelly	Fruit Pots Pieces of Fruit Angel Mousse Jelly	Fruit Pots Pieces of Fruit Angel Mousse Jelly Rice Pudding	Fruit Pots Pieces of Fruit Angel Mousse Jelly

SECONDARY SCHOOL MENU - WEEK TWO

Soup	Roasted Pepper & Butternut Squash OR Carrot & Corriander	Moroccan Chickpea OR Vegetable Broth	Chicken & Rice OR Tomato	Lentil OR Mexican	Carrot & Potato OR Cream of Chicken
Main Course 1	Chicken Teriyaki	Roast Beef with Gravy	Salmon Fishcakes	Chicken Pie	Break time - Panini
Main Course 2	Quorn Sweet & Sour Vegetables	Vegetable Meatball in Tomato Sauce	Macaroni Cheese	Vegetable Potato Pie	
Starchy Dish & Vegetables	Rice Sweetcorn Salad	Potatoes Yorkshire Pudding Cauliflower Salad	Potatoes Peas Salad	Potatoes Carrots Salad	Mixed salad
Puddings	Fruit Pots Pieces of Fruit Angel Mousse Jelly	Fruit Pots Pieces of Fruit Angel Mousse Jelly Orange cake & fruit Custard	Fruit Pots Pieces of Fruit Angel Mousse Jelly	Fruit Pots Pieces of Fruit Angel Mousse Jelly	Fruit Pots Pieces of Fruit Angel Mousse Jelly

SECONDARY SCHOOL MENU - WEEK THREE

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Mexican OR Sweetcorn	Vegetable Broth OR Spicy bean	Chicken Noodle OR Lentil	Potato & Leek OR Green Pea Soup	Tomato OR Cream of Lentil
Main Course 1	Macaroni Cheese	Roast Chicken	Breaded Haddock	Mince	Break time - Panini
Main Course 2	Chicken Fajitas	Mexican Rice	Spicy Noodles	Pasta & Broccoli Bake	
Starchy Dish & Vegetables	Garlic Bread Sweetcorn Salad	Potatoes Carrots Salad	Chips Peas Salad	Potatoes Mixed Vegetables Salad	Mixed salad
Puddings	Fruit Pots Pieces of Fruit Angel Mousse Jelly	Fruit Pots Pieces of Fruit Angel Mousse Jelly	Fruit Pots Pieces of Fruit Angel Mousse Jelly Rice Pudding	Fruit Pots Pieces of Fruit Angel Mousse Jelly Plain sponge & fruit Custard	Fruit Pots Pieces of Fruit Angel Mousse Jelly

SECONDARY SCHOOL MENU - WEEK FOUR

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Carrot & Corriander OR Curried Parsnip & Carrot	Spicy Lentil OR Chicken & Rice	Cream of Chicken OR Tomato	Green Pea Soup OR Potato	Potato OR Cream of Chicken
Main Course 1	Chicken Fricasse	Steak Pie	Homemade Salmon Fishcakes	Chicken Katsu Curry	Break time - Panini
Main Course 2	Brazilian Coconut Curry	Vege Meatballs in Tomato Sauce	Quorn Bolognaise	Quorn Noodles in Black bean Sauce	
Starchy Dish & Vegetables	Rice Broccoli Salad	Spaghetti Potatoes Peas Salad	Potato Wedges Sweetcorn Salad	Rice Carrots Salad	Salad
Puddings	Fruit Pots Pieces of Fruit Angel Mousse Jelly	Fruit Pots Pieces of Fruit Angel Mousse Jelly Carrot cake cookie & fruit	Fruit Pots Pieces of Fruit Angel Mousse Jelly	Fruit Pots Pieces of Fruit Angel Mousse Jelly	Fruit Pots Pieces of Fruit Angel Mousse Jelly