



Nursery

**Menu 2026/
2027**



264592

Week 1

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Pasta	Macaroni Cheese 	Salmon fish fingers	Pork Sausage Patty with optional Gravy	Steak Mince and Vegetables
Carb	Potatoes	Garlic Bread	Pasta	Potatoes	Potatoes
Vegs	Sweetcorn Cucumber	Broccoli Tomato	Sweetcorn and Peas Lettuce	Peas Beetroot	Baked Beans Grated Carrots
Soup/ Sweet	Fruit with optional Natural Yoghurt 	Melon Slice 	Tomato Soup 	Fruit with optional Natural Yoghurt 	Orange Cake with Fruit and optional Custard 

Light Teas

	Monday	Tuesday	Wednesday	Thursday	Friday
	Lentil Soup 	Beef and Bean Hotpot	Cheese Sandwich with Salad 	Potato Soup 	Vegetable Soup 
	Tuna Mayo Roll with Salad	Strawberry Mousse 	Fruit with optional Natural Yoghurt 	Spring Roll Picky Plate 	Chicken Picky Plate

Which week is it?

- 13/04/2026
- 11/05/2026
- 08/06/2026
- 17/08/2026
- 14/09/2026
- 26/10/2026
- 23/11/2026
- 04/01/2027
- 01/02/2027
- 01/03/2027

Week 2

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheesy Vegetable Pasta 🌱	Bubble Fish	Chicken Fricasse	Salmon and Sweet Potato Fish Cakes	Roast Beef with Optional Gravy
Carb	1/2 Roll	Pasta	Rice	Potatoes	Potatoes
Vegs	Peas Tomato	Baked Beans Lettuce	Carrots Beetroot	Sweetcorn Coleslaw	Broccoli Cucumber
Soup/ Sweet	Plain Muffin with Fruit 🌱	Fruit with optional Natural Yoghurt 🌱	ChocPea Brownie with Mandarins and optional Custard 🌱	Rice Pudding with Peaches 🌱	Green Pea Soup 🌱

Light Teas

	Monday	Tuesday	Wednesday	Thursday	Friday
	Lentil Soup 🌱 Chicken Slice Sandwich with Salad	Jacket Potato with Cheese 🌱 Fruit with optional Natural Yoghurt 🌱	Vegetable Soup 🌱 Ham picky plate	Chicken Curry and 1/2 Wrap Fruit with optional Natural Yoghurt 🌱	Cheese and Egg Picky Plate Fruit bowl selection

Which week is it?

- 20/04/2026
- 18/05/2026
- 15/06/2026
- 24/08/2026
- 21/09/2026
- 02/11/2026
- 30/11/2026
- 11/01/2027
- 08/02/2027
- 08/03/2027

Week 3

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Steak mince and vegetables	Macaroni Cheese 	Salmon Fish Fingers	Pork Sausage Patty with Optional Gravy	Chicken Goujons
Carb	Potatoes	Garlic Bread	Potatoes	Potatoes	Pasta
Vegs	Peas Grated Carrot	Broccoli Cucumber	Baked Beans Beetroot	Cauliflower Tomato	Carrots Lettuce
Soup/ Sweet	Toffee Pudding with Fruit and optional Custard 	Tomato Soup 	Fruit with optional Natural Yoghurt 	Cornflake Biscuit and Fruit 	Potato and Leek Soup 

Light Teas

	Monday	Tuesday	Wednesday	Thursday	Friday
	Vegetable Soup 	Chicken Picky Plate	Lentil Soup 	Chicken Slice Salad Wrap	Bolognaise Pasta
	Cheese Wrap with Salad 	Fruit with optional Natural Yoghurt 	Tuna Mayo Sandwich	Fruit with optional Natural Yoghurt 	Fruit Bowl Selection 

Which week is it?

- 27/04/2026
- 25/05/2026
- 22/06/2026
- 31/08/2026
- 28/09/2026
- 09/11/2026
- 07/12/2026
- 18/01/2027
- 15/02/2027
- 15/03/2027

Week 4

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese Melt Baguette	Roast Chicken with Optional Gravy	Tomato Pasta 	Steak Pie	Salmon and Sweet potato Fish cake
Carb	Potatoes	Potatoes	1/2 Roll	Potatoes	Pasta
Vegs	Baked Beans Cucumber	Broccoli Grated Carrot	Sweetcorn Lettuce	Peas Tomato	Carrots Coleslaw
Soup/ Sweet	Melon Slice 	Chocolate Oat Cookie with Fruit 	Lentil Soup 	Fruit with optional Natural Yoghurt 	Shortbread with Fruit 

Light Teas

	Monday	Tuesday	Wednesday	Thursday	Friday
	Carrot and Potato Soup 	Cheese and Egg Picky Plate 	Baked Potato with Beans 	Chicken Picky Plate Apple Crumble with Fruit 	Potato Soup 
	Ham Sandwich with Salad	Melon and Grapes with Yoghurt 	Fruit with optional Natural Yoghurt 		Cheese and Red Pepper Wrap 

Which week is it?

- 04/05/2026
- 01/06/2026
- 29/06/2026
- 07/09/2026
- 05/10/2026
- 16/11/2026
- 12/12/2026
- 25/01/2027
- 22/02/2027
- 22/03/2027

Our menu

The nursery menu complies with the Setting the Table NHS Health Scotland.



Setting the Table NHS Health Scotland:

<https://www.gov.scot/publications/setting-table-guidance/documents/>

Good nutrition for 3 to 5 year olds is important because it:

- ensures optimal growth and development
- encourages children to develop a taste for healthy foods in preference to fatty, sugary and salty foods

Moray Council Catering Department provide the lunch and light tea meals.

The Early Learning and Childcare setting provides the snacks throughout the day

Fresh milk
from Graham's Dairy in Nairn.

Seasonal Veg
from Swansons Fruit and Veg in Elgin.

Quality Meat
from Fraser Brothers Butchers in Forres.

Allergens and dietary information is available from your nursery manager. Should your child have a specific dietary requirement (including vegetarian) please contact nursery manager.

