



Nursery Vegi Menu 2026/ 2027



264592

Week 1

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Vegetable Pasta	Macaroni Cheese	Vegetable Fingers	Quorn Sausages with optional Gravy	Lentil and Vegetable Casserole
Carb	Potatoes	Garlic Bread	Pasta	Potatoes	Potatoes
Vegs	Sweetcorn Cucumber	Broccoli Tomato	Sweetcorn and Peas Lettuce	Peas Beetroot	Baked Beans Grated Carrots
Soup/ Sweet	Fruit with optional Natural Yoghurt	Melon Slice 	Tomato Soup 	Fruit with optional Natural Yoghurt	Orange Cake with Fruit and optional Custard and Fruit

Light Teas

	Monday	Tuesday	Wednesday	Thursday	Friday
	Lentil Soup 	Vegetable and Lentil Casserole	Cheese Sandwich with Salad	Potato Soup 	Vegetable Soup 
	Cheese Roll with Salad	Strawberry Mousse	Fruit and Natural Yogurt	Spring Roll Picky Plate	Quorn Chicken Picky Plate

Which week is it?

- 13/04/2026
 - 11/05/2026
 - 08/06/2026
 - 17/08/2026
- 14/09/2026
 - 26/10/2026
 - 23/11/2026
 - 04/01/2027
- 01/02/2027
 - 01/03/2027

Week 2

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheesy Vegetable Pasta	Potato and Bean Pie	Vegetable Fricasse	Vegetable and Potato Cakes	Vegetable Burger with optional Gravy
Carb	1/2 Roll	Pasta	Rice	Potatoes	Potatoes
Vegs	Peas Tomato	Baked Beans Lettuce	Carrots Beetroot	Sweetcorn Coleslaw	Broccoli Cucumber
Soup/ Sweet	Plain Muffin with Fruit	Fruit with optional Natural Yoghurt	ChocPea Brownie with Fruit and optional Custard	Rice Pudding with Peaches	Green Pea Soup 

Light Teas

	Monday	Tuesday	Wednesday	Thursday	Friday
	Lentil Soup  Quorn Chicken Sandwich	Jacket Potato and Cheese Fruit and Natural Yoghurt	Vegetable Soup  Quorn Chicken Picky Plate	Lentil and Veg Curry 1/2 Wrap Fruit and Natural Yoghurt	Cheese and Egg Picky Plate Fruit bowl selection

Which week is it?

- 20/04/2026
- 18/05/2026
- 15/06/2026
- 24/08/2026
- 21/09/2026
- 02/11/2026
- 30/11/2026
- 11/01/2027
- 08/02/2027
- 08/03/2027

Week 3

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Quorn Balls in Tomato Sauce	Macaroni Cheese	Vegetable Fingers	Quorn Sausages with optional Gravy	Spring Roll
Carb	Potatoes	Garlic Bread	Potatoes	Potatoes	Pasta
Vegs	Peas Grated Carrot	Broccoli Cucumber	Baked Beans Beetroot	Cauliflower Tomato	Carrots Lettuce
Soup/ Sweet	Toffee Pudding with Fruit and optional Custard	Tomato Soup 	Fruit with optional Natural Yoghurt	Cornflake Biscuit and Fruit	Potato and Leek Soup 

Light Teas

	Monday	Tuesday	Wednesday	Thursday	Friday
	Vegetable Soup 	Quorn Chicken Picky Plate	Lentil Soup 	Quorn Chicken Salad Wrap	Vegetable Bolognese Pasta Bake
	Cheese Sandwich with Salad	Fruit and Natural Yoghurt	Cheese Sandwich with Salad	Fruit and Natural Yoghurt	Fruit Bowl Selection 

Which week is it?

- 27/04/2026
- 25/05/2026
- 22/06/2026
- 31/08/2026
- 28/09/2026
- 09/11/2026
- 07/12/2026
- 18/01/2027
- 15/02/2027
- 15/03/2027

Week 4

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese Melt Baguette	Vegetable Burger with optional Gravy	Tomato Pasta 	Vegetable Pie	Potato and Vegetable Cake
Carb	Potatoes	Potatoes	1/2 Roll	Potatoes	Pasta
Vegs	Baked Beans Cucumber	Broccoli Grated Carrot	Sweetcorn Lettuce	Peas Tomato	Carrots Coleslaw
Soup/ Sweet	Melon Slice 	Chocolate Oat Cookie with Fruit 	Lentil Soup 	Fruit with optional Natural Yoghurt	Shortbread with Fruit 

Light Teas

	Monday	Tuesday	Wednesday	Thursday	Friday
	Carrot and Potato Soup 	Cheese and Egg Picky Plate	Baked Potato with Beans 	Quorn Picky Plate	Potato Soup 
	Cheese Sandwich with Salad	Melon and Grapes with Yoghurt	Fruit and Natural Yoghurt	Apple Crumble with Fruit 	Cheese and Red Pepper Wrap

Which week is it?

- 04/05/2026
- 01/06/2026
- 29/06/2026
- 07/09/2026
- 05/10/2026
- 16/11/2026
- 12/12/2026
- 25/01/2027
- 22/02/2027
- 22/03/2027

Our menu

The nursery menu complies with the Setting the Table NHS Health Scotland.



Setting the Table NHS Health Scotland:

<https://www.gov.scot/publications/setting-table-guidance/documents/>

Good nutrition for 3 to 5 year olds is important because it:

- ensures optimal growth and development
- encourages children to develop a taste for healthy foods in preference to fatty, sugary and salty foods

Moray Council Catering Department provide the lunch and light tea meals.

The Early Learning and Childcare setting provides the snacks throughout the day

Fresh milk
from Graham's Dairy in Nairn.

Seasonal Veg
from Swansons Fruit and Veg in Elgin.

Allergens and dietary information is available from your nursery manager. Should your child have a specific dietary requirement (including vegetarian) please contact nursery manager.

